



**UNDERGRADUATE PROGRAMS**

**UNDERGRADUATE WEEKLY UPDATE**

**2/17/2020**

**UPCOMING EVENTS**

Friday February 21st  
Lunch will be provided

**GENDER BASED VIOLENCE RESEARCH COLLABORATIVE SYMPOSIUM**

**SSW Complex B-107**  
**12:30 PM - 3 PM**  
Research Presentations  
by SSW & TCU Faculty,  
Students & Grads

UNIVERSITY OF TEXAS ARLINGTON | SCHOOL OF SOCIAL WORK



**THE LGBTQ+ PROGRAM CAN NOW ASSIST WITH CANVAS & EMAIL UPDATES FOR STUDENTS CHOSEN NAME!**

Please contact **Jessica Sanchez**, Assistant Director of LGBTQ+ Program to get the process started!  
Email: [jessica.sanchez@uta.edu](mailto:jessica.sanchez@uta.edu)

UTA SCHOOL of SOCIAL WORK IS OFFERING THE FOLLOWING

**Summer 2020 SCHOLARSHIPS**

- Dean's Excellence in Social Work & African American Studies/Diversity Studies
- Dean's Excellence in Social Work & Mexican American/Diversity Studies
- Joseph, Lucille & Rebecca Hegar Scholarship (PhD students)
- Roy & Betty Dulak Scholarship (CAP students)

**Deadline to apply March 2, 2020**

**Go to SSW Scholarships for more information.**

**Weekly Events**  
**2/20/2020**  
**Tri-C/UTA Food Pantry Distribution- Tri C Campus Ministries**

**TAKE A BREAK**

 **YOU MATTER**



**Music**

Music is universal and its power to transform is too! Music has been scientifically found to increase happiness, energy, alertness, even memory and cognitive performance - like studying, taking tests, and writing papers. Music improves your body's physical ability to move and exercise. Music benefits the cardiovascular system, including reductions in heart rate and blood pressure. Music reduces stress and pain in the body and lowers inflammation. Music gets us in touch with our emotions, elevates our moods, and can aid relaxation and rest, even improve sleep.

Leo Tolstoy said, "Under the influence of music it seems to me that I feel what I do not really feel, that I understand what I do not understand, that I can do what I cannot do." Music and its benefits are as diverse as we and our cultures are, and all you have to do is to interact with it. Make music, listen to music, dance to music, be moved by music, and be transformed!

Reference  
Music and health. (2011, July). In Harvard Health Publishing. Retrieved from <https://www.health.harvard.edu/staying-healthy/music-and-health>

**WHAT'S THE BUZZ?**

 **DON'T FORGET**

Spring Graduation Application Deadline – March 2nd  
Spring Break – March 9-15  
Last Day to drop a class – April 3rd  
Summer Graduation Application Deadline – July 1st

**SOCIAL WORK COUNCIL**

**ADVOCACY DAY**

**MARCH 6**  
REGISTRATION IS OPEN UNTIL **FEBRUARY 21ST**

EMAIL [UTASOCIALWORKCOUNCIL@GMAIL.COM](mailto:UTASOCIALWORKCOUNCIL@GMAIL.COM) FOR THE REGISTRATION FORM OR FOR MORE INFORMATION



**SOCIAL WORK COUNCIL**

INTERESTED IN SOCIAL WORK COUNCIL?

Want to Discuss Advocacy Day?

Come to our next Meeting!

**FEBRUARY 19TH**  
**1PM**  
**SWCB 107**

We will be discussing Advocacy Day and what you need to know if you want to participate, which you should!

UTA School of Social Work & the African American Social Work Student Alliance Present

FILM SCREENING & PANEL DISCUSSION

**ILLUSIONS :**  
THE HISTORICAL AND CONTEMPORARY SIGNIFICANCE OF BLACK CODES

Screening of the 1982 film "Illusions," the story of an African American Hollywood film executive who "passes" as white in the 1940s. Following the film, SSW faculty will host a panel moderated by Dr. Jandel Crutchfield.

WED., FEB 26  
5 P.M. - 7 P.M. | SSW COMPLEX A-109

UNIVERSITY OF TEXAS ARLINGTON | SCHOOL OF SOCIAL WORK

**Director Hours Cancelled for February 25.**

Center for African American Studies

**8th Annual CAAS Conference**  
**Black Politics in the 21st Century**

With Keynote Speakers **Rev. Peter Johnson** and **State Senator Royce West**

**Breakfast and Morning Keynote** 9:30am-10:50am  
**Genitification Panel** 11:00am-11:40am  
**Blacks and Law Enforcement Panel** 11:40-12:20pm  
**Lunch and Afternoon Keynote** 12:30pm-1:50pm

**Blacks and Law Enforcement Panel**  
Chief James Hawthorne, Chief Lauretta Hill, Dr. Austin Allen, Dr. Diane Allen, Alonzo Harris

**Genitification Panel**  
Represents Dallas' 23rd District Fights for inclusiveness for women and all racial and ethnic minorities NAACP-Life Member

**Location:** University Center (Rio Grande)  
**Date:** February 20th, 2020  
**Time:** 9:30AM-2:00PM  
E.H. Hereford University Center, 300 W First St, Arlington, TX 76019  
Refreshments will be served

If you would like to preorder a t-shirt please send us an email to [utasocialworkcouncil@gmail.com](mailto:utasocialworkcouncil@gmail.com) or contact us on the Teams chat, with your name, size, and quantity of shirts that you would like to purchase. The shirts will cost **\$25 each, with the exception of sizes 2XL and 3XL.** Cash or checks made out to Social Work Council will be accepted. **Sizes: S, M, L, XL, 2XL (\$27), and 3XL (\$29)**

