

# **Social Justice Spotlight**



If we want our democracy to thrive, we must protect and promote everyone's right to vote. Voting is a human right and it is important to empower the next generation to become lifelong voters and encourage civic engagement. As we continue to fight against extreme attacks on voting rights, we must legislate to ensure all eligible voters, especially young voters can participate in the democratic process and have their voices heard. Unfortunately, some courts are laser focused on dismantling the Voting Rights Act. Voting rights organizers are stepping up efforts to counter what they call voter intimidation and attempts to criminalize their members and volunteers ahead of Election Day.

A federal appeals court issued a ruling that would prevent private citizens and civil rights groups from filing lawsuits that enforce the Voting Rights Act. It basically establishes that all lawsuits must be brought by the Justice Department. Passed in 1965, the Voting Rights Act has been seen as one of the most significant achievements of the Civil Rights Movement. It dismantled decades of discriminatory Jim Crow laws and aimed to protect against racial gerrymandering. But for decades, really since its inception, the Voting Rights Act has also been under legal assault, with court decisions hollowing out key provisions of the act. As we know, November 5,2024 is election day in the United States, so as members of our families cast their vote for the next Commander in Chief, the world will be watching as we make choices that will affect generations. So Maverick students, on November 5,2024, make your voices and choices heard by remembering the right to vote is the cornerstone of our democracy and that it's not only a civic right, but a human right.

### Tracie Prosser She/Her

Graduate Student Leader Intern School of Social Work University of Texas at Arlington

## **YOU MATTER**

### "Weekly Self-Care Adventure

Hey there, amazing students!  $\square$  Ready to embark on a journey of relaxation and rejuvenation?

Welcome to our **Weekly Self-Care Adventure**—a fun and exciting way to explore different self-care activities each week. Whether you're looking to unwind, get creative, or boost your energy, we've got something for everyone!

### How It Works:

Each week, we'll introduce a new self-care theme with simple activities you can try. No pressure, just fun! Feel free to share your experiences or photos with us. Let's make self-care a delightful part of our routine!

This Week: "Mindful Moments" □♀

Activity: Try a 10-minute meditation session.

Bonus: Take a mindful walk and notice the sights and sounds around you.

## Love and Light,

Jasmine Dean

Undergraduate Student Leader

# STUDENT SPOTLIGHT

I'm Carissa Champion, a first-generation college student at the University of Texas at Arlington, dedicated to making a difference in my community. I'll begin my social work internship in January 2025 and plan to start my master's degree the following August, focusing on crisis intervention to support children and families directly. As part of the undergraduate student leadership for social work, I'm learning how to make a positive impact through empathy and support for everyone. In my free time, I volunteer locally by distributing essentials, donating clothing, and helping out in school districts. My goal is to be a reliable advocate for those who need it most.

Love and Light,

Ashley

Undergraduate Student Leader Intern Lead



# **ADVISING UPDATES**

UTA School of Social Work Advising FAQs can be found here.

# **IMPORTANT DATES**

- **Nov. 4:** Registration begins for Spring 2025
- Nov. 5: Election Day
- Nov. 13: Last day to order your regalia and commencement memorabilia
- Nov. 28: Thanksgiving Holiday
- Dec. 3: Last day of classes
- Dec. 11: Last day to earn field hours
- Dec. 13: Fall 2024 Graduation Ceremony

# **OPPORTUNITIES & EVENTS**



GSLs serve as advocates and communication facilitators for MSW students, fielding questions about all of aspects of the graduate experience, including advising, field, registration, orientation, scholarships, deadlines, program policies, and more. They can track down accurate answers to questions quickly by reaching out directly to program administrators and connecting students to services and resources. Student's questions and concerns are resolved within minutes or hours of posting.

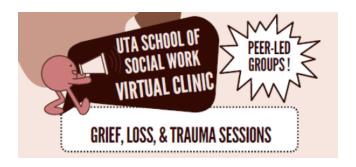
Become a GSL

# ATTENTION BSW STUDENTS

THE SCHOOL OF SOCIAL WORK
IS RECRUITING
UNDERGRADUATE STUDENT
LEADER (USL) VOLUNTEERS
FOR SPRING 2025

Are you a BSW student with interest in advocacy and community building? Join the USL team where you can serve as an advocate for BSW students, facilitate the exchange of accurate and timely information, and connect students with services and resources that will enhance their undergraduate student experience.

Become a USL



The SSW Virtual Mental Fitness Clinic This is a safe space for individuals to share experiences, find understanding, and support each other through the challenges of grief, loss, and trauma.

Join the Virtual Clinic



See the list of sessions curated for students

This volunteer opportunity is **open to all current social work students**, regardless of membership status (i.e. members and non-members, BSW/MSW/DSW.) Please encourage your students to act quickly, as there are a limited number of spaces. **Registration is open through October 9** or whenever all spaces fill, whichever happens first.

If you have any questions, please contact Deanna Gabelein, NASW-TX Events & Communications Director, at dgabelein.naswtx@socialworkers.org.



The week's events will have something for everyone and showcase our spirit and support for our athletic teams.

Embrace the Maverick Spirit

### Meet MyUTA: Your Maverick life, organized

Launching next month, MyUTA is a new app for easily managing your day-to-day UTA experience! Users will be able to access frequently used tools, such as academic resources, UTA email, campus maps, and parking availability. MyUTA will be hosted at my.uta.edu, which will be the new way to find MyMav. There will be no changes to the MyMav login process.

**Learn About Early Voting Here** 

# **Student Activities**



This course offers a unique opportunity for students to gain specialized training and certification as a **Community Health Worker (CHW)**, focusing on mental health in diverse communities. There is a stipend for tuition for the course and a potential for a paid internship.

### Interest Form for Mental Health Focused CHW Certification



Are you interested in pursuing a Ph.D. and advancing your research career? The McNair Scholars program at UTA is now accepting applications from October 1st through November 15th, 2024!

This is an amazing opportunity to gain valuable research experience and support for your academic journey!

Apply for the McNair Scholars Program



### Post-Graduate Clinical Social Work Fellowship

Must have or acquire LMSW License in Texas

#### What are we:

An intense two-year fellowship program providing interdisciplinary practice, didactic, and case centered learning to shape the top clinical social worker psychotherapists of temorrow.

### What we look for:

MSWs who are open to learning, excited to practice in an interdisciplinary teaching clinic, engage in department-wide learning, and develop a well-rounded skill set with diverse populations and modalities.

Starting Salary: \$50,000/yr – Full University Benefits Located In: Bryan, TK To Inquire/Apply:

Team-swfellowship@groups.tamu.edu

As the primary provider of psychiatry and psychotherapy services in the Brazos Valley, Texas A&M Psychiatry and Rehavioral Health offers or robus interdisciplinary teaching clinic, featuring learners and faculty from all mental health professions.

#### Highlights Include:

Experience providing 800+/yr sessions of individual, group, and family psychotherapy
 Training and experience in both in-person and telehealth

- Training in Evidence Based Treatments, including modalities such as TP-CRT, Prolonged Exposure, CBT, CPT, and others - Participation in didactic education and case presentation series with interdisciplinary learners from all training

- Dedicated weekly supervision with LCSW-S faculty - Opportunities to participate in additional, self-determined work with clinical and/or research faculty based on current projects - Ability to direct significant practice to areas of future

#### Highlights Include:

- 100% of graduates have passed the ASWB1CSW exam - Below state/national seerage Cost of Living area - PSI Feligible employer for loan forgiveness - Tentastic university benefits package, including \$300 mo robus bealth insurance

Our two-year fellowship program is designed to provide high level clinical interdisciplinary education, supervision, and psychotherapy experience for MSWs to gain clinical licensure.

### STUDENT SUCCESS RESOURCE



My name is Traecia Nichols, I am the Student Success Coordinator for the School of Social Work. In my role I work with students who are facing crises and need help accessing university and community resources. This section will consist of resources that are available to you as a student. If you are in need of resources or have any questions or concerns, please contact me at traecia.nichols@uta.edu.

### **Connections Tutoring Lab**

The School of Social Work's Connections Tutoring Lab offers our students assistance with content, research, grammar, APA guidelines, ethical writing, and more to help with assignments.

# **SCHOOL OF SOCIAL WORK RESOURCES**

STUDENT SUCCESS

**ACADEMIC ADVISING** 

FIELD PLACEMENT

**LICENSURE** 

**DEAN'S LETTER FOR LICENSURE** 

# **UTA RESOURCES**

- UTA Academic Calendar
- Webinar Library
- <u>UTA Counseling & Psychology Services (CAPS)</u>
- SAR Center
- Suicide Prevention Lifeline
- Free Windows Apps with Student ID
- Emergency Assistance Fund
- Free & Confidential HIV Testing
- <u>UTA/Tri-C Food Pantry Distribution</u>

Follow UTA School of Social Work on Social Media:



Got this as a forward? <u>Sign up</u> to receive our future emails. View this email <u>online</u>.

501 West Mitchell Street Box 19129 | Arlington, TX 76010 US

This email was sent to .

To continue receiving our emails, add us to your address book.



<u>Subscribe</u> to our email list.