A WEEKLY SSW STUDENT NEWSLETTER

Social Justice Spotlight



It's National Bullying Awareness Month! This October serves as a powerful reminder for organizations, institutions, and communities to actively create safe spaces for all. Bullying, whether in the workplace or at school, is unacceptable and has no place in our society.

Kindness and inclusivity are the cornerstones of a welcoming environment. Let's work together to foster a more compassionate world where everyone feels comfortable and valued. Open communication is key – talk to your children about bullying at home, using open-ended questions and establishing clear expectations about appropriate behavior.

Want to learn more? Visit Stopbullying.gov for valuable resources.

Thanks! Leah Neal she/her

EVENT SPOTLIGHT



- October 14 @ 10 AM 3 PM
 Indigenous Peoples' Day Fair
- October 19 @ 12 5 PM
 <u>Volunteer Opportunity: Ghoulish Goodies & Giving</u>
- October 23 @ 4 PM
 Intimate Partner Violence Awareness & Response Webinar Part 1
- Graduate scholarship opportunity: Charlie Health's Graduate Student Scholarship
- Join our special topics course & research study: <u>SOCW 4350 Mental Health Focused CHW Certification</u>
 <u>Interest Form</u>
- Marketing, Messaging, and Engagement (MME) new homepage survey here
- Clinical Psychology Postdoctoral and Inter-professional Fellowship Program information here







If you are graduating this semester, it takes only 15 minutes to complete the Exit Survey and make a huge impact on UTA's future. You will receive an invitation from <u>gradteam@uta.edu</u> with the link to the survey. The link will also be available in Canvas.

Stroll to the Polls Event!

If you are registered to vote in Tarrant County, join our UTA Social Work community on **10/22 at 4:00 pm** for a **Stroll to the Polls Event**! We will meet in the Social Work lobby and walk over to the Mavericks Activity Center for early voting. This is a great opportunity for first time voters to learn about the process. Please contact Dr. Morgan PettyJohn (<u>morgan.pettyjohn@uta.edu</u>) for questions or mobility accommodations.

Gerontology Organization



The Gerontology Organization (GO) invites all UTA students interested in advancing the field of aging, as well as reducing agism to join us to network, realize new opportunities, and increase or understanding on the needs and ways to support our growing older adult population.

GO is a student organization created by the school of social work and open to all UTA students.

Mission statement: "The Gerontology Organization (GO) aims to create opportunities for students interested in learning about, serving, and working with older adults to network with like-minded students across UTA and to develop their professional portfolio. Together we aim to create an Age Friendly UTA campus!"

Aligned with recommendations across the literature for multidisciplinary approaches to address the needs of our growing older adult population, GO offers several opportunities to student members:

• Networking opportunities for UTA students across various fields of study to meet and interact with like-minded students, as well as with professionals currently working in the field of aging.

Collaboration opportunities to enhance school projects, research work, and publications with perspectives outside the scope of one discipline.

Learning opportunities to equip student members with a robust knowledge base of other disciplines and how they approach, perceive, and address their work with older adults.

Career exploration opportunities through presentations provided by professionals working in the field of aging to prepare our student members on course work and qualifications necessary for successful employment.

Civic Engagement opportunities through volunteerism, as well as by learning strategies to increase awareness across the UTA campus and in our communities regarding stereotypes, prejudices, and discrimination that may be harmful or hurtful to older adult student learners and the general older adult population.

Resume and curriculum vitae building opportunities. GO encourages student involvement and welcomes student champions to suggest projects, lead or organize projects, and contribute in ways that will benefit their long-term goals.

GO welcomes all UTA students of all ages with a passion for older adults and the field of aging.

Join us and GO far!

To Join as a Student Member: 1) Find us on Mav Orgs: https://mavorgs.campuslabs.com/engage/organization/gerontology-organization 2) Login using your student Net ID and password. 3) Select "Contact" in upper right hand corner on the organizations home screen. 4) We will email an invitation upon receiving your message. 5) Reach out to us via contact information below if you have any questions.

Soeun Jang (Selena) Ph.D. Student / Graduate Research Assistant / President of GO School of Social Work The University of Texas at Arlington sx17706@masv.uta.edu



YOU MATTER

Creating a network of social connections and support systems is essential for student well-being. While joining clubs or attending large events may not suit everyone, there are many ways to foster meaningful relationships. Engaging in small group activities like study sessions or project teams can help you connect with peers who share your academic interests. Additionally, campus resources such as Counseling and Psychological Services (CAPS) offer mental health support and workshops that encourage interaction with others facing similar challenges. For those who prefer virtual engagement, online forums and social media groups can provide a platform for sharing experiences and advice.

Building a support system doesn't have to be overwhelming; it's about finding what works for you. Whether it's reaching out to a mentor, joining a club that aligns with your passions, or simply spending time with friends who uplift you, every connection counts. By exploring these avenues, you can create a supportive network that enhances your mental health and enriches your overall student experience.

- Jasmine Dean

STUDENT SPOTLIGHT

Meet Adrian Booth

Hello, my name is Adrian Booth, and I am a United States Navy Veteran and a Junior at the University of Texas at Arlington, where I am diligently pursuing a bachelor's degree in Social Work. I have the privilege of serving as an Undergraduate Student Leader (USL) volunteer this semester and am also an active member of the UTA Social Work Council, both of which allow me to give back to my fellow students and community. Upon completing my undergraduate studies, I intend to pursue a master's degree with a specialization in mental health, veteran health and clinical services. My commitment to this field is fueled by a profound passion for helping others and a steadfast dedication to making a transformative impact on individuals' lives. In my downtime, I cherish the moments spent with my husband, our two wonderful teenage boys, and our six lively dogs.



ADVISING UPDATES

Peer Advisors & Fall Advising are currently being updated.

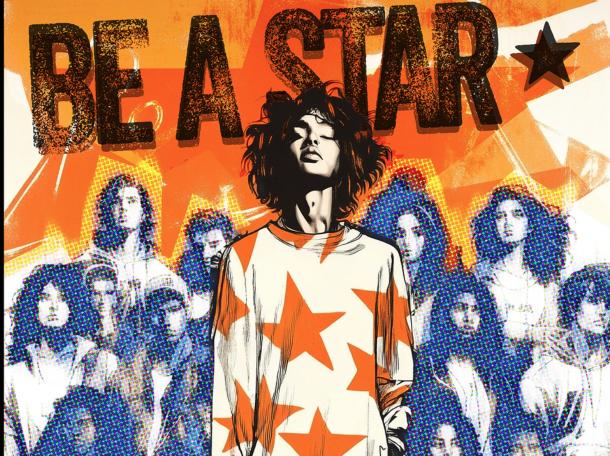
IMPORTANT DATES

- Oct. 25: Spring Field Applications due
- Oct. 25: Last day to drop classes; submit requests in MyMav prior to 4:00 pm
- Nov. 4: Registration begins for Spring 2025
- Nov. 5: Election Day
- Nov. 13: Last say to order your regalia and commencement memorabilia
- Dec. 3: Last day of classes
- Dec. 11: Last day to earn hours
- Dec. 13: Fall 2024 Graduation Ceremony

OPPORTUNITIES

UTA is seeking enthusiastic students to be featured in UTA's marketing







Research Mavs

Through the Research Mavs program, experienced students provide guidance, share research skills, and offer support to fellow students navigating the research process. This peer-to-peer collaboration is designed to enhance academic skills, promote knowledge-sharing, and create a supportive community within the Libraries and University. For more information, please visit <u>https://libraries.uta.edu/about/dept/rss/researchmavs</u> or click here!

Student Volunteers Needed! NASW-TX Conference in Irving



PLEASE SPREAD THE WORD! Social work students who volunteer four (4) hours at the 48th Annual NASW-TX State Conference can enjoy full conference benefits for just \$50-\$60 (up to a 75% discount!)

Volunteer benefits include:

Professional Development: Enhance their resume with this valuable service experience.

Learning Opportunities: Join insightful sessions to boost their knowledge and skills.

Networking: Connect with fellow students and experienced social work practitioners.

Fun and Prizes: Participate in activities and contests for the chance to win prizes.

Graduating MSWs: Attend the LMSW licensing review course.

This volunteer opportunity is **open to all current social work students**, regardless of membership status (i.e. members and non-members, BSW/MSW/DSW.) Please encourage your students to act quickly, as there are a limited number of spaces. **Registration is open through October 9** or whenever all spaces fill, whichever happens first.

If you have any questions, please contact Deanna Gabelein, NASW-TX Events & Communications Director, at dgabelein.naswtx@socialworkers.org.

Thank you for your support!

Click the links below to learn more about the NASW-TX conference:

Learn more and register to volunteer

See the list of sessions curated for students

Learn more about NASW student membership

STUDENT SUCCESS RESOURCE



My name is Traecia Nichols, I am the Student Success Coordinator for the School of Social Work. In my role I work with students who are facing crises and need help accessing university and community resources. This section will consist of resources that are available to you as a student. If you are in need of resources or have any questions or concerns, please contact me at <u>traecia.nichols@uta.edu</u>.

Nutrition Services

Did you know UTA offers nutrition services for a small fee?

One-on-one nutrition counseling with a registered, licensed dietitian is available for the following:

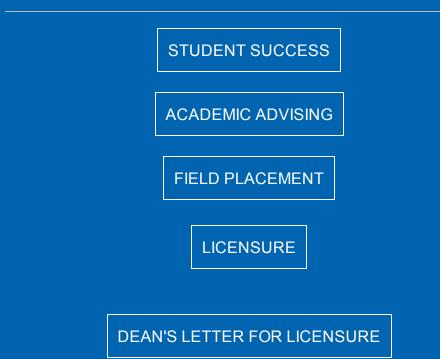
- Weight management
- Nutrition
- Eating disorders/disordered eating
- Wellness/preventive nutrition
- Basic nutrition education

Nutrition Consultation is \$25.00 per session with a minimum to start of 2 sessions (initial + follow-up).

Schedule you Nutrition Consultation today by submitting a request form.

Learn more about "Food for Thought"

SCHOOL OF SOCIAL WORK RESOURCES



UTA RESOURCES

- UTA Academic Calendar
- Webinar Library
- <u>UTA Counseling & Psychology Services (CAPS)</u>
- SAR Center

- Suicide Prevention Lifeline
- Free Windows Apps with Student ID
- Emergency Assistance Fund
- Free & Confidential HIV Testing
- UTA/Tri-C Food Pantry Distribution

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