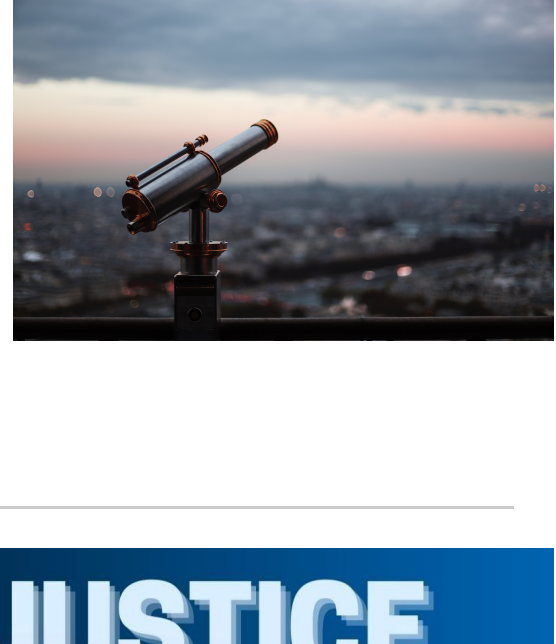
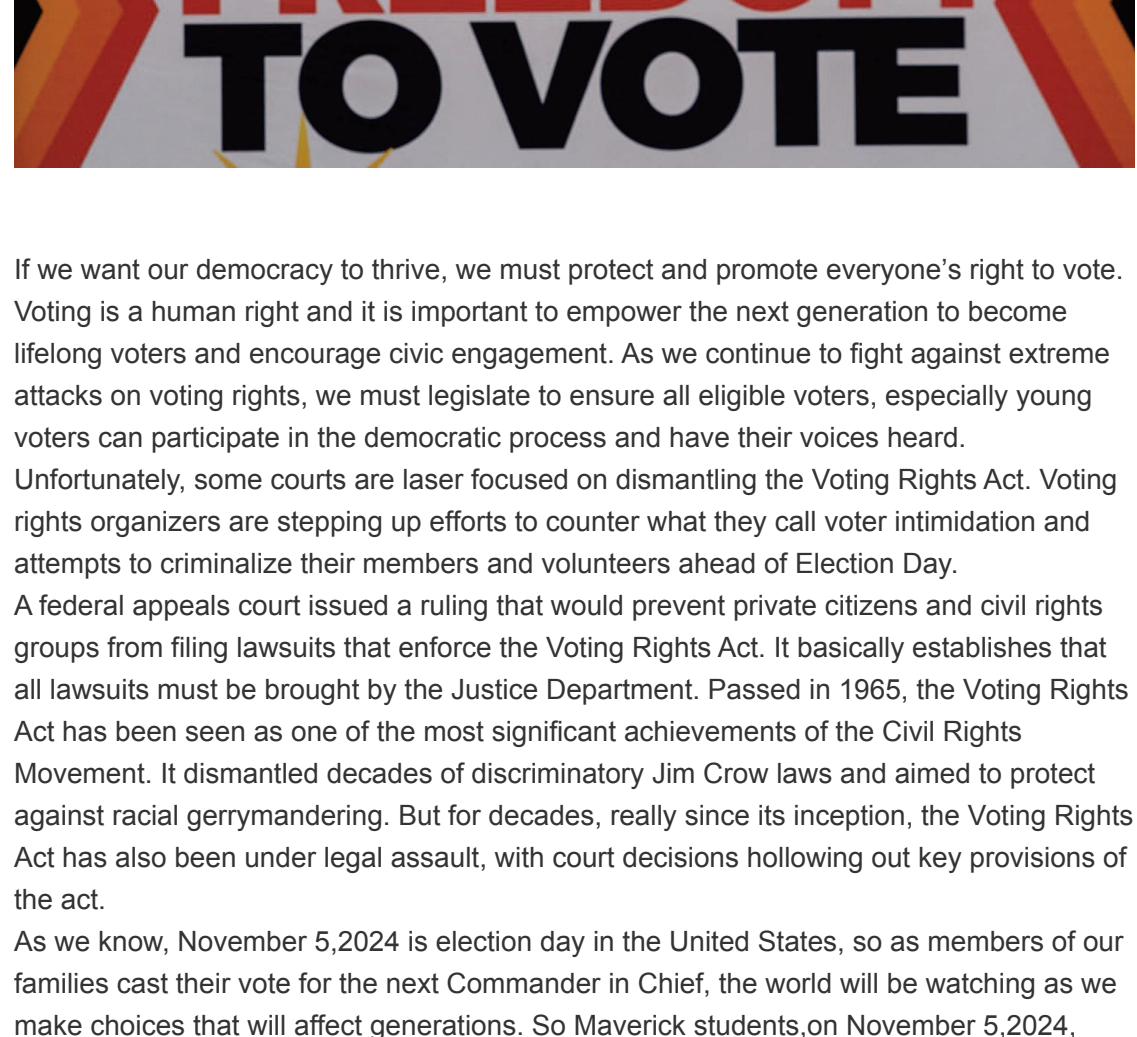


Inside this Issue

- **Social Justice Spotlight** *Important*
- **Advisor Updates** *Important*
- **Field Updates** *New*



SOCIAL JUSTICE Spotlight



If we want our democracy to thrive, we must protect and promote everyone's right to vote. Voting is a human right and it is important to empower the next generation to become lifelong voters and encourage civic engagement. As we continue to fight against extreme attacks on voting rights, we must legislate to ensure all eligible voters, especially young voters can participate in the democratic process and have their voices heard. Unfortunately, some courts are laser focused on dismantling the Voting Rights Act. Voting rights organizers are stepping up efforts to counter what they call voter intimidation and attempts to criminalize their members and volunteers ahead of Election Day. A federal appeals court issued a ruling that would prevent private citizens and civil rights groups from filing lawsuits that enforce the Voting Rights Act. It basically establishes that all lawsuits must be brought by the Justice Department. Passed in 1965, the Voting Rights Act has been seen as one of the most significant achievements of the Civil Rights Movement. It dismantled decades of discriminatory Jim Crow laws and aimed to protect against racial gerrymandering. But for decades, really since its inception, the Voting Rights Act has also been under legal assault, with court decisions hollowing out key provisions of the act.

As we know, November 5, 2024 is election day in the United States, so as members of our families cast their vote for the next Commander in Chief, the world will be watching as we make choices that will affect generations. So Maverick students on November 5, 2024, make your voices and choices heard by remembering the right to vote is the cornerstone of our democracy and that it's not only a civic right, but a human right.

Tracie Prosser
Graduate Student Leader Intern
The University of Texas at Arlington

Event Spotlight



freshcheckday
checkin'-in with college students

A MENTAL HEALTH **Check-in** WITH **Free Food** PRIZES & MORE!
INTERACTIVE BOOTHS

Wednesday • 11:00AM - 2:00PM
October 9, 2024

Central Library Mall
1000 UT Tower, Meadows Activity Center First Gym

UTA Counseling and Psychological Services

CMAS ACADEMIC & LEADERSHIP WORKSHOP SERIES PRESENTS:

MONEY MASTERS: BUDGETING WITH ROQUE MOREIRA

Join our Money Masters budgeting workshop to master the basics of financial planning. Learn how to set goals, track expenses, & find savings with practical tips & tools. Perfect for anyone looking to take control of their finances & build a secure financial future!

Swift Center*, Room 125
September 3, 3:00 - 4:00 pm

Sign up!

*Swift Center located at: 1022 UTA Blvd (West Campus)

Questions? Contact: jose.ayalarodriguez@uta.edu

CMAS ACADEMIC & LEADERSHIP WORKSHOP SERIES PRESENTS:

LINKED IN WITH GABRIELA RODRIGUEZ

Unlock new opportunities for professional growth by joining our LinkedIn workshop, where you'll learn about strategies to enhance your online presence & network effectively. Don't miss out on this chance to elevate your career!

OPPORTUNITY TO GET A FREE PROFESSIONAL HEADSHOT TAKEN* DRESS PROFESSIONALLY!

Swift Center*, Room 125
Wednesday, October 2nd, 12:30 - 2:00 pm

Sign Up!

*Must attend workshop to be eligible for free professional headshot
*Swift Center located at: 1022 UTA Blvd (West Campus)

Questions? Contact: jose.ayalarodriguez@uta.edu

VOTER REGISTRATION EVENT

MAVS Get Out The Vote

SPONSORED BY UTA SCHOOL OF SOCIAL WORK IN PARTNERSHIP WITH MOVE TEXAS

OPEN FROM 9AM-3PM SEPTEMBER 9TH-13TH ELECTION DAY IS ON NOVEMBER 5

FREE SNACKS

- Register to vote
- Update your name and/or address on your voter registration
- Check voter status
- Get Answers to FAQ

For more information about the event contact:
Dr. Morgan Petty-John morgan.petty@uta.edu

For more information on the movement:
<https://votinginsocialwork.org/>

*See www.moveutatarlington.com

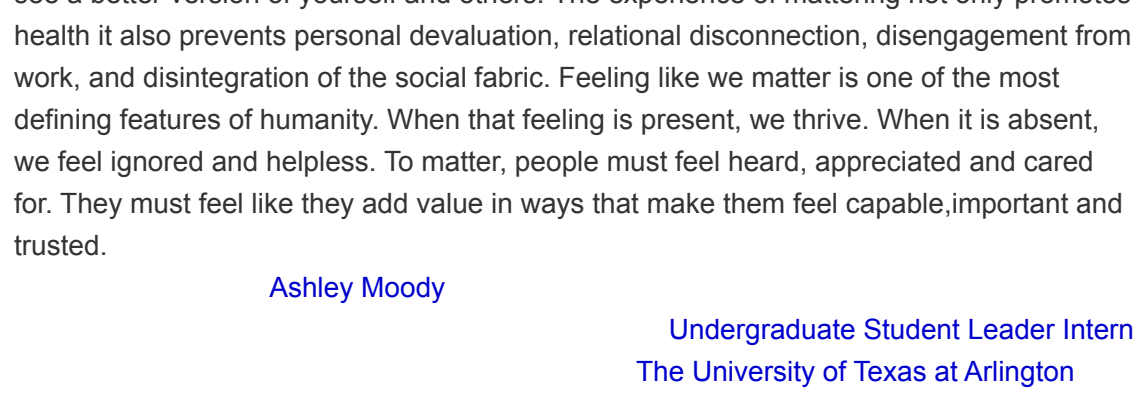
YOU MATTER!

When somebody tells you that you "matter," what does that mean to you? Setting limits to make time for self-care is perhaps one of the most selfless acts you can do to better help your mental and physical health, as it provides others with the ability to see a better version of yourself and others. The experience of mattering not only promotes health it also prevents personal devaluation, relational disconnection, disengagement from work, and disintegration of the social fabric. Feeling like we matter is one of the most defining features of humanity. When that feeling is present, we thrive. When it is absent, we feel ignored and helpless. To matter, people must feel heard, appreciated and cared for. They must feel like they add value in ways that make them feel capable, important and trusted.

Ashley Moody

Undergraduate Student Leader Intern
The University of Texas at Arlington

Student Spotlight



Leah Neal is a passionate advocate for social justice with an MPA and a growing interest in mental health and substance misuse. She's pursuing a Master's in Social Work to make a tangible impact on her community. Leah, we commend you on your diligence, dedication and hard work you've shown which is always a good indication of future successes. May it be filled with abundant opportunities during your attendance at the University of Texas at Arlington. Congratulations on a job well done and for the bright future that lies ahead of you. You are our student Spotlight recipient of the week.

Tracie Prosser
Graduate Student Leader Intern
The University of Texas at Arlington

Advising Updates

Peer Advisors & Fall Advising Dates are currently being updated

IMPORTANT DATES

- Sep. 2-Labor Day Holiday
- Sep. 4-Census date
- Oct. 25-Last day to drop classes; submit requests in MyMav prior to 4:00pm
- Nov. 4-Registration begins for Spring 2025

Opportunities

Partner Breakfast

OPEN TO UTA FACULTY, STAFF, ADMINISTRATORS, AND OUR NON-PROFIT COMMUNITY AGENCIES

- HEAR INSPIRING SERVICE LEARNING EXPERIENCES
- NETWORK WITH AREA VOLUNTEERS TO GREAT SERVICE LEARNING PARTNERSHIPS

FRIDAY, SEPTEMBER 6, 2024
8:00 - 11:00AM
1ST FLOOR, TRINITY HALL
800 GREEN SHAW DRIVE, UTA

RSVP HERE

UPCOMING EVENT:
SERVICE LEARNING ANNUAL COMMUNITY PARTNER BREAKFAST
Friday, September 6, 2024
8:00am - 11:00am
1st Floor, Trinity Hall
800 Green Shaw Drive
University of Texas at Arlington

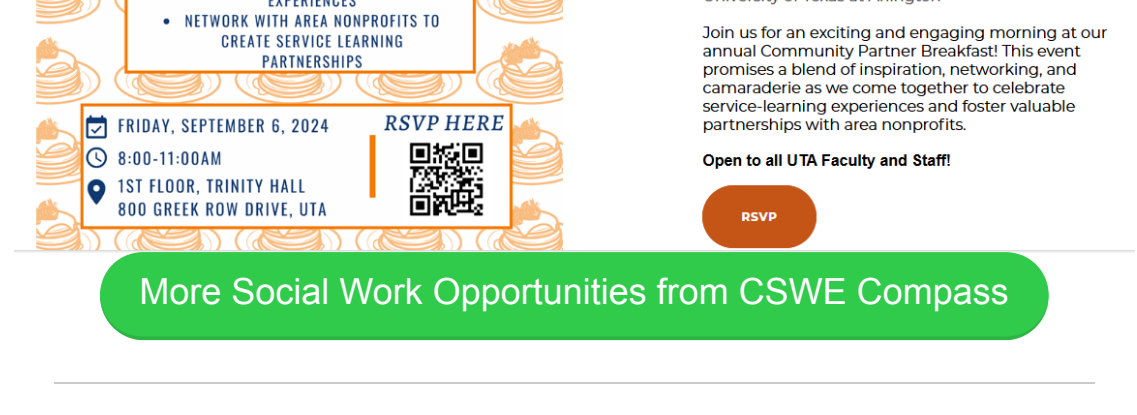
Join us for an exciting and engaging morning at our annual Community Partner Breakfast! This event promises a blend of inspiration, networking, and camaraderie as we come together to celebrate service-learning experiences and foster valuable partnerships with area nonprofits.

Open to all UTA Faculty and Staff

[RSVP](#)

More Social Work Opportunities from CSWE Compass

Book of the Week



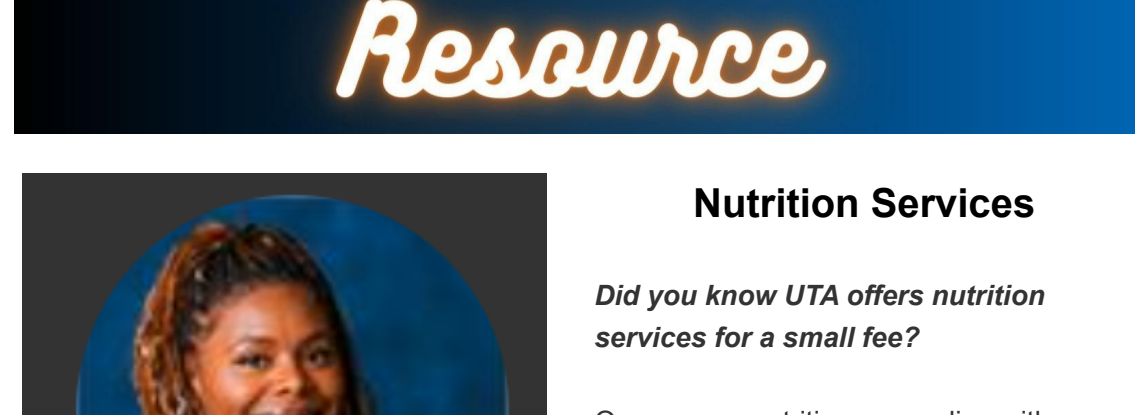
In "Demystifying Disability," Emily Ladau invites readers on an enlightening journey to dismantle misconceptions and foster understanding about disabilities. Through a refreshingly candid and empathetic narrative, Ladau provides a rich blend of personal anecdotes, practical advice, and thoughtful insights that challenge deeply ingrained stereotypes. This engaging guide doesn't just aim to inform; it seeks to inspire action and cultivate an inclusive mindset.

Whether you're looking to educate yourself, support a loved one, or advocate for broader societal change, "Demystifying Disability" equips you with the knowledge and compassion to make a meaningful difference. Prepare to have your perspectives broadened and your empathy deepened as you delve into this essential read. Understanding disability is about more than knowing the correct terminology; it's about recognizing and respecting our humanity (Ladau, 2016).

<https://www.bookey.app/book/demystifying-disability>

Tracie Prosser
Graduate Student Leader Intern
The University of Texas at Arlington

Student Success Resource



Nutrition Services

My name is Traciea Nichols, I am the Student Success Coordinator for the School of Social Work. In my role I work with students who are facing crises and need help accessing university and community resources. This section will consist of resources that are available to you as a student. If you are in need of resources or have any questions or concerns, please contact me at traciea.nichols@uta.edu.

Did you know UTA offers nutrition services for a small fee?

One-on-one nutrition counseling with a registered, licensed dietitian is available for the following:

- Weight management
- Weight/fat loss
- Weight/muscle gain
- Sports nutrition
- Medical nutrition therapy
- Skin nutrition
- Eating disorders/disordered eating
- Wellness/preventive nutrition
- Basic nutrition education

Nutrition Consultation is \$25.00 per session with a minimum to start of 2 sessions (initial + follow-up).

Additional sessions are available as needed for \$25 each session, and as agreed upon by the client and dietitian.

Schedule your Nutrition Consultation today by submitting a [request form](#).

OR

Join wellness information sessions, Food for Thought, for a free presentation the first Wednesday of October and November at noon to 1pm. Join in person or online. Click below for more information.

[Learn more about "Food for Thought"](#)

Academic Resources

Academic Advising

Need to meet with an advisor but there's no upcoming appointment available? Drop-in either in person or virtually on Wednesdays. To schedule your 30-minute drop-in time, click the button below. Be sure to select in-person or virtual and your advisor. Remember, drop-in sessions are on a first come basis.

No drop in appointments available? [Visit this page](#) to find your advisor's power hour where you can always drop in and ask questions, no appointment needed.

[Schedule your appointment here](#)

Field Advising

This is an opportunity for you to ask questions, similar to Office Hours for faculty!

BSW and BSSUT Students

- Field Specialist: Vanessa Caraveo
- 1st & 3rd Thursday | 3pm - 4pm
- [Join your field advisors' power hour here](#)

Advanced Children & Families, Advanced CAP, Advanced Aging & Advanced Health

- Field Specialist: Monica Brown
- 1st & 3rd Wednesday | 4pm - 5pm
- [Join your field advisors' power hour here](#)

Advanced Mental Health/Substance Misuse

- Field Specialist: Sharon Martin
- 1st & 3rd Thursday | 3pm - 4pm
- [Join your field advisors' power hour here](#)

[View all field specialists and power hours here](#)

Licensing

- If you're in your final semester and want to get started on applying to ASWB to take the LBSW or LMSW licensing exam, [click here](#) to request the Dean's Letter for Licensure, which UTA will send to ASWB. More info can be found [on the ASWB site](#) and our [SSW licensure page](#).
- There's lots of great updated information about licensing in the [Student Success and Advising Course on Canvas](#)—Check it out!
- Interested in the LCDC? Scroll to the end of this [Licensing](#) webpage and click on the Texas LCDC Licensing 2021 PDF for a chart that shows how different education levels can prepare you for the LCDC.

UTA Resources

- UTA Academic Calendar
- Evidence-Based Research Guide
- Webinar Library
- UTA Counseling & Psychology Services
- SAR Center
- Free Windows Apps with Student ID
- SSW Writing Resources
- Suicide Prevention Lifeline
- Emergency Assistance Fund
- Rental Assistance Program
- Survivor Support Group
- Free & Confidential HIV Testing
- UTA/Tr-C Food Pantry Distribution
- CAPS

As we express our gratitude, we must never forget that the highest appreciation is not to utter words, but to live by them.

- John F. Kennedy

Follow UTA School of Social Work on:

