



UNIVERSITY OF
TEXAS
ARLINGTON

SCHOOL OF
SOCIAL WORK

MASTER OF SOCIAL WORK



WEEKLY UPDATE

January 25, 2021

SOCIAL JUSTICE SPOTLIGHT

January is National Slavery and Human Trafficking Prevention Month!

The president declared January as National Slavery and Human Trafficking Prevention Month in 2010. Also known as modern slavery, human trafficking includes both forced labor and sex trafficking. January was chosen as the month to bring awareness to this cause because it is the same month that Abraham Lincoln issued the Emancipation Proclamation in 1963, setting 3.1 million slaves free. Over 24 million people (including men, women, transgender individuals and children) may still be trapped in human trafficking globally. Here are four ways you can join in the fight:

1. Learn the indicators of human trafficking [here](#).
2. If you believe someone may be a victim, call the 24-hour National Human Trafficking Hotline at **1-888-373-7888**.
3. Use your social media platforms to raise awareness, using the hashtags **#endtrafficking** and **#freedomfirst**
4. Take this free, 1-hour, online [SOAR training](#). (This course also fulfills the required human trafficking course for LMSW and is a 1.0 cultural competency CE credit for Social Workers.)

Resource: <https://www.state.gov/national-slavery-and-human-trafficking-prevention-month>

**420,000 VICTIMS OF
TRAFFICKING IN THE US.
AWARENESS IS KEY.
PREVENTION IS CRUCIAL.**

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Your Voice Matters! A Note from the MSW Director



Fabulous MSW Mavericks!

You've made it through the first week of classes. I do hope you are settling into a routine and excited about what the semester will offer you in learning and experiences. As you embark on this semester, please take time to be present in the moment. Consider your dream job. Do you know what it is? Maybe you know what it isn't at least!

I encourage you to set an intention for the semester to reflect daily on what you're learning and how it moves you toward that dream job! I wish you all the best!

Regina J. Bratton



GET SUPPORT



Check Canvas
for the MavsUnite Page!
To add it, please e-mail:
[Chantinia Chansler](mailto:Chantinia.Chansler)

You are stronger than you know, braver than you believe, and smarter than you think.



YOU MATTER

Why You Matter

As I sat and thought about a good post for the week, I was struck, maybe for the first time or in a new way, about the title of this section of the newsletter: You Matter. Do you know why You Matter? Here's how I see it...

I love a nice garden, landscape, or green nature spot. Fortunately for me, my wife has a tremendous green thumb. She continues to transform various parts of our yard and home into beautiful expressions of nature at its finest. And what's really striking about it is how so many different elements are needed, working together, sharing their unique composition and life course, to make the garden so resilient and vibrant.

As I have come to learn from my wife, much of this works on this idea of companion planting. As the Farmer's Almanac explains, "For almost every vegetable [plant] you grow, there is likely to be a beneficial companion plant that will help increase soil nutrients, chase away pests, or provide some other benefit." For example, "Basil and tomatoes were made to go together, not only in sauces but in the garden, too. This herb helps tomatoes produce greater yields and it repels both flies and mosquitoes. Marigolds are another good companion, repelling [worms] and other garden pests... Carrots planted near onions repel the carrot fly... Mint among lettuce keeps away the slugs that feed on lettuce leaves.. And corn, squash, and beans make good garden friends since the cornstalks give squash and bean vines a place to grow."

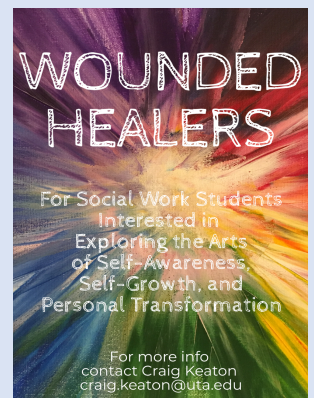
I think we, people, are like a great garden; when we are recognized and appreciated for our unique strengths and properly placed in the right spot to do our work, we thrive and help those around us do the same.

So, why do You Matter? Just like the plants in the garden, there is a wonderful combination of what makes you special, and expressing who you are brings you and me to life. ☺

Craig Keaton, MSW | Doctoral Student | Adjunct Professor



If you like You Matter posts and want to explore them more deeply, please consider joining us for a Wounded Healers meeting. You can find us on Teams!



STUDENT ORGANIZATION SPOTLIGHT

GSL Program

The [Graduate Student Leadership \(GSL\)](#) program is designed to build community between MSW students and facilitate the exchange of accurate and timely information. Each MSW student in the program is assigned to a GSL, a fellow student who has received training on leadership, communication, and information on the School of Social Work and MSW program. Reach out to your GSL if you have any questions or need support!


SOCIAL WORK COUNCIL

FIRST GENERAL BODY MEETING

JANUARY 27, 7 PM
GAMES, ICEBREAKERS,
AND SUPPORT

EMAIL
UTASOCIALWORKCOUNCIL@GMAIL.COM
TO GET INVOLVED





ADVISING

- All academic [advising appointments](#) will be done via phone or Microsoft Teams.
- Census date is February 3rd. Students cannot add or swap classes after this date. If you drop a course after Census date, you'll receive a grade of W on your transcript.**
- Don't need a full advising appointment but have general questions? Join your advisor for their weekly Power Hour!

Toy Howard Monday 10-11
[Click here to join the meeting](#)

Valerie Adame Tuesday 11-12
[Click here to join the meeting](#)

Maresia Davis. Wednesday 11-12
[Click here to join the meeting](#)

Cleondria Marable Thursday 11-12
[Click here to join the meeting](#)



SPRING COURSES

- Classes are still open!**
- [Course modalities](#) are subject to change, given the rapidly evolving nature of the pandemic. More information about each modality can be found [here](#), and the modality for each course is listed in the Course Attribute column in the MyMav class search. Here are some examples:

Online 1: Asynchronous

Course Attribute	Days & Times
ONLINE1	TBA

Online 2- Synchronous (live virtual class during times listed)

Course Attribute	Days & Times
ONLINE2	MoWe 4:00PM - 5:20PM

Hybrid (Combination of face-to-face to live virtual class)

Course Attribute	Days & Times
HYBRID2	TuTh 2:00PM - 3:20PM



FIELD PLACEMENTS

- InPlace has a new URL! All students, agencies, and Field Instructors will need to use the new URL.** <https://inplace.uta.edu/>
- [InPlace Training](#) and [Logbook Training](#) can be found here!
- Spring field calendar has been posted online [Spring Field Calendar](#)
- [Field forms are available here!](#)
- [Field FAQ](#)
- [Spring 2021 Field Accommodations Q&A](#)
- If you are having technical difficulties with InPlace please email sswfield@uta.edu and include a screenshot of the issue.
- For the *Spring 2021 semester*, CSWE has extended the reduction in field hours. Therefore, UTA SSW will continue with the reduced required minimum of 204 hours for Split students and a minimum of 408 hours for Block students for the Spring semester. For further information regarding accommodations for the Spring 2021 semester, please visit the Field webpage by following this [link](#).

FIELD POWER HOURS

This is an opportunity for you to check in and ask questions, similar to Office Hours for faculty!

- Foundation MSW
 - Field Advisor: Natalie Mangham
 - 1st & 3rd Monday of the month, 3-4
 - [Click here to join the meeting](#)
- CAP & Children & Families
 - Field Advisor: Monica Brown
 - 1st & 3rd Tuesday of the month, 3-4
 - [Click here to join the meeting](#)
- Mental Health
 - Field Advisor: Hector Ramos
 - 1st & 3rd Wednesday of the month, 3-4
 - [Click here to join the meeting](#)
- Aging & Health
 - Field Advisor: Sharon Martin
 - 1st & 3rd Thursday of the month, 3:30-4
 - [Click here to join the meeting](#)



VIRTUAL EVENTS OF THE WEEK

Virtual Coffee and Tea with

Dr. P
video
chat?

**Wednesday,
January 27, 2-3pm**
Please drop in on
Teams to visit with
me. This is your time
every week to share
concerns, questions,
suggestions, and
triumphs. I look
forward to seeing
you! [Join Microsoft
Teams Meeting](#)

Find Your Perfect Match: MSW Specialty Info Session

Tuesday February 2nd at 6:30pm
online via Teams
[Click here to join the meeting](#)

Pursuing your MSW? Not sure which
specialty is the best fit for you? Hear
from faculty and students about the
benefits of selecting each specialty:

- Aging
- Children & Families
- CAP (Community, Administration,
& Policy)
- Health
- Mental Health & Substance Abuse

Attendees will have a chance to win
Amazon.com gift cards!

UNIVERSITY OF TEXAS AT ARLINGTON

[Click here to join the meeting](#)



RESEARCH



[Student Research Opportunity Center](#)

[Social Work Course Guides](#)



STAY SAFE

Dean Ryan's [Statement on COVID-19 Health Disparities](#)

If you believe you have contracted COVID19, please type in
'COVID-19 Testing' and your zip code into the Texas Health
and Human Services to [find a testing location closest to you](#)

Have you tested positive? Had close contact with someone with Covid?

1. [Complete mandatory reporting form](#)
2. If needed, you can:
 - Ask professors for deadline leniency
 - Contact your [USL](#), Program Director and/or Academic Advisor
for additional support and guidance.



Face Covering Protocol:

To create the safest possible environment on campus, UTA
implemented a mandatory face-covering protocol, effective
until further notice. For more information, click [here](#).

MANAGING STRESS AND ANXIETY DURING COVID-19 UTA COUNSELING AND PSYCHOLOGICAL SERVICES (CAPS)

THERAPIST ASSISTED ONLINE (TAO)

Visit [TAOconnect.org](#)



THRIVE APP



Download "Thrive at UT"
on App Store or Google Play

MAVS TALK 24HR CRISIS LINE

Call (817)272-8255



Visit [uta.edu/caps](#) for more information

UTA is a...
COMMUNITY THAT CARES



FUNDING

Scholarships for Women Mavericks!

The Women's Alliance of the Greater
Arlington Chamber will award \$17000 in
academic scholarships to deserving
women. Application deadline is Jan. 29.

SOCIAL JUSTICE PEER EDUCATORS

ARE YOU INTERESTED IN:

- MAKING A MORE EQUITABLE UTA EXPERIENCE FOR ALL,
- FACILITATING WORKSHOPS FOR CLASSROOMS AND ORGANIZATIONS,
- DEVELOPING PERSONAL AND PROFESSIONAL LEADERSHIP SKILLS,
- MAKING SOME EXTRA MONEY

Application Link:
<https://tinyurl.com/SJPE21>

**If you answered
YES, APPLY NOW!**

Application Closes
01/25/21 11:59PM

For More Information Contact:
harold.brown2@uta.edu

REQUIREMENTS:

- 2.5 OR HIGHER GPA
- ENROLLED AS A UTA
UNDERGRADUATE OR GRADUATE
STUDENT
- MUST ATTEND ALL SPRING
TRAINING DATES (1/29-1/30)



Part-time Bilingual Project Hope Coordinator Wanted!

WE'RE HIRING

THE CITY OF
FORT WORTH

ARE YOU LOOKING
FOR A FULL TIME
OR PART TIME
JOB?

THE CITY OF FORT WORTH IS LOOKING FOR
MOTIVATED INDIVIDUALS WHO ARE
INTERESTED IN WORKING WITH KIDS, FRONT
DESK OPERATIONS & FACILITY CLEANLINESS.

[Other Scholarships Currently Available](#)



The jobs posted to this [website](#) are restricted to those
which are related to Social Work or Social Services.

[UTA Academic Calendar](#)

[Evidence-Based Practice Research Guide](#)

[Licensure Information](#)

The board recently made additional changes to the TX social work licensing process. Students in their final semester can now apply directly to ASWB to take the exam, and then apply to the board for a license after passing the exam and graduating. More info can be found [here](#).

[SAR](#)

[Center](#)

(Formerly Office of Students with Disabilities)



MEAL DISTRIBUTION



Boys & Girls Clubs of Greater Tarrant County will be distributing meals, food and snacks. Curbside meal distribution will occur Monday - Friday 4:00-5:30pm.

Distribution Locations

Eastside Branch	Main Branch	Westside Branch
4851 Ramsey Ave Fort Worth, TX 76105	608 North Elm St. Arlington, TX 76011	1500 Hemphill Fort Worth, TX 76104
Martin Branch 3123 Avenue G Fort Worth, TX 76105	NW Branch 2000 Ellis Ave Fort Worth, TX 76104	

All Are Welcome!

- Meals available to any child ages 18 years or younger (membership not required).
- Meals will be distributed as long as food supplies last.
- Each car is eligible to receive individually packaged meals and snacks as available to the organization.
- Weekly at home learning resources provided with each meal.

Contact Us!
For more information or questions contact:
LaToya Greyer
Lgreyer@bgcgc.org

First Come, First Served!

THE UNIVERSITY OF TEXAS AT ARLINGTON
COUNSELING & PSYCHOLOGICAL SERVICES

MAVS
talk
24 HOUR CRISIS LINE

817-272-TALK (8255)
WWW.UTA.EDU/CAPS
303 RANSOM CALL

UTA
Library
Accessibility

Texas Health and Human Services
COVID-19 Mental Health Support Line




If you or someone you know is feeling overwhelmed by the COVID-19 pandemic, help is available.

Speak with a mental health professional for help dealing with anxiety, depression, stress, grief or worry 24/7.

Call the toll-free COVID-19 Mental Health Support Line at 833-986-1919.

TEXAS Health and Human Services



DREAMERS
WELCOME

In Crisis?
Text HELLO to 741741

CRISIS TEXT LINE | Free, 24/7, Confidential

Webinar Library

Isabella Hong, an MSW Alum, graciously compiled a list of webinar resources and a video going over the basic functioning of Teams to any who may need assistance. Special thanks to Jose B. Yerena, LCPAA, who has taken over updating the list on a weekly basis! **Please note that it is necessary to ask your supervisor permission for these to count towards any required field hours.**

[Social Work Webinars List](#)

[Basic Function of Teams](#)

Rental Assistance Program



The [Tarrant County Rental Assistance Program](#) assists residents who have been impacted by the COVID-19 pandemic. For more details, email renthelp@tarrantcounty.com or call [817-850-7940](tel:817-850-7940).

The Lifeline is **FREE**, confidential, and always available.

HELP a loved one, a friend, or yourself.

Community crisis centers answer Lifeline calls.

NATIONAL SUICIDE PREVENTION LIFELINE
1-800-273-TALK (8255)
suicidepreventionlifeline.org

Learn the Warning Signs.

Printed 2008 - Reprinted 2011
0805-0917-0129

Emergency Assistance Fund

UTA students with a temporary financial hardship resulting from a sudden emergency [may apply for financial help](#).

[Get Microsoft 365, The Wall Street Journal and Other Apps FREE with your student email!](#)

How to gain access to SSW writing resources: [Advising & Student Success Canvas](#)

[UTA/Tri-C Food Pantry Distributions](#)

Currently distributing groceries on Thursdays only, from 9-11:45 a.m. and 2-4:45 p.m. To receive these grocery bags you must send an email to utafoodpantry@gmail.com to request a pickup time. Include student name, last four digits of UTA ID, requested grocery pickup time, choice of vegetarian, chicken, or any meat groceries.

If you have any questions or content suggestion for the newsletter, please contact Meghan Sheridan: mls9929@mavs.uta.edu