



UNIVERSITY OF
TEXAS
ARLINGTON

SCHOOL OF
SOCIAL WORK

MSW PROGRAM WEEKLY UPDATE

January 27, 2020

TANGLED UP INSIDE?

Free mobile-friendly help for stress, anxiety and depression that fits around your busy life... anytime, anywhere.

SIGN UP FREE TODAY WITH UTA EMAIL AT:

thepath.TAOconnect.org

Reach out if you want to talk: MAVS 24 Hour Talk Crisis Line 817-272-TALK (8255)

UTA Counseling & Psychological Services: 817-272-3671 - 303 Ransom Hall - 212 MAC

UNIVERSITY OF TEXAS ARLINGTON COUNSELING AND PSYCHOLOGICAL SERVICES THE BRIDGE OF STUDENT AFFAIRS

UTA IS A COMMUNITY THAT CARES



Do you have questions, concerns, or just need someone to listen? Reach out to your Graduate Student Leader (GSL) as your first point of contact to get quick answers and help for all of your MSW Program needs! Check your email—your GSL is reaching out to connect with you!

Important Reminders:

- The Advising Office will hold special walk-in and phone advising hours from 9 am – 4 pm Monday-Thursday of this week. If you are an online student, call the main Advising office number to connect to an advisor during walk-in hours: (817) 272-3687.

This week at UTA

1/29/20
1:00 pm SWCB 107
[Social Work Council](#)
[General Body Meeting](#)

1/29/20
10:00 am, University Center
[Activity Fair Day](#)
Learn about student organizations at UTA and get involved in campus life!

1/31/20
7:00 pm, University Center
[Rollercade](#)
A glow in the dark roller skating dance party!



Upcoming Training Workshop on Suicide Prevention



ASIST

Applied Suicide Intervention Skills Training

If you want to feel more comfortable, confident and competent in helping to prevent the immediate risk of suicide, this two-day workshop is for you.



There will be a two-day Applied Suicide Intervention Skills Training (ASIST) workshop available March 2nd – 3rd, 2020 from 9am – 5pm each day at the Resource Center in Dallas. The workshop costs \$90. For more information and to register, visit:

<https://afsp.org/event/dallasasist/>.

Are you interested in studying at a premier university in Italy this summer?

The University of Trento in Italy is offering short-term summer programs for UTA students!

- For **two weeks**, from Monday through Friday, students participate in organized activities for approximately 8 hours per day. Weekends are free to explore the surrounding areas and other Italian cities.
- The academic component includes not only **lectures, workshops, seminars and debates**, but also **field visits** related to the specific School theme.
- In addition, there are numerous **social and cultural activities**, such as a guided tour of the town, a **one-day excursion** to the surrounding mountains and museum visits
- If you are interested in learning more and submitting an application to this competitive summer program, please let Dr. Mitschke know by February 15, 2020.

[2020 Military Social Work and Behavioral Health Conference](#)

April 9-10, 2020, Austin, TX

The 2020 Military Social Work & Behavioral Health Conference will be hosted April 9-10, 2020 at the AT&T Conference Center in Austin, TX. The conference is a gathering of clinicians, researchers and veteran service organizations committed to sharing and learning how to best address the behavioral health needs of our country's service members, veterans, caregivers and family members. Hosted by the Institute for Military & Veteran Family Wellness, the conference will address the theme of interdisciplinary collaboration to ensure innovative and effective systems of care. The conference will offer an opportunity for cross-sector dialogue that can spur increased collaboration among Department of Defense uniformed behavioral health personnel, civilian, community-based and VA behavioral health providers. Click the link above to learn more.

Phi Alpha Honor Society

Have you:

- Completed 18 semester hours of Social Work courses?
- Achieved a minimum GPA of 3.7 on a 4.0 scale in social work courses?

You may be eligible for membership in Phi Alpha Honor Society, a national honor society for social work students.

Check your email for the application and more details. Applications are due by February 14, 2020. Questions? Contact President: Celeste Wilson Davis (celeste.wilsondavis@mavs.uta.edu) Vice-President: Marcia Fraire Salido (marcia.fraire@mavs.uta.edu) Secretary: Renee Collins (renee.collins@mavs.uta.edu)



MAVS
Wellness
Series

Beginning 2/3-5/4

MAC 213 * Mondays * 3pm – 4pm

Join us for one or all of our active learning sessions, open to all UTA students. We will explore different aspects of wellness to help you decrease your stress and increase energy through better nutrition, physical movement, restful sleep, managing finances, balancing emotions, connecting with others, and improving concentration. The series will repeat throughout the semester.

Juan Figueroa Garcia, PMHNP at 817-272-4436 or Katie Winkates, PhD at 817-272-3671



FIRST-GEN WOMEN SUPPORT GROUP

Share common concerns with other women who grew up American in a multi-generational immigrant family.

OPEN TO ALL STUDENTS

Contact Susan Hyde at least one week before start of group at 817-272-3671.

Tuesdays
Beginning
Feb 18th

1:00 – 2:30PM
Ransom Hall 310



UTA is a community that cares.
uta.edu/communitythatcares #utacares

If you need accommodations in order to participate in this group, please contact CAPS at least five days prior to the group meeting at www.uta.edu/caps or 817-272-3671.



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Master of Social Work Program
(817)272-2135

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