



UNIVERSITY OF
TEXAS
ARLINGTON

SCHOOL OF
SOCIAL WORK

MASTER OF SOCIAL WORK



I acknowledge the grave harm brought by colonialism to this land, especially the systematic attempts to erase indigenous and African identities through violence, slavery and racist segregation laws.

WEEKLY UPDATE

April 12, 2021

SOCIAL JUSTICE SPOTLIGHT

Educate Yourself About Body Image Issues!

BeautySchoolsDirectory.com recently completed an extensive research project on body image that includes figures and statements on how body image studies have changed over time, how COVID-19 has affected body image, the effects of social media on body image, and more. The updated statistics, facts, and findings were pulled from recently published books, articles, podcasts, webinars, and thousands of their readers over the past 4 months.

This information may be of particular interest to social work students studying or specializing in body image and eating disorders. Here are a few interesting statistics from the project:

- Body dissatisfaction is at an all-time high with 83% of women and 75% of men reporting that they were dissatisfied with their bodies in 2018.
- Worldwide, 85% of women and 79% of girls skip important activities due to body dissatisfaction.
- 70% of girls with a poor view of their bodies won't be as vocal about expressing their opinions.

Read more here: <https://www.beautyschoolsdirectory.com/blog/body-image-statistics>

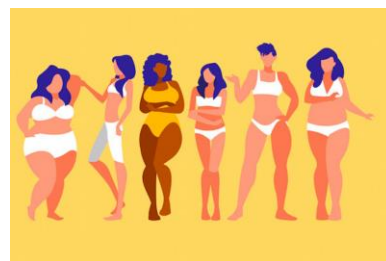


TABLE OF CONTENTS

Page 1.....Social Justice Spotlight

Page 2.....Get Support, Advocacy Starts At Home, You Matter, Student Organization Spotlight

Page 3.....Advising, Field Placements, Graduation, Licensing, MSW Admissions, Minor Spotlight

Page 4.....Virtual Events of the Week, Course Registration

Page 5.....Research, Funding, Stay Safe

Page 6.....Resources

ADVOCACY STARTS AT HOME



Graduate Student Leader (GSL) Program

Would you like to gain leadership skills, build your resume, and network with your peers, UTA faculty and staff? Want to make a difference in the School of Social Work by building community, facilitating communication, and serving as a mentor and advocate for your fellow students? Consider applying for the [Graduate Student Leader \(GSL\)](#) program! [Applications](#) close on April 16th at 5pm.



GET SUPPORT

Rental Assistance

Rental assistance is available for up to 6 months through Arlington Housing Authority for Arlington residents who are behind on their rent due to the pandemic if they meet certain criteria such as income, need is directly related to the pandemic, currently behind on rent, and a few others. The application is at www.arlingtonhousing.us and funding is still available for the program.

Interested in joining a Veteran and Military Connected group of students? The MAV VETS are here to get you support and connections to help navigate college life!

CONNECT WITH US ON SOCIAL MEDIA!

Instagram: SCAN ME

TEAMS: SCAN ME

Facebook: SCAN ME

Check out UTA's on-demand and live classes like HIIT the Deck, Mixed Fit, Zumba, NASA Nap, Yoga, and Sit & Stretch:



Did you know as a student veteran you may qualify for free meals?

Meals for Vets is a program that provides student veterans who have low income with free daily meals.

Getting through school is hard enough without the stress of not knowing if you'll be able to afford to eat. Meals for Vets and The University of Texas at Arlington have partnered up to make sure you can get a daily meal to help fuel your success.

To qualify:

- Must have served at least 180 days federal active duty
- Provide proof of service (see us 2024)
- Provide proof of all household income and benefits
- Meet low income qualifications

To learn more and apply, email: janice.kurtz@uta.edu

UTA Care Team

The Care Team is composed of Success Coaches that are here to help students succeed while attending UTA.

This includes academic and personal dilemmas a student may be facing.

Success Coaches are here to:

- Connect
- Advise
- Refer
- Encourage

Reach out to our Success Coaches today!

email: careteam@uta.edu



YOU MATTER

A Healthy Foundation

Recently on a Mavs Hour student support call, a student asked me how they could work on improving their overall health. With 15+ years of experience working as a holistic health coach and only a few minutes to answer their question, I had to get right to the most essential components. Here's a summary of the essentials I've learned over the years:

Use your strengths: I had a mentor that said, "there's nothing wrong with you that what's right with you can't fix." Recognize and honor your personal power. You are capable of more than you give yourself credit for. Use your strengths to grow through your challenges and make those challenges more personal strengths.

Master the basics: Use the foundational functions of your body to care for and build your health. (1) *Think* – it's been said that a person has more than 60,000 thoughts a day. Care for your mind and thoughts. (2) *Breathe* – You can only go a few minutes without breathing before you're in real trouble. Breathing exercises are incredibly powerful for health and wellness because your breathing is such a vital function. (3) *Sleep* – It's 3rd on this list. Need I say more? (4) *Hydrate* – You can't live more than a day or two without water. Drink more water! (5) *Eat* – You come from nature. Strive to eat naturally. Make real, whole, fresh foods a priority whenever possible. (6) *Move* – You have a body that was made to move in a great range of ways, shapes, and forms. The best exercise is the one you can and will do regularly. (7) *Be Social* – You are a social creature. Relational-cultural theory posits that all growth occurs in relationships. Seek out and stay connected with your people and nurture, genuinely, the relationship you have with yourself and others.

Respect your individuality: You are special. There is no one just like you. Me-search is the best form of research. While you work on mastering the basics mentioned above, seek to find and follow your own way and do what works best for you!

Craig Keaton

MSW | Doctoral Student | Adjunct Professor

If you like You Matter posts and want to explore them more deeply, please consider joining us for a Wounded Healers meeting. You can find us on Teams!



STUDENT ORGANIZATION SPOTLIGHT

African American Social Work Student Alliance (AASWSA)

Join us for a new member interest meeting (anyone interested in joining the org or learning more about it) on **Monday, April 19th 6pm** via [Teams](#)!



ADVISING

- **Summer class registration opened April 5th.**



We've heard from you that many of you are interested in learning more. Stay tuned as we are developing a guide with the different paths to the **LCDC** that will be shared in this newsletter at a future time.

- If your advisor's appointment schedule is full, please consider emailing them for email-advising, or attend their weekly Power Hour. Please check advising appointments every Monday when new availability opens up for the coming weeks.
- Don't need a full advising appointment but have general questions? Join your advisor for their weekly Power Hour!

Toy Howard	Monday 10-11	Click here to join the meeting
Valerie Adame	Tuesday 11-12	Click here to join the meeting
Maresia Davis	Wednesday 11-12	Click here to join the meeting
Cleondria Marable	Thursday 11-12	Click here to join the meeting

GRADUATION

- Our School of Social Work Ceremony will be combined with College of Architecture, Planning and Public Affairs, Division of Student Success and the Honors College. **The ceremony will be held on Friday, May 14 at 9:00 a.m.** at Globe Life Field.
- The Virtual Commencement will take place on **Sunday, May 16th at 5:00pm** CST through an on-demand website that will have auto-generated name calling, graduate slides, and videos from university officials. We do not yet know which day the Social Work commencement will be. We will share additional details as soon as we receive them.
- **The deadline to apply to graduate in May passed on March 1. To apply late, contact your advisor. (There is a \$60 late fee.)** All students planning to graduate this spring must apply to graduate using MyMav. **You must apply to graduate regardless of whether you will walk at a commencement ceremony.** Applying to graduate is necessary to have your degree conferred AND in order to receive your diploma. Fee is \$40.
- **In-person, virtual commencement programs planned for May**
 - UT Arlington will host **in-person commencement ceremonies** at Globe Life Field from **May 13-16** to celebrate its spring 2021 and all 2020 graduates, while preserving virtual commencement ceremonies for those who prefer an online celebration. The spring commencement exercises will mark the first time UTA has hosted in-person ceremonies since December 2019, as all 2020 ceremonies were canceled due to the COVID-19 pandemic. All 2020 and spring 2021 graduates should RSVP with their intention to participate in **an in-person or virtual commencement ceremony**. To do so, they should **register with Marching Order** using their UTA student email address. (Although the deadline of 3/17 has already passed, students are still able to register via this form).



- UTA has posted the schedule for **in-person and virtual commencement ceremonies**.
- Visit uta.edu/commencement for details. Questions? Email studentaffairs@uta.edu.



FIELD PLACEMENTS

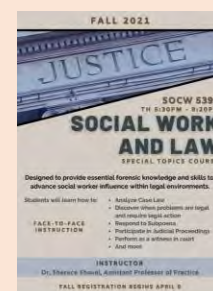
- The Fall Field application is tentatively scheduled to be open April 12th-Jun 4th.
- **InPlace has a new URL! All students, agencies, and Field Instructors will need to use the new URL.** <https://inplace.uta.edu/>
- The InPlace fee is \$67 per year or \$130 for a lifetime. Each student will need to plan to pay the InPlace fee on the first day of class for that semester they are starting field.
- [InPlace Training](#) and [Logbook Training](#) can be found here!
- [Field forms are available here!](#)
- [Field FAQ](#)
- If you are having technical difficulties with InPlace please email sswfield@uta.edu and include a screenshot of the issue.
- The COVID-19 field hours accommodation will continue for Summer 2021
 - Block students must complete a minimum of 408 hours for Summer 2021
 - Split students must complete a minimum of 204 hours for Summer 2021
- Block field will only be offered in the 14-week Summer Session. Block Field will begin May 17, 2021.
- Split field will only be offered in the 11-week Summer Session. Split Field will begin June 7, 2021.
- The Block Field 14-week Summer Session & Split Field 11-week Summer Session dates have been updated on the [Field website calendar](#)
- Are you a CAP student ready for your advanced field placement? Check out the Funding section for paid opportunities!

FIELD POWER HOURS

This is an opportunity for you to check in and ask questions, similar to Office Hours for faculty!

- Foundation MSW
 - Field Advisor: Natalie Mangham
 - 1st & 3rd Monday of the month, 3-4
 - [Click here to join the meeting](#)
- CAP & Children & Families
 - Field Advisor: Monica Brown
 - 1st & 3rd Tuesday of the month, 3-4
 - [Click here to join the meeting](#)
- Mental Health
 - Field Advisor: Hector Ramos
 - 1st & 3rd Wednesday of the month, 3-4
 - [Click here to join the meeting](#)
- Aging & Health
 - Field Advisor: Sharon Martin
 - 1st & 3rd Thursday of the month, 3:30-4
 - [Click here to join the meeting](#)

COURSE SPOTLIGHT





VIRTUAL EVENTS OF THE WEEK

Older Adult Mental Health Awareness Day Symposium

Mark your calendars to join us on May 6 for the 4th annual Older Adult Mental Health Awareness Day Symposium! This free, all-day, virtual event will feature engaging plenaries, informative session, and a diverse array of topics addressing the most pressing needs in older adult mental health.

An Evening with Wynton Marsalis

On Tuesday, April 27, 2021, at 7:30 pm, take a study break to tune into a free virtual performance by jazz musician, trumpeter and Grammy Award winner Wynton Marsalis.

Careers in Macro Social Work

Miss the SAMSWS professional panel discussion focused on macro social work careers? Watch the recording [here](#).

8th Annual Global Well Being and Social Change Conference

Join us April 14-16th, 2021 for this free conference. Please register by April 1st.

Conference on Social and Ecological Infrastructure for Recidivism Reduction

3/18-4/20. This free, virtual, multi-day conference explores the intersection of societal and ecological solutions to reduce recidivism.

trauma support services
TRAUMA CARE INSTITUTE
Educate | Advocate | Heal

HEALING FROM CHILDHOOD TRAUMA
This webinar will explore how adults may experience the impact of childhood trauma and will provide participants with an understanding of how to help clients heal from developmental and attachment trauma. The trauma-informed approach to trauma-informed care will be discussed. The trauma-informed approach will be discussed. The trauma-informed approach will be discussed.

OUR SPEAKER
Dr. David Wright

SEXUAL ASSAULT AWARENESS MONTH CALENDAR

Real talk Tuesday with Jessica & Claire
12PM to 1PM

Sexual Assault Awareness Month
12PM to 1PM

College & Career with Jess & Claire
12PM to 1PM

SAAM Every Week! Giveaways
12PM to 1PM

CMAS DISTINGUISHED SPEAKER
Dr. Rogelio Saez

THE EVOLVING PERCEPTION OF COVID-19 ON THE LATINO/DO COMMUNITY

Wednesday, April 28, 2021
7:30 PM - 8:30 PM

GO BEYOND
March Monthly Meeting

Join us to learn about what services are available to the at-risk aging population through Guardianship Services, Inc.

4/16/2021 at 4pm
via Microsoft Teams

MSW MEETUP
Friday, April 16th

MSW Peer Support Group
12:00 PM - 1:00 PM

Mindfulness and Stress Management

Feeling stressed out? Want to take an hour from your busy schedule to unwind?

Join us for our Mindfulness and Stress Management virtual Teams event!

When: Thursday April 15, 2021
1:00 p.m. - 1:50 p.m.

#BLACK MINDS MATTER:
Addressing Black Collegiate Mental Wellness Through Innovative Approaches

The Diversity Studies Minor Presents
Harold Brown M. Ed. & Jamye Hardy, Ed.D., LMSW

APRIL 15TH, 5:30PM - 7PM
VIA TEAMS LINK

Join us for BEYOND SEXUAL ASSAULT 101
SEXUAL ASSAULT AWARENESS MONTH EVENT

Presented by Barbara Taylor, Dr. David Wright

APRIL 22 @ 2 PM

Watch Here: [fb.com/UTASocialWork](#)
Register Here: [bit.ly/2P4yWQ0](#)

UTA School of Social Work
SOCIAL WORK LICENSING INFO SESSION

TUESDAY
APRIL 30, 2021
6:30 PM - 8:00 PM
Microsoft Teams

MEET THE FACES OF HEALTH SOCIAL WORK

PANEL DISCUSSION SPEAKERS
CATHERINE CHERIEA, LMSW, CSW-C, FACS, ONCOLOGY SOCIAL WORK AT UT
JOSHUA WARD, LMSW, CSW-C, FACS, ONCOLOGY SOCIAL WORK AT UT
JOSHUA WARD, LMSW, CSW-C, FACS, ONCOLOGY SOCIAL WORK AT UT

TUES 4/13 @ 7:30-8:30 PM
Zoom Link on Health w/Hearts TEAMS page

3rd Annual Evening of BLACK Excellence
ACHIEVEMENTS & GRADUATION

NEW 10TH & 9TH GRADE TEAMS
Graduate your future leaders in

Part 3: An Interdisciplinary Dialogue about Moral Distress & Advance Directives in the Time of COVID-19

Earn CEUs!

Join the Discussion!

Friday, April 30
2 P.M. - 4 P.M.

Watch Here: [fb.com/UTASocialWork](#)
Register Here: [https://bit.ly/3sYR00g](#)

Virtual Coffee & Tea with Dr. P



Wednesday, 2-3pm

Please drop in on Teams to visit with me. This is **your time** every week to share concerns, questions, suggestions, and triumphs. I look forward to seeing you! [Join Microsoft Teams Meeting](#)

COURSE REGISTRATION

- Registration opened April 5th.
- When searching for classes, be sure to select the correct term. MyMav may default to 2218 (Fall). 2215 is Summer.
- Course Modalities will be listed under Course Attribute in MyMav. More information about each modality can be found [here](#). Here are some examples:

- Online 1: Asynchronous

Course Attribute	Days & Times
ONLINE1	TBA

- Online2-Synchronous (live virtual class during times listed)

Course Attribute	Days & Times
ONLINE2	MoWe 4:00PM - 5:20PM

- Hybrid (Combination of face-to-face and live virtual class)

Course Attribute	Days & Times
HYBRID2	TuTh 2:00PM - 3:20PM



FUNDING



Emergency Rental Assistance

Keeping Families in their Homes

Emergency Rental Assistance Program

The Neighborhood Services Department is offering an Emergency Rental Assistance Program (ERAP) to Fort Worth residents who have been impacted by COVID-19. [Click Here to Apply for Emergency Rental Assistance.](#)

Apply Now: \$500 Book Scholarship for BSW and MSW Students

CSWE is accepting applications for the 2021 Carl A. Scott Book Scholarship through **Wednesday, April 14**. Two social work students will have the chance to be awarded \$500 each for demonstrating a commitment to promoting equity and social justice. Visit [our website](#) for more information and eligibility requirements.

Apply Now for the 2021-2022 Master's MFP

The application cycle for CSWE's 2021-2022 Minority Fellowship Program (MFP) for master's students is now open! Students entering master's programs as Advanced Standing are encouraged to apply. **The application deadline is Tuesday, May 11, 2021, at 5:00 PM (EDT).**



Texas Department of Family and Protective Services

HERE'S LOOKING AT YOU 2021 SPRING GRADUATES!



Texas Department of Family and Protective Services is actively recruiting CPS investigators for Dallas and Tarrant County! We are offering a two-part interview process for Spring 2021 graduates who are completing degrees in relevant fields (social work, criminal justice, psychology, sociology, human development and family studies, etc.). Students who attend Part I and meet minimum qualifications will be offered an employment interview. Please note, students must be present for Part I to proceed to Part II.

Part I - 4/25/21 Virtual information session 10:00AM - 11:00AM

Part II - 4/26/21 Virtual employment interview

RSVP for Part I is required!

Students interested in working in Dallas County can RSVP to Ashley Williams at [awilliams@dfps.texas.gov](#)

Students interested in working in Tarrant County can RSVP to Mikayla Taylor at [mtaylor@dfps.texas.gov](#)

2021 Summer and Fall Field Placements

Are you a CAP student ready for your advanced field placement?

Are you interested in:

- Public Policy?
- Voting Rights?
- Macro Research?
- Advocacy?

Would you like to network with other macro groups across the country?

Would you like to earn \$\$\$ for your placement?

GRA Positions Also Available (paid hourly)

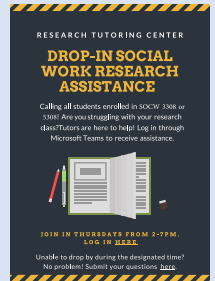
Please **FILL OUT THIS FORM** by **APRIL 18th** if you are interested!



RESEARCH

Social Work Course Guides

Student Research Opportunity Center



STAY SAFE

UTA continues protocols to protect campus community

In the interest of the health and safety of our community, UTA's current COVID-19 protocols and guidance will remain in effect through May 31, at which point they will be reassessed. This decision has been made after review of the latest Governor's Executive Order, which goes in effect Wednesday, March 10, and its direction that higher education institutions are to follow the most recent guidance issued by the Texas Education Agency. Read the [announcement](#).

Dean Ryan's Statement on COVID-19 Health Disparities

UTA's COVID Vaccine Resource Page

If you believe you have contracted COVID19, please type in 'COVID-19 Testing' and your zip code into the Texas Health and Human Services to [find a testing location closest to you](#)

Did you know? Any Texas resident can register for a Covid vaccine in any Texas County! Sign up in Tarrant County [HERE](#) or Dallas county [HERE](#).

UTA is Offering Additional Financial Help to Students in Need

UTA will provide HEERF II Emergency Grants of \$1,000 for full-time students and \$500 for part-time students who meet eligibility criteria, and \$600 for full-time Accelerated Online students and \$300 for part-time. Apply by logging into your MyMav account, clicking the 'MyForms' tile located on the UTA Student Homepage, and clicking on the 'Fill Out a New Form' button. Students may apply for assistance through [UTA's Emergency Assistance Fund](#). Visit [HEERF II Frequently Asked Questions page](#) for more info.

VOLUNTEER OPPORTUNITY

Urgent call for KIND volunteers!

Since February 2021, a growing number of unaccompanied children seeking safety have reached the border and are now awaiting reunification in emergency intake sites (EIS) operated by the Office of Refugee Resettlement (ORR). ORR is opening temporary emergency intake sites where children can receive initial services.

Effective immediately, Kids in Need of Defense (KIND) is recruiting Spanish-speaking volunteers who can dedicate at least 7 days and up to 14 days to meet the pressing needs of children through in-person services. Selected volunteers will be placed in an emergency intake facility housed in either Dallas, San Antonio or Midland. Volunteers will also need to be able to start on Sunday, April 18th, 2021.

The application is titled "Social Services Volunteer- ORR project" and it should take less than 20 minutes to complete!

Have you tested positive? Had close contact with someone with Covid?

1. **Complete mandatory reporting form**
2. If needed, you can:

- Ask professors for deadline leniency
- Contact your [USL](#), Program Director and/or Academic Advisor for additional support and guidance.



Face Covering Protocol:

To create the safest possible environment on campus, UTA implemented a mandatory face-covering protocol, effective until further notice. For more information, click [here](#).

MANAGING STRESS AND ANXIETY DURING COVID-19 UTA COUNSELING AND PSYCHOLOGICAL SERVICES (CAPS)

THERAPIST ASSISTED ONLINE (TAO)

Visit [TAOconnect.org](#)



THRIVE APP



Download "Thrive at UTA" on App Store or Google Play

MAVS TALK 24HR CRISIS LINE

Call (817)272-8255



Visit [uta.edu/caps](#) for more information

UTA is a...
COMMUNITY THAT CARES



[UTA Academic Calendar](#)

[Evidence-Based Practice Research Guide](#)



Check Canvas
for the MavsUnite Page!
To add please e-mail:
[Chantinia Chansler](#)

[SAR Center](#)

(Formerly Office of Students with
Disabilities)



Boys & Girls Clubs of Greater Tarrant County
will be distributing meals, food and snacks
Curbside meal distribution will occur Monday - Friday 4:00-5:30pm

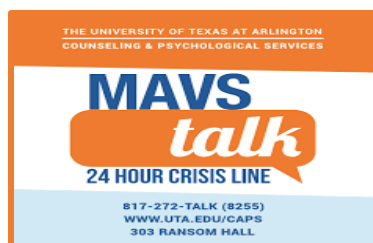
Distribution Locations

Eastside Branch 4851 Ramsey Ave Fort Worth, TX 76105	Main Branch 608 North Elm St. Arlington, TX 76011
Martin Branch 3123 Avenue G Fort Worth, TX 76105	NW Branch 2000 Ellis Ave Fort Worth, TX 76164
Panther Branch 1500 Hemphill Fort Worth, TX 76104	

All Are Welcome!
• Meals available to any child ages 18 years or younger (membership not required)
• Meals will be distributed as long as food supplies last
• Each can is eligible to receive individually packaged meals and snacks as available to the organization
• Weekly at-home learning resources provided with each meal

Contact Us!
For more information or questions contact:
LaToya Greyer
Lgreyer@ggcgc.org

First Come, First Served!



[UTA Library Accessibility](#)

[On-Demand & Live Fitness Classes](#)



In Crisis?
Text HELLO to 741741

CRISIS TEXT LINE | Free, 24/7, Confidential

Webinar Library

Isabella Hong, an MSW Alum, graciously compiled a list of webinar resources and a video going over the basic functioning of Teams to any who may need assistance. Special thanks to Jose B. Yerena, LCPAA, who has taken over updating the list on a weekly basis! **Please note that it is necessary to ask your supervisor permission for these to count towards any required field hours.**

[MSW Specialties](#)

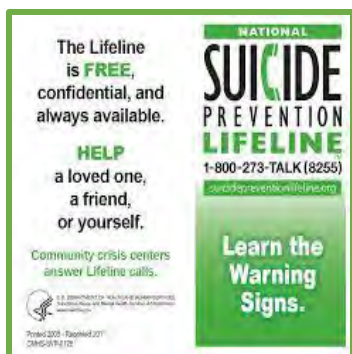
[Social Work Webinars List](#)

[Basic Function of Teams](#)



Rental Assistance Program

The [Tarrant County Rental Assistance Program](#) assists residents who have been impacted by the COVID-19 pandemic. For more details, email renthelp@tarrantcounty.com or call [817-850-7940](tel:817-850-7940).



Emergency Assistance Fund

UTA students with a temporary financial hardship resulting from a sudden emergency [may apply for financial help](#).

[Get Microsoft 365, The Wall Street Journal and Other Apps FREE with your student email!](#)

How to gain access to SSW writing resources: [Advising & Student Success Canvas](#)

[UTA/Tri-C Food Pantry Distributions](#)

Currently distributing groceries on Thursdays only, from 9-11:45 a.m. and 2-4:45 p.m. To receive these grocery bags you must send an email to utafoodpantry@gmail.com to request a pickup time. Include student name, last four digits of UTA ID, requested grocery pickup time, choice of vegetarian, chicken, or any meat groceries.

If you have any questions or content suggestion for the newsletter, please contact Meghan Sheridan: mls9929@mavs.uta.edu



**SCHOOL OF
SOCIAL WORK**

211 S. Cooper Street, Arlington TX 76019
Social Work Program
(817) 272-2135

FOLLOW US ON SOCIAL MEDIA



"The best way to predict your future is to create it."
- Abraham Lincoln