WEEKLY UPDATE
March 8, 2021
*There will not be a newsletter over spring break.

SOCIAL JUSTICE SPOTLIGHT

March is Women’s History Month!
Throughout the month of March there are 20 events planned for students, faculty and staff across campus. The Women’s and Gender Studies Program teamed up with Multicultural Affairs, RVSP, the LGBTQ+ Program, CMAS and other campus organizations to offer numerous and varied programs in recognition of WHM.

Please take some time and put these events on your calendar. Most are virtual but there are also opportunities for socially-distanced and masked events on campus. All are free.

Throughout the month t-shirts, books and other swag will also be available to win by attending and participating in events. You’ll see tables set up on campus, too, with more information about issues we are highlighting during WHM.

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Gimme a Break

This is one of those weeks where I spent more time trying to figure out a clever way to communicate with you than just saying what’s on my mind. So, here it goes… Spring Break is on the horizon, and I need a break!… You need a break!

I was going to convince you that it’s break time because (1) we’re still dealing with the pandemic, locked down, and severely under-socialized, (2) just had “Snowmageddon”, and (3) if you’re like me, still struggling to find a rhythm with this hybrid and online, virtual, Teams-based class thing. But none of that is a good reason to take a break… Do you know what is?

You need a break because you’re human. It’s just how you work. A break, some idle time, relaxation, and recreation are all shades of a basic human need for rest. Everyone requires it, even you!

So, as spring break gets closer, take some time to get clear on your needs, what you want to do to care for those needs, and then make some plans. Will you do that?

Children’s poet Shel Silverstein once penned, “How much good inside a day? Depends how good you live ‘em.” This spring break live some good days: sleep, put an out-of-office reply on your email, go for a walk, sip some tea, rest, relax, and rejuvenate. You need it.

p.s. If you’re still not sure, maybe you need permission. Well, here it is. This message comes straight from your BSW and MSW Directors. That’s right! Professor Magruder and Dr. Praetorius, the leaders of your education and professional preparation, believe caring for your needs is so important to your educational and professional needs that they want all of you to start planning now for a real break on spring break.

Check out UTA’s on-demand and live classes like HIIT the Deck, Mixed Fit, Zumba, NASA Nap, Yoga, and Sit & Stretch:

For more Mavs Hour info please e-mail: Chantinia Chansler

Missed the Student Organization Showcase event last week? Check out the recording here.

WINTER STORM RECOVERY

• Students affected by the recent winter storm may be eligible for UTA’s Emergency Assistance Fund. Those experiencing a temporary financial hardship resulting from this disaster can request a one-time award of up to $500 to cover related expenses. Find more info here.

• Apply for assistance from FEMA here.

• Find Arlington storm recovery resources here.

• Find Fort Worth storm recovery resources here.

YOU MATTER

Rental Assistance

Rental assistance is available for up to 6 months through Arlington Housing Authority for Arlington residents who are behind on their rent due to the pandemic if they meet certain criteria such as income, need is directly related to the pandemic, currently behind on rent, and a few others. The application is at www.arlingtonhousing.us and funding IS still available for the program.

Check out UTA’s on-demand and live classes like HIIT the Deck, Mixed Fit, Zumba, NASA Nap, Yoga, and Sit & Stretch:

For more Mavs Hour info please e-mail: Chantinia Chansler

If you like You Matter posts and want to explore them more deeply, please consider joining us for a Wounded Healers meeting. You can find us on Teams!
ADVISING

• All academic advising appointments are currently being conducted via phone or Microsoft Teams.
• Summer class registration opens April 5th.

We've heard from you that many of you are interested in learning more. Stay tuned as we are developing a guide with the different paths to the LCDC that will be shared in this newsletter at a future time.

• Don’t need a full advising appointment but have general questions? Join your advisor for their weekly Power Hour!

Toy Howard  Monday 10-11
Click here to join the meeting

Valerie Adame  Tuesday 11-12
Click here to join the meeting

Maresia Davis  Wednesday 11-12
Click here to join the meeting

Cleondria Marable  Thursday 11-12
Click here to join the meeting

GRADUATION

• Graduation Honor Cords for NASW Student Members
  • The North Central Texas Fort Worth Area Branch of the NASW Texas Chapter would like to gift a graduation honor cord to each graduating student who is a member of the Fort Worth Area branch or who is graduating from a university located within the Fort Worth Area branch. Please complete this online form to request your honor cord: https://forms.gle/FiRaE5eseZgUDAXf6
  • If you are not yet an NASW member and would like a graduation honor cord from NASW, please visit socialworkers.org/membership to join prior to completing this form. BSW and MSW Student Membership is $60 for one year.
  • The deadline to apply to graduate in May passed on March 1. To apply late, contact your advisor. (There is a $60 late fee.)
  • All students planning to graduate this spring must apply to graduate using MyMav. You must apply to graduate regardless of whether you will walk at a commencement ceremony. Applying to graduate is necessary to have your degree conferred AND in order to receive your diploma. The fee is $40.
  • UTA is tentatively making plans for an in-person commencement ceremony May 13-15, but we don’t yet have all of the details. As soon as we know specifics, we will share them. Please also check here.
  • Save the Date! Evening of Black Excellence: Achievements & Graduation Live via Microsoft Teams on Wednesday, May 12th at 6pm. Purchase your tickets here!

FIELD PLACEMENTS

• InPlace has a new URL! All students, agencies, and Field Instructors will need to use the new URL: https://inplace.uta.edu/
• The InPlace fee is $67 per year or $130 for a lifetime. Each student will need to plan to pay the InPlace fee on the first day of class for that semester they are starting field.
• InPlace Training and Logbook Training can be found here!
• The Spring Field Calendar lists important dates for current field students, as well as summer field application dates.
• Summer Student Application is Open Feb. 15, 2021 – Apr. 09, 2021. This is now updated on the Field website. Currently the Fall Field application is scheduled to open on April 12th - Jun 4th. We will let you know if there are any changes to the Fall application.
• Field forms are available here!
• Field FAQ
• Spring 2021 Field Accomodations Q&A
• If you are having technical difficulties with InPlace please email sswfield@uta.edu and include a screenshot of the issue.
• For the Spring 2021 semester, CSWE has extended the reduction in field hours. Therefore, UTA SSW will continue with the reduced required minimum of 204 hours for Split students and a minimum of 408 hours for Block students for the Spring semester. For further information regarding accommodations for the Spring 2021 semester, please visit the Field webpage by following this link.

FIELD POWER HOURS

This is an opportunity for you to check in and ask questions, similar to Office Hours for faculty!

• Foundation MSW
  • Field Advisor: Natalie Mangham
  • 1st & 3rd Monday of the month, 3-4
  • Click here to join the meeting

• CAP & Children & Families
  • Field Advisor: Monica Brown
  • 1st & 3rd Tuesday of the month, 3-4
  • Click here to join the meeting

• Mental Health
  • Field Advisor: Hector Ramos
  • 1st & 3rd Wednesday of the month, 3-4
  • Click here to join the meeting

• Aging & Health
  • Field Advisor: Sharon Martin
  • 1st & 3rd Thursday of the month, 3:30-4
  • Click here to join the meeting

FIELD POWER HOURS
VIRTUAL EVENTS OF THE WEEK

Disability Awareness Month
- Friday, March 5, 2-4 pm—the Department of Art + Art History and the Disability Studies Minor present the inaugural Dialogues panel: “Art & Disability”
- March 11-13—Toyota NWBA Intercollegiate Wheelchair Basketball National Championships (UTA’s Movin’ Mavs and Lady Movin’ Mavs teams will both be competing)

Save the Date!
Evening of Black Excellence: Achievements & Graduation
Live via Microsoft Teams on Wednesday, May 12th at 6pm. Purchase your tickets here!

Attend a Presentation on the 2022-2023 Fulbright U.S. Student Program!
This is an opportunity for recent graduates or graduate students to conduct independent study/research projects or teach English abroad. The virtual session will be held in Zoom on Tues, 3/16 at 5pm. Event is free, but pre-registration is required here. More info here.

#CardsForCubs Card-A-Thon
March 12th, 12-4pm
Make handmade cards for kids in foster care! Find more info here.

RESEARCH TUTORING CENTER
DROP-IN SOCIAL WORK RESEARCH ASSISTANCE
Calling all students enrolled in 3308! Are you struggling with your research class? Tutors are here to help! Log in through Microsoft Teams to receive assistance.

MODERN SLAVERY
A Decade of Innovation: Statistics in the Fight Against Modern Slavery

Speaker: Dr. Davina Durgan

March 10, 2021
12:00 PM
Search WRMZ2021 in teams for more information contact WFSN@UTA.EDU

Join us for a presentation on the fight against modern slavery, featuring Dr. Davina Durgan.

Virtual School Social Work Discussion Panel
Date: March 10, 2020 @ 7:00 PM

Topics Covered:
- What is school social work?
- Daily tasks?
- Recruitment of RV?
- Benefits & drawbacks?
- Personal experiences?
- Clinical or Macro work?

Click here to attend: FSTSocialWork@gmail.com

Virtual Coffee & Tea with Dr. P
Wednesday, 2-3pm
Please drop in on Teams to visit with me. This is your time every week to share concerns, questions, suggestions, and triumphs. I look forward to seeing you! Join Microsoft Teams Meeting
School of Social Work Scholarships NOW OPEN! Click here to apply by March 26!

Part-time Bilingual Project Hope Coordinator Wanted!

Did you know?
Any Texas resident can register for a Covid vaccine in any Texas County! Sign up in Tarrant County HERE or Dallas county HERE.

Dean Ryan’s Statement on COVID-19 Health Disparities

Have you tested positive? Had close contact with someone with Covid?
1. Complete mandatory reporting form
2. If needed, you can:
   - Ask professors for deadline leniency
   - Contact your USL, Program Director and/or Academic Advisor for additional support and guidance.

Face Covering Protocol:
To create the safest possible environment on campus, UTA implemented a mandatory face-covering protocol, effective until further notice. For more information, click here.

Managing Stress and Anxiety during COVID-19
UTA Counseling and Psychological Services (CAPS)

Therapist Assisted Online (TAO)

- Visit TAOconnect.org
- Download "Thrive at UT" on App Store or Google Play

MAMS Talk 24HR Crisis Line
- Call (817) 272-8219
- Visit uta.edu/caps for more information
Check Canvas for the MavsUnite Page! To add please e-mail: Chantinia Chansler

UTA Academic Calendar

Evidence-Based Practice Research Guide

UTA Library Accessibility

On-Demand & Live Fitness Classes

UMS Specialties

Social Work Webinars List

Basic Function of Teams

Webinar Library
Isabella Hong, an MSW Alum, graciously compiled a list of webinar resources and a video going over the basic functioning of Teams to any who may need assistance. Special thanks to Jose B. Yerena, LCPAA, who has taken over updating the list on a weekly basis! Please note that it is necessary to ask your supervisor permission for these to count towards any required field hours.

Rental Assistance Program
The Tarrant County Rental Assistance Program assists residents who have been impacted by the COVID-19 pandemic. For more details, email renthelp@tarrantcounty.com or call 817-850-7940.

Emergency Assistance Fund
UTA students with a temporary financial hardship resulting from a sudden emergency may apply for financial help.

Get Microsoft 365, The Wall Street Journal and Other Apps FREE with your student email!

How to gain access to SSW writing resources: Advising & Student Success Canvas

UTA/Tri-C Food Pantry Distributions
Currently distributing groceries on Thursdays only, from 9-11:45 a.m. and 2-4:45 p.m. To receive these grocery bags you must send an email to utafoodpantry@gmail.com to request a pickup time. Include student name, last four digits of UTA ID, requested grocery pickup time, choice of vegetarian, chicken, or any meat groceries.

If you have any questions or content suggestion for the newsletter, please contact Meghan Sheridan: mls9929@mavs.uta.edu

UTA Academic Calendar

SAR Center (Formerly Office of Students with Disabilities)

Follow us on social media