The Lady Movin’ Mavs and Movin’ Mavs recently played for their respective National Championships. The men’s team won and brought home the 9th National Championship to UTA, and the women’s received 2nd place after two hard fought games! Congratulations to the School of Social Work’s very own Emily Clarke and Denise Rodriguez who are on the Lady Movin’ Mavs team!

There are only 5 Women’s Collegiate Programs and 15 Men’s Collegiate Programs in the nation for student-athletes with physical disabilities to participate in and obtain a college degree. UTA is one of only two programs in the nation that give full ride scholarships to these student-athletes. This is a big accomplishment, but there is still a lot that needs to be done for equity of this program to really exist when compared to the able-bodied basketball programs.

There is currently a bill before the House (HB 2193) and Senate (SB 776) to require UIL to provide adaptive sports programs throughout the State of Texas for students with disabilities to have the same right to compete in sport like their able-bodied peers. The Committee needs to hear from Texas Residents saying that they want this to pass, so if you feel obliged, please reach out to the committee and your representative to ask them to pass this bill! Find more information [here](#).

WANTED: YOUR INPUT!
How could we have made your transition smoother?

DR. P WANTS TO KNOW YOUR THOUGHTS ABOUT THE MSW ORIENTATION PROCESS!
SCHEDULE AN INTERVIEW ON TEAMS WITH HER INTERN MEGHAN HERE TO GIVE YOUR FEEDBACK.

Congrats to UTA’s Wheelchair Basketball Teams!

Emily Clark  
Denise Rodriguez

UTA MSW PROGRAM

DR. P WANTS TO KNOW YOUR THOUGHTS ABOUT THE MSW ORIENTATION PROCESS!
SCHEDULE AN INTERVIEW ON TEAMS WITH HER INTERN MEGHAN HERE TO GIVE YOUR FEEDBACK.
Busyness is Not a Virtue

I’m just gonna say it: the more you need a reminder to take care of yourself, the more likely it is that you need to do so. If you are overworked, overcommitted, and too busy, that busyness may have been consciously or unconsciously prioritized, and it is hurting you and anyone and anything that you’re aiming to help. So, what does it say about the underlying life, work, or academic culture that, like a broken record, must repeat messages of self-care?

Thomas Merton, in *Conjectures of a Guilty Bystander*, writes: “There is a pervasive form of modern violence to which the idealist...most easily succumbs: activism and over-work...”

To allow oneself to be carried away by a multitude of conflicting concerns, to surrender to too many demands, to commit oneself to too many projects, to want to help everyone in everything is to succumb to violence.

The frenzy of the activist neutralizes [their] work... It destroys the fruitfulness of [their] work, because it kills the root of inner wisdom which makes [the] work fruitful.”

The rush, the pressure, the busyness of our culture is real, but that doesn’t make it always right. Slowing down, simplifying, and saying "no" are essential and healthy aspects of life, and, at the same time, no easy feats. Staying grounded in integrity, the importance of human relationships, and the dignity and worth of every person, including yourself, are revolutionary acts in a culture that continually abandons its values for the unfounded merits of busyness.

What’s the right path, the right work, or the right amount of work for you? Only you, and you alone, can know that. To know it, reconnect with yourself, then others. It’s in our nature to nurture, and that’s the shared call that brings each of us to this work. In doing so, you will challenge and change the culture. Busy is not synonymous with fruitful. Busyness is not a virtue.

Craig Keaton, MSW | Doctoral Student | Adjunct Professor

If you like You Matter posts and want to explore them more deeply, please consider joining us for a Wounded Healers meeting. You can find us on Teams!
**ADVISING**

- Students will be able to view the summer class schedule on MyMav starting April 1.
- Summer class registration opens April 5th.

We’ve heard from you that many of you are interested in learning more. Stay tuned as we are developing a guide with the different paths to the LCDC that will be shared in this newsletter at a future time.

- If your advisor’s appointment schedule is full, please consider emailing them for email-advising, or attend their weekly Power Hour. Please check advising appointments every Monday when new availability opens up for the coming weeks.
- Don’t need a full advising appointment but have general questions? Join your advisor for their weekly Power Hour!

**FIELD PLACEMENTS**

- **Summer Field Application closes Apr. 09, 2021.** Late applications will not be accepted.
- The Fall Field application is tentatively scheduled to be open April 12th-Jun 4th.
- **InPlace has a new URL!** All students, agencies, and Field Instructors will need to use the new URL. [https://inplace.uta.edu/](https://inplace.uta.edu/)
- The InPlace fee is $67 per year or $130 for a lifetime. Each student will need to plan to pay the InPlace fee on the first day of class for that semester they are starting field.
- InPlace Training and Logbook Training can be found here!
- The Spring Field Calendar lists important dates for current field students, as well as summer field application dates.
- Field forms are available here!
- Field FAQ
- Spring 2021 Field Accomodations Q&A
- If you are having technical difficulties with InPlace please email sswfield@uta.edu and include a screenshot of the issue.

**GRADUATION**

- We do not yet know which day the Social Work commencement will be. We will share additional details as soon as we receive them.
- The deadline to **apply to graduate** in May passed on March 1st. To apply late, contact your advisor. (There is a $60 late fee.) All students planning to graduate this spring must apply to graduate using MyMav. You must apply to graduate regardless of whether you will walk at a commencement ceremony. Applying to graduate is necessary to have your degree conferred AND in order to receive your diploma. Fee is $40.
- In-person, virtual commencement programs planned for May
  - UT Arlington will host in-person commencement ceremonies at Globe Life Field from May 13-16 to celebrate its spring 2021 and all 2020 graduates, while preserving virtual commencement ceremonies for those who prefer an online celebration. The spring commencement exercises will mark the first time UTA has hosted in-person ceremonies since December 2019, as all 2020 ceremonies were canceled due to the COVID-19 pandemic.
  - All 2020 and spring 2021 graduates should RSVP with their intention to participate in an in-person or virtual commencement ceremony. To do so, they should register with MarchingOrder using their UTA student email address. (Although the deadline of 3/17 has already passed, students are still able to register via this form).

**FIELD POWER HOURS**

This is an opportunity for you to check in and ask questions, similar to Office Hours for faculty!
- **Foundation MSW**
  - Field Advisor: Natalie Mangham
  - 1st & 3rd Monday of the month, 3-4
  - [Click here to join the meeting](#)
- **CAP & Children & Families**
  - Field Advisor: Monica Brown
  - 1st & 3rd Tuesday of the month, 3-4
  - [Click here to join the meeting](#)
- **Mental Health**
  - Field Advisor: Hector Ramos
  - 1st & 3rd Wednesday of the month, 3-4
  - [Click here to join the meeting](#)
- **Aging & Health**
  - Field Advisor: Sharon Martin
  - 1st & 3rd Thursday of the month, 3:30-4
  - [Click here to join the meeting](#)
**Virtual Events of the Week**

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**Virtual Coffee & Tea with Dr. P**

*Wednesday, 2-3pm*

Please join in on Teams to visit with me. This is *your time* every week to share concerns, questions, suggestions, and triumphs. I look forward to seeing you! If you have something confidential to discuss, please reach out for a private appointment instead. [Join Microsoft Teams Meeting](#).

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**Integrative Seminar vs. Thesis: Which One is Right for You?**

*April 1, 11am (event will be recorded and shared)*

**Join an Open Discussion with Your Director About the Positives and Processes of Each Option.**

[Click HERE to join the meeting on Teams!](#)

---

**Maximize LinkedIn for Your Career - Live Demo**

*Wednesday, April 7th, 12:00 pm - 1:00 pm*

Join Chaim Shapiro for a live demo on LinkedIn. You'll learn how to optimize your profile to attract recruiters and get you sharing experiences they want to see. [Questions? Contact careers@uta.edu](#)

---

**Drinks & Dialogue**

*4pm on 4/2/21*

Students: tune into a lively chat led by professors! Drinks & Dialogue features interesting social work topics that affect us all. Grab your favorite drink and join the virtual discussion! This session, hosted by Wanda Bolton-Davis, Theresa Davis, & Bonnie Dockery, will address engaging with families, groups, and individuals.

---

**Did you know that UTA has a Career Center?**

Are you aware of all the services provided even after you have graduated?

**Join the Lockheed Martin Career Center Virtual Event!**

You will be provided information about the Career Center and all it has to offer students and alumni!

*Thursday, April 1, 2021
5 p.m. - 6 p.m.*

[CLICK HERE TO JOIN!](#)

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[CLICK HERE TO JOIN!](#)
**Emergency Rental Assistance Program**

The Neighborhood Services Department is offering an Emergency Rental Assistance Program (ERAP) to Fort Worth residents who have been impacted by COVID-19. **Click Here to Apply for Emergency Rental Assistance.**

**Write for diversity story contest**

UTA Libraries encourages students, faculty, and staff to share their creativity and insight in **Shifts Perspectives: A Short Story Diversity Contest**. Write a fiction story on how the shifting of perspectives has allowed for a more inclusive and equitable viewpoint. The top prize is a $500 gift card. Submissions are due by Sunday, April 18. Winners will be announced Friday, May 21, on World Diversity Day.

**UTA is Offering Additional Financial Help to Students in Need**

UTA plans to provide HEERF II Emergency Grants of $1,000 for full-time students and $500 for part-time students who meet federal eligibility criteria, and $600 for full-time Accelerated Online students and $300 for part-time Accelerated Online students. You can apply for this grant by logging into your MyMav account, clicking the ‘MyForms’ tile located on the UTA Student Homepage, and then clicking on the “Fill Out a New Form” button. Students may apply for assistance through UTA’s Emergency Assistance Fund. Please visit our HEERF II Frequently Asked Questions page for more information.

**PAT BRANDENBURG SCHOLARSHIP IN LATINO STUDIES IN THE COLLEGE OF LIBERAL ARTS**

### FUNDING

[Image of a piggy bank]

Find your summer at Camp Fort Worth—apply today to be a Camp Leader!

**Deadline:** April 9th, 2021

[Image of a map and text]

**PAT BRANDENBURG SCHOLARSHIP FOR MALS MINORS**

### RESEARCH

**Student Research Opportunity Center**

**Social Work Course Guides**

**Research Tutoring Center**

**DROP-IN SOCIAL WORK RESEARCH ASSISTANCE**

Calling all students enrolled in SOC 204 or SOC 301 and eligible with current annual (2020-2021) social work research opportunity center membership. The Center is located in the Social Work Building on the second floor. Stop by for any of the following services:

- **Drop-in social work research assistance**
- **Research tutoring**
- **Research consultation**

Located in room 229 of the Social Work Building. Stop by during the following hours:

**Tuesdays and Thursdays:** 11:00 a.m. to 4:00 p.m.

**Mondays and Wednesdays:** 1:00 p.m. to 4:00 p.m.

**STAY SAFE**

**UTA continues protocols to protect campus community**

In the interest of the health and safety of our community, UTA’s current COVID-19 protocols and guidance will remain in effect through May 31, at which point they will be reassessed. This decision has been made after review of the latest Governor’s Executive Order, which goes in effect Wednesday, March 10, and its direction that higher education institutions are to follow the most recent guidance issued by the Texas Education Agency. Read the [announcement](#).

**Dean Ryan's Statement on COVID-19 Health Disparities**

**UTA’s COVID Vaccine Resource Page**

If you believe you have contracted COVID19, please type in the 'COVID-19 Testing' and your zip code into the Texas Health and Human Services to find a testing location closest to you.

Did you know? Any Texas resident can register for a Covid vaccine in any Texas County! Sign up in Tarrant County [HERE](#) or Dallas county [HERE](#).

**Have you tested positive?**

**Had close contact with someone with Covid?**

1. **Complete mandatory reporting form**
2. If needed, you can:
   - Ask professors for deadline leniency
   - Contact your USTL, Program Director and/or Academic Advisor for additional support and guidance.

**Face Covering Protocol:**

To create the safest possible environment on campus, UTA implemented a mandatory face-covering protocol, effective until further notice. For more information, click [here](#).

**MANAGING STRESS AND ANXIETY DURING COVID-19**

**Therapist Assisted Online (TAO)**

**Managing Stress and Anxiety During COVID-19**

**UTA Counseling and Psychological Services (CAPS)**

**Thrive App**

**MAY’S TALK 24HR CRISIS LINE**

**Call 817-272-8215**

Visit uta.edu/caps for more information

[Image of a phone and text]

[Image of a heart and text]
Check Canvas for the MavsUnite Page! To add please e-mail: Chantinia Chansler

SAR Center
(Formerly Office of Students with Disabilities)

UTA Academic Calendar

Evidence-Based Practice Research Guide

UTA Library Accessibility
On-Demand & Live Fitness Classes

Webinar Library
Isabella Hong, an MSW Alum, graciously compiled a list of webinar resources and a video going over the basic functioning of Teams to any who may need assistance. Special thanks to Jose B. Yerena, LCPAA, who has taken over updating the list on a weekly basis! Please note that it is necessary to ask your supervisor permission for these to count towards any required field hours.

MSW Specialties
Social Work Webinars List
Basic Function of Teams

Rental Assistance Program
The Tarrant County Rental Assistance Program assists residents who have been impacted by the COVID-19 pandemic. For more details, email renthelp@tarrantcounty.com or call 817-850-7940.

Get Microsoft 365, The Wall Street Journal and Other Apps FREE with your student email!

How to gain access to SSW writing resources: Advising & Student Success Canvas

UTA/Tri-C Food Pantry Distributions
Currently distributing groceries on Thursdays only, from 9-11:45 a.m. and 2-4:45 p.m. To receive these grocery bags you must send an email to utafoodpantry@gmail.com to request a pickup time. Include student name, last four digits of UTA ID, requested grocery pickup time, choice of vegetarian, chicken, or any meat groceries.

If you have any questions or content suggestion for the newsletter, please contact Meghan Sheridan: mls9929@mavs.uta.edu

"Far and away the best prize that life has to offer is the chance to work hard at work worth doing."
- Theodore Roosevelt