Celebrate Black History Month with Us & Learn About Mary Church Terrell (1863 – 1954)

As a "well-known African American activist" who accomplished a lot for the field of social work by achieving many milestones for the Black community in the early 20th century, Mary Church Terrell proved herself to be a significant African American leader in American history. Below are just a few of her many accomplishments,

- 1896: co-founded the National Association of Colored Women (NACW)
- 1909: co-founded the National Association for the Advancement of Colored People (NAACP)
- 1910: Co-founded the College Alumnae Club (later the National Association of University Women)
- Protested segregation at the John R. Thompson Restaurant in Washington D.C., which led to the Supreme Court ruling that restaurant segregation is unconstitutional in 1953

Click HERE to read more about Terrell’s work and accomplishments.
Hello Mavs! My name is Hannah Hensley (she/her) and I am a new intern in the GSL program. I earned my BS in Public Health from Southern New Hampshire University in 2021. I am pursuing my MSW with the plan to work towards my LCSW in the future. Throughout my undergrad experience, I developed a passion for maternal mental health and hope to be able to serve in this space. I currently reside in Tucson, AZ due to my husband being active-duty military. We have a full house with our two big dogs and three children – our five-year-old son and two-year-old boy-girl twins! In addition to being a stay-at-home parent and grad student, I am also newly homeschooling my children and enjoy gardening, reading, exercising, watercolor, and whatever other hobbies I can get my hands on during nap time! I am excited and grateful to serve as your GSL this Spring!

Interested in becoming a GSL? Click here!

---

YOU MATTER

So Love Yourself!

With Valentine's Day upon us, it only seems fitting to speak on the subject of love! Love is an important part of the human experience, and the way we love others, ourselves and the love we accept from others are important determinations for healthy relationships.

According to the New York State website on teen dating violence awareness, the makings of a healthy relationship include: comfortable boundaries, open and honest communication, trust and consent. You can click HERE to read more about what this means.

Do you feel as though your romantic or platonic relationships lack any of these important tenets? In that case it may be time to have a difficult, but important conversation or even take some time to reflect on how you treat others.

When communicating about your needs, it may feel a bit awkward; however, it is important for the health of any relationship. It is always best to use "I statements" rather than accusatory statements and actively listening to the other.

If you feel as though it is unsafe to openly communicate about your thoughts and feelings in a relationship, then you may be experiencing domestic violence. This can come in the form of physical, verbal, psychological or financial abuse. You can click HERE to learn more.

If you ever fear for your safety within any relationship, you may call 1.800.799.SAFE (7233), text "START" to 88788 or visit: Domestic Violence Support | The National Domestic Violence Hotline (thehotline.org).

Best Wishes,
Jordon Ward
MSW Student, Graduate Student Leader, The University of Texas at Arlington
My name is Traecia Nichols, I am the Student Success Coordinator for the School of Social Work. In my role I work with students who are facing crises and need help accessing university and community resources. This section will consist of resources that are available to you as a student. If you are in need of resources or have any questions or concerns, please contact me at traecia.nichols@uta.edu.

**RESOURCE OF THE WEEK**

**CRIME VICTIM SERVICES**

The Crime Victim Services program provides assistance to students, faculty, staff, and visitors of UTA’s campus. You do not need to have an open police case for our office to help. We want to support you the best we can during this process, and our department can offer you a variety of services: Crisis counseling, medical accompaniment, criminal justice support and information, status of case process, and court accompaniment

- Information and referral to local social service providers
- Notification and assistance applying for Crime Victims’ Compensation
- Assistance with evidence return
- Personal advocacy
- Training to police officers, campus groups, and community resources

**Graduating? Check your Outlook MyMav!**

- Go to your MyMav student center
- Select "Apply for Graduation" in the drop-down menu
- Pay the $40 application fee
- Complete Exit Survey
- Monitor your student email for notices from the graduation desk
- Please click here for more information regarding how to apply for graduation.
- **Additional graduation information** such as attire and purchasing honor cords can be found by clicking here

**IMPORTANT DATES**

**SPRING 2023**

- March 01: Last day to apply for Spring ’23 graduation (there is a $60 added fee for late applications)
- March 13 – March 17: Spring Vacation
- March 31: Last day to drop classes (submit a request to advisors by 4pm); last day to apply for Summer Field in InPlace
- April 03: Registration Opens for Summer 2023 & Fall 2023
- May 02: Last day of classes
- May 03: Student Study Day (No classes)
- May 04 – May 10: Final Exams
- May 12: Commencement Ceremonies (Tentative)
- May 24: Final official transcripts due for courses taken outside of UTA
ADVISING

Need to meet with an advisor but there's no upcoming appointment available? Drop-in either in person or virtually on Wednesdays. To schedule your 30-minute drop-in time, click here. Be sure to select in-person or virtual and your advisor. Remember, drop-in sessions are on a first come basis.

Feeling a bit lost? Start with your Graduate Student Leader!

Don't know who that is?
Email Martaya Brown or LeCia Edwards to get connected!

Connections Lab Highlight

Practice writing like a professional by following THESE PRO TIPS
Need help with an assignment? Click HERE to schedule a session with our Connections Lab tutors
Want additional help in school? Enroll in the Connections Lab course on Canva!

LICENSING

• If you're in your final semester and want to get started on applying to ASWB to take the LMSW licensing exam, click here to request the Dean's Letter for Licensure, which UTA will send to ASWB. More info can be found on the ASWB site and our SSW licensure page.
• There's lots of great updated information about licensing in the Student Success and Advising Course on Canvas—Check it out!
• Interested in the LCDC? Scroll to the end of this Licensing webpage and click on the Texas LCDC Licensing 2021 PDF for a chart that shows how different education levels can prepare you for the LCDC.

FIELD PLACEMENTS

General

• InPlace has a new URL! All students, agencies, and Field Instructors will need to use the new URL. https://inplace.uta.edu/
• The InPlace fee is $67 per year or $130 for a lifetime. Each student will need to plan to pay the InPlace fee on the first day of class for that semester they are starting field.
• InPlace Training and Logbook Training can be found here!
• Field forms are available here!
• Field FAQ
• If you are having technical difficulties with InPlace please email sswfield@uta.edu and include a screenshot of the issue.

FIELD POWER HOURS

This is an opportunity for you to ask questions, similar to Office Hours for faculty!
• Aging, CAP & Health (Interim Field Advisor for Mental Health last names A-L)
  • Field Advisor: Natalie Mangham
  • 1st & 3rd Tuesday of the month, 2-3 pm
  • Click here to join the meeting
• Children & Families
  • Field Advisor: Monica Brown
  • 1st & 3rd Wednesday of the month, 4-5 pm
  • Click here to join the meeting
• BSW/BSSUT (Interim Field Advisor for Mental Health last names M-Z)
  • Field Advisor: Sharon Martin
  • 1st & 3rd Thursday of the month, 3-4 pm
  • Click here to join the meeting
• Foundation
  • Field Advisor: Andrea Jameson
  • 1st and 3rd Thursday of the month, 6-7 pm
  • Click here to join the meeting
New Student Orientation
March 9th
12pm – 1:30pm
Details Coming Soon!
RESOURCES

**UTA Academic Calendar**

**Social Work Program**

**SAR Center**
(Formerly Office of Students with Disabilities)

**MANAGING STRESS AND ANXIETY DURING COVID-19**

**Therapist Assisted Online (TAO)**

Visit TAOconnect.org

**Mavs Talk 24HR Crisis Line**

Call (817)272-0255

**RESOURCES**

- UTA Academic Calendar
- UTA Library Accessibility
- SAR Center
- On-Demand & Live Fitness Classes

**Rental Assistance Program**

The Tarrant County Rental Assistance Program assists residents who have been impacted by the COVID-19 pandemic. For more details, email renthelp@tarrantcounty.com or call 817-850-7940.

**Emergency Assistance Fund**

UTA students with a temporary financial hardship resulting from a sudden emergency may apply for financial help.

**Get Microsoft 365, The Wall Street Journal and Other Apps FREE with your student email!**

How to gain access to SSW writing resources: Advising & Student Success Canvas

**UTA/Tri-C Food Pantry Distributions**

Currently distributing groceries on Thursdays only, from 9-11:45 a.m. and 2-4:45 p.m. To receive these grocery bags you must send an email to utafoodpantry@gmail.com to request a pickup time. Include student name, last four digits of UTA ID, requested grocery pickup time, choice of vegetarian, chicken, or any meat groceries.

If you have any questions or content suggestion for the newsletter, please contact Jordon Ward: jxw9372@mavs.uta.edu or Reagan Leslie: reagan.leslie@uta.edu

“In the right to vote and the right to work will freedom be found.”
— Mary Church Terrell