

**MASTER OF SOCIAL WORK****WEEKLY UPDATE**  
**February 28, 2023****SOCIAL JUSTICE SPOTLIGHT****Celebrate Black History Month with Us & Learn  
About Sojourner Truth (1797 – 1883)**

Born as Isabella Bomfree and living her life as a slave in New York until 1827, Truth grew into an influential advocate for abolition, temperance, civil rights and women's rights.

In 1828, Truth moved to New York City where she worked for a minister, and spent many years participating in the religious revivals of the time. In 1843 she officially changed her name to Sojourner Truth.

In her career, Truth met many influential abolitionists and gave many anti-slavery speeches at their request. She also met women's rights and temperance activists and helped with their causes as well by speaking across the nation, such as her famous "Ain't I a Woman?" speech given in Akron, Ohio.

Towards the end of her life, Truth continued to help individuals escape slavery, got involved with the Freedmen's Bureau and helped freed slaves find employment and advocated against segregation.

[You can click HERE to read more about Truth's life.](#)

**TABLE OF  
CONTENTS****Page 1: Social Justice Spotlight****Page 2: Student Spotlight, YOU  
MATTER****Page 3: Student Success Coordinator  
Weekly Resource, Important Dates,  
Graduation Information****Page 4: Advising, GSL, Connections  
Lab, Licensing & Field Placement  
info, Field Power Hours****Page 5: Events, Academic, Job &  
Volunteer Opportunities****Page 6: Resources**

## STUDENT SPOTLIGHT



Hi everyone! My name is Reagan Leslie. I am in my second semester of the MSW program with UTA and this is my first semester as a GSL Newsletter Intern. I am currently a foundation student, but I plan on specializing in Mental Health and Substance Misuse. I graduated from Texas State University with a Bachelor's of Fine Arts in Theatre with a minor in Social Work in Fall 2021. I have a deep passion for working with children who have behavior and mental health issues and want to normalize children going to therapy and having a safe space. I know that this experience will give me the opportunity to work with wonderful individuals and expand my knowledge for my future career. I look forward to being one of the interns in charge of our newsletter and to be a contribution to the success of UTA's MSW program. GO MAVS!

Interested in becoming a GSL? [Click here!](#)

## YOU MATTER

### Self Love is Self Care

Hello my fellow graduates! Two weeks ago, I wrote about the concept of love and what a healthy relationship looks like. Well, this week I want to talk about your relationship with yourself!

As you may be aware, "professional self-care is paramount for competent and ethical social work practice" (para. 2) according to the [NASW Code of Ethics](#). Therefore, it is important you treat yourself with care and self-love.

Self-love can take many forms and may look different to many people. Below are some ways in which you can practice self-love.

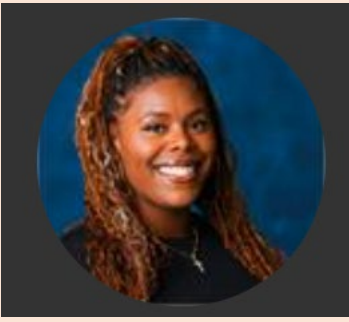
- Speak kindly to yourself
- Forgive yourself when you have made a mistake
- Make time for yourself and your priorities
- Listen to your body

I personally like to practice self-love by being my authentic self; I love to sing, dance and make goofy jokes.

How do you practice self-love?

[Click HERE to read more about self-love.](#)

Best Wishes,  
**Jordon Ward**  
**MSW Student, Graduate**  
**Student Leader, The University of Texas**  
**at Arlington**



My name is Traecia Nichols, I am the Student Success Coordinator for the School of Social Work. In my role I work with students who are facing crises and need help accessing university

and community resources. This section will consist of resources that are available to you as a student. If you are in need of resources or have any questions or concerns, please contact me at [traecia.nichols@uta.edu](mailto:traecia.nichols@uta.edu).

## RESOURCE OF THE WEEK

### Emergency Housing

Students experiencing primary homelessness (i.e., living on the streets, in parks, in car, and/or deserted buildings) may be able to receive temporary housing assistance. The Dean of Students office has on-campus, confidential, and temporary emergency housing for students experiencing primary homelessness (i.e., living on the streets, in a car, in parks, and/or deserted buildings) as a result of domestic violence, relationship and/or sexual violence, family violence, stalking, displacement as a result of gender and/or sexual identity, and/or other identifiable emergency related situations.

### Contact Information

Students experiencing homelessness are advised to email the Director of Student Advocacy Services and/or [EAF@UTA.EDU](mailto:EAF@UTA.EDU).

[Represent Social Work by clicking HERE and purchasing your own t-shirt or sweater!](#)

## IMPORTANT DATES

### SPRING 2023

- March 01: Last day to apply for Spring '23 graduation (there is a \$60 added fee for late applications)
- March 13 – March 17: Spring Vacation
- March 31: Last day to drop classes (submit a request to advisors by 4pm); last day to apply for Summer Field in InPlace
- April 03: Registration Opens for Summer 2023 & Fall 2023
- April 23: co-hort students deadline to drop courses
- May 02: Last day of classes
- May 03: Student Study Day (No classes)
- May 04 – May 10: Final Exams
- May 12: Commencement Ceremonies (Tentative)
- May 24: Final official transcripts due for courses taken outside of UTA

### Graduating? Check your Outlook MyMav!

- Go to your MyMav student center
- Select "Apply for Graduation" in the drop-down menu
- Pay the \$40 application fee
- Complete Exit Survey
- Monitor your student email for notices from the graduation desk
- Please click [here](#) for more information regarding how to apply for graduation.
- **Additional graduation information such as attire and purchasing honor cords can be found by clicking [here](#)**



## ADVISING

Need to meet with an advisor but there's no upcoming appointment available? Drop-in either in person or virtually on Wednesdays. To schedule your 30-minute drop-in time, click [here](#). Be sure to select in-person or virtual and your advisor. Remember, drop-in sessions are on a first come basis.

Feeling a bit lost?  
Start with your Graduate Student Leader!

Don't know who that is?

Email [Martaya Brown](#) or [Lecia Edwards](#) to get connected!

### Connections Lab Highlight

Attend Tutoring Office Hour March 7th, 1pm: "[How to work effectively in online groups](#)"

[Click HERE to schedule a session with our Connections Lab tutors](#)

Want access to APA resources?  
[Enroll in the Connections Lab course on Canvas!](#)

## LICENSING

- If you're in your final semester and want to get started on applying to ASWB to take the LMSW licensing exam, [click here](#) to request the Dean's Letter for Licensure, which UTA will send to ASWB. More info can be found [on the ASWB site](#) and our [SSW licensure page](#).
- **There's lots of great updated information about licensing in the Student Success and Advising Course on Canvas—Check it out!**
- Interested in the LCDC? Scroll to the end of this [Licensure](#) webpage and click on the Texas LCDC Licensing 2021 PDF for a chart that shows how different education levels can prepare you for the LCDC.



## FIELD PLACEMENTS

### General

- **InPlace has a new URL! All students, agencies, and Field Instructors will need to use the new URL.** <https://inplace.uta.edu/>
- The InPlace fee is \$67 per year or \$130 for a lifetime. Each student will need to plan to pay the InPlace fee on the first day of class for that semester they are starting field.
- [InPlace Training](#) and [Logbook Training](#) can be found here!
- [Field forms are available here!](#)
- [Field FAQ](#)
- If you are having technical difficulties with InPlace please email [sswfield@uta.edu](mailto:sswfield@uta.edu) and include a screenshot of the issue.

### FIELD POWER HOURS

**This is an opportunity for you to ask questions, similar to Office Hours for faculty!**

- Aging, CAP & Health (Interim Field Advisor for Mental Health last names A-L)
  - Field Advisor: Natalie Mangham
  - 1st & 3rd Tuesday of the month, 2-3 pm
  - [Click here to join the meeting](#)
- Children & Families
  - Field Advisor: Monica Brown
  - 1st & 3rd Wednesday of the month, 4-5 pm
  - [Click here to join the meeting](#)
- BSW/BSSUT ( Interim Field Advisor for Mental Health last names M-Z)
  - Field Advisor: Sharon Martin
  - 1st & 3rd Thursday of the month, 3-4 pm
  - [Click here to join the meeting](#)
- Foundation
  - Field Advisor: Andrea Jameson
  - 1st and 3rd Thursday of the month, 6-7 pm
  - [Click here to join the meeting](#)



# EVENTS

## EpicMays SCHEDULE

### PROGRAM FACILITATORS:

Hayden Blackburn  
Executive Director  
at TechTV

Dev'n Goodman  
Engagement Manager  
at TechTV

Week 1: 1.26.23 Entrepreneurial Mindset	Week 2: 2.2.23 Fall in Love with the Problem: Customer Discovery & Development	Week 3: 2.9.23 "I have an idea - what's next?" Prototyping & Product Design	Week 4: 2.16.23 Social Entrepreneurs Solving Community Problems
Week 5: 2.23.23 Startup Stories: Maverick Winners UTA Alumni	Week 6: 3.2.23 Don't stop at the first "No"	Week 7: 3.9.23 Bootstrapping: Launching and growing with your own resources	Week 8: 3.16.23 Spring Break: No Session
Week 9: 3.23.23 Angel Funding Q&A: Green Lights & Red Flags	Week 10: 3.30.23 Lessons in Failure	Week 11: 4.6.23 Digital Marketing	Week 12: 4.13.23 Founders' Health & Self-Care: Entrepreneurship Mental Health

### POINTS OF DISCUSSION

- Foundation vs. advanced students
- the five specialties

### JOIN US FOR OUR VIRTUAL

## NEW STUDENT ORIENTATION

### PRESENTED BY

DR. JONIC WHITE,  
DIRECTOR OF GRADUATE PROGRAMS & GRADUATE STUDENT LEADERS

AMON FERUSH  
MARY BELL  
READAN LEBLIE  
JORDAN WARD

**MARCH 09**  
12-1:30PM

- graduate leadership certificate program
- military certification
- OSL program

SCAN HERE TO JOIN US!

• advising  
• field  
• upcoming  
• "Developing an MSW identity workshop"

CLICK HERE TO JOIN THE MEETING

# PRISM

LGBTQ+ Community Conversations



Join the LGBTQ+ Program for an opportunity to connect with other queer students and discuss all topics relating to the LGBTQ+ community



Mondays 1-2  
Central Library Room 318

## MAVSTALK: ANXIETY AND ACADEMICS

LEARN ABOUT THE SYMPTOMS OF ANXIETY AND DISCOVER STRESS-REDUCTION TECHNIQUES RELATED TO ACADEMIC WORK.

WEDNESDAY, MARCH 1ST  
3:00PM-4:00PM  
MAVERICK ACTIVITIES CENTER, 213  
500 W. NEDDERMAN DR.,  
ARLINGTON, TX

IF YOU NEED ACCOMMODATIONS TO PARTICIPATE, PLEASE CONTACT CAPS AT 817-272-3671.



# ACADEMIC OPPORTUNITIES



Interested in Social Work with Children + Families?

## Join the Social Workers for Children + Families Student Organization

- Network with other UTA students
- Hear from professionals within the social work field

To join, scan the QR code or contact Wendy Thornell through Teams or email (wjt6416@mavs.uta.edu)

## MSW Thesis Peer Support

Click the flyer to fill in an interest form at <https://forms.office.com/r/WvDxpeyaf>

We're looking to start an ongoing group that will share a Teams chat to provide a space for coworking and support

Scan the code or click the link below to schedule your meeting!



<https://outlook.office365.com/owa/calendar/719e0f57stipends@bookings.uta.edu/bookings>

## Meet the Authors



March 4, 2023 • 9 a.m. - 12 p.m.  
Dallas College Mountain View Campus

The Lifestyle in Social Work Summit is an opportunity for participants to understand the power of stories.

Contributing authors from the book will attend an on-site Q&A with their authors and share their own stories through a panel discussion.

After the Q&A panel discussion, attendees will have an opportunity to share with the authors and be inspired by their own story writing journey.

These CEUs provided by NASW

\$40 Early Bird Special!

Registration includes:

- Entry to summit
- Entry to book launch
- An exclusive book signing and photo opportunity with the authors

Registration link: <https://www.eventbrite.com/e/lifestyle-in-social-work-summit-dallas-tickets-69248948948>

## Interested in macro social work?

The Student Association for Macro Social Work provides Peer Support & Professional Development for students interested in macro social work!

First Mondays 7-8pm via Teams  
February 6 - March 6 - April 3 - May 1

For questions, scan the QR code



## MavPlanner & MavScheduler

Already registered for next semester? Don't stop there. Keep blazing your trail to graduation with MavPlanner in MyMav, UTA's personalized degree planning tool.



# JOB OPPORTUNITIES

UTA Career Development Center  
division of student affairs

## UT ARLINGTON ALL MAJORS JOB & INTERNSHIP FAIR

MORE DETAILS AT [UTA-JOINHANDSHAKE.COM](http://UTA-JOINHANDSHAKE.COM)

WEDNESDAY 01 MARCH  
FROM 12 PM - 4 PM IN PERSON  
MAVERICK ACTIVITIES CENTER

1. Have your resume reviewed by our office beforehand.
2. Attend our "Prepare for the Fair" event on 02/15/23 11:30AM - 2:00PM UC Bluebonnet.
3. Dress professional and bring your Mav ID/several copies of your resume to the event.

Browse a list of employers attending at Handshake!

If you need accommodations for a service, program, or event, please contact the Career Development Center at [careers@uta.edu](mailto:careers@uta.edu) at least five business days in advance.

[@hireamav](https://www.facebook.com/hireamav) [@hireamav](https://www.instagram.com/hireamav) [@hireamav](https://www.linkedin.com/company/hireamav) [@hireamav](https://www.tiktok.com/@hireamav) [@hireamav](https://www.youtube.com/channel/UC...) [uta.edu/careers](https://www.uta.edu/careers)

Denton County CSCD

Interested in being an agent of change?

Denton County Adult Probation is looking to expand our team!

Apply online at <https://www.governmentjobs.com/careers/dentoncounty>

# VOLUNTEER OPPORTUNITIES



## SOCIAL WORK ADVOCACY DAY (SWAD) 2023

Save the date!

March 3, 2023

Texas State Capitol

@naswtx\_advocacy

[naswtx.org](https://www.naswtx.org) [facebook.com/naswtx](https://www.facebook.com/naswtx) [instagram.com/naswtx](https://www.instagram.com/naswtx) [youtube.com/naswtx](https://www.youtube.com/channel/UC...)



May 18 2023  
27th Annual UTA Scholarship Benefit Powwow

## VOLUNTEERS WANTED

Learn about Native American Culture while helping the community



When: March 18  
Where: UTA MAC

If you are interested please email: [Roshann.Soto@uta.edu](mailto:Roshann.Soto@uta.edu) or [steph@uta.edu](mailto:steph@uta.edu)

## UTA Academic Calendar

## UTA Library Accessibility



**Check Canvas for the MavsUnite Page!**  
**To add please e-mail:**  
[Emily Clark](mailto:Emily.Clark@uta.edu)

## SAR Center

(Formerly Office of Students with Disabilities)

### MANAGING STRESS AND ANXIETY DURING COVID-19

UTA COUNSELING AND PSYCHOLOGICAL SERVICES (CAPS)

#### THERAPIST ASSISTED ONLINE (TAO)

Visit [TAOconnect.org](http://TAOconnect.org)

#### THRIVE APP

Download "Thrive at UT" on App Store or Google Play

#### MAVS TALK 24HR CRISIS LINE

Call (817)272-8255

Visit [uta.edu/caps](http://uta.edu/caps) for more information

UTA is a COMMUNITY THAT CARES

### SOCIAL WORK CONNECTIONS LAB



#### RECEIVE HELP WITH:

- Brainstorming ideas
- APA formatting
- Writing flow & structure
- Meeting requirements
- Build social work skills
- Avoiding plagiarism



Log in to your school account and go to [s310177230101.com/330003333](http://s310177230101.com/330003333)

Get ahead this semester by booking your appointments now!



**DREAMERS WELCOME**

In Crisis?  
Text HELLO to 741741

CRISIS TEXT LINE | Free, 24/7, Confidential

Please contact us with any additional questions:

Visit [uta.edu/caps](http://uta.edu/caps) or Scan the QR code



#### Our Services

**Peer-Led Team Learning (PLTL)**  
 Ready and group study workshops are offered to support UTA students in their academic success. PLTL helps you gain a better understanding of content, concepts, and how to apply what you learn.  
 PLTL is a free for students but requires registration required during first week of classes.  
 PLTL study groups begin the 3rd week of class and attendance is mandatory. Class groups consisting of 8-12 students will be assigned. Meet weekly for 1-2 hours to work through study questions, assigned readings, and other course materials.  
 PLTL provides an online platform where students can request support during their course of study.

**Supplemental Instruction (SI)**  
 SI is a program designed to help students who are struggling in a course. SI is a free service provided by UTA. SI is available for all UTA students who are struggling in a course. SI is available for all UTA students who are struggling in a course. SI is available for all UTA students who are struggling in a course.

**Tutoring**  
 Tutoring is available for all UTA students who are struggling in a course. Tutoring is available for all UTA students who are struggling in a course. Tutoring is available for all UTA students who are struggling in a course.

**Academic Coaching**  
 Academic Coaching is a free service provided by UTA. Academic Coaching is a free service provided by UTA. Academic Coaching is a free service provided by UTA.

**TRIO Student Support Services**

- Eligible requirements: U.S. Citizen or permanent resident and have or expect the following qualifications:
  - 1) First Generation Student
  - 2) Pell Grant Recipient
  - 3) Student with a disability (registered with SARC)
- 500 staff work one-on-one with students to guide students through to graduation. Services include: advising and tutoring, academic development, navigating UTA and other requirements.
- Individual and group tutoring services to program participants.

**Academic Coaching**

- Academic Coaching is a free service provided by UTA.
- Academic Coaching is a free service provided by UTA.
- Academic Coaching is a free service provided by UTA.


THE UNIVERSITY OF TEXAS AT ARLINGTON COUNSELING & PSYCHOLOGICAL SERVICES

## MAVS talk

24 HOUR CRISIS LINE

817-272-TALK (8255)  
[WWW.UTA.EDU/CAPS](http://WWW.UTA.EDU/CAPS)  
 303 RANSOM HALL

### On-Demand & Live Fitness Classes



### Rental Assistance Program

The [Tarrant County Rental Assistance Program](http://Tarrant County Rental Assistance Program) assists residents who have been impacted by the COVID-19 pandemic. For more details, email [renthelp@tarrantcounty.com](mailto:renthelp@tarrantcounty.com) or call [817-850-7940](tel:817-850-7940).

The Lifeline is **FREE**, confidential, and always available.

**HELP** a loved one, a friend, or yourself.

Community crisis centers answer Lifeline calls.

**NATIONAL SUICIDE PREVENTION LIFELINE**  
 1-800-273-TALK (8255)  
[suicidepreventionlifeline.org](http://suicidepreventionlifeline.org)

**Learn the Warning Signs.**

© 2018 National Suicide Prevention Lifeline. All rights reserved. Printed 2020 - Reprinted 2011. CMRS-017-0128

**Emergency Assistance Fund**  
 UTA students with a temporary financial hardship resulting from a sudden emergency [may apply for financial help.](#)

**Get Microsoft 365, The Wall Street Journal and Other Apps FREE with your student email!**

How to gain access to SSW writing resources: [Advising & Student Success Canvas](#)

**UTA/Tri-C Food Pantry Distributions**  
 Currently distributing groceries on Thursdays only, from 9-11:45 a.m. and 2-4:45 p.m. To receive these grocery bags you must send an email to [utafoodpantry@gmail.com](mailto:utafoodpantry@gmail.com) to request a pickup time. Include student name, last four digits of UTA ID, requested grocery pickup time, choice of vegetarian, chicken, or any meat groceries.

**If you have any questions or content suggestion for the newsletter, please contact Jordon Ward: [jxw9372@mavs.uta.edu](mailto:jxw9372@mavs.uta.edu) or Reagan Leslie: [reagan.leslie@uta.edu](mailto:reagan.leslie@uta.edu)**