Celebrate National Social Work Month with Us!

According to the National Day Calendar, in 1963 the National Association of Social Workers (NASW) developed National Social Work History Month, and in 1984 it was officially recognized by President Ronald Reagan under Proclamation 5167.

The theme this year is "Social Work Breaks Barriers," which can be accomplished by social workers from the micro-, mezzo- and macro-levels!

Social Workers are breaking barriers daily, like Jennifer Garross who helps individuals who experience mental health crises through the Chicago Crisis Assistance Response and Engagement (CARE) program, Kristina M. Whiton-O'Brien who helps individuals with voting access through Vot-ER, and Caitlyn Ryan who helps families with the acceptance process of children who identify as LGBTQIA2S+ through the Family Acceptance Project.

Through your chosen specialty and future career, you too can break barriers for the populations you feel most passionate about!

Click HERE to read more about the NASW's theme for this month.
My name is Blake McCafferty, and I am an Army veteran. I spent nine years in the service. I helped my Soldiers grow, so that they get the most out of life. My undergraduate program was in Emergency and Disaster Management. I joined the GSL program to help students, like with my Soldiers, with questions as they go through the MSW program. My goals are to help you experience your best years at the university. I want you to grow and help the way you are training and learning. We are the future and are the ones that can make a difference. In everything you do, realize that you can achieve what you put your mind to. You could be the one, the one that ends the negative in society bringing out the brightest picture.

Interests: writing songs, research, and helping overcome challenges.

Consistency

Within this new year, many individuals want to make change for the better. The first step is to identify the problems within ourselves. Finding our failures and accepting it as a big mistake, then that is the first progress of change.

Second, observing plateaus in life may help benefit your goals. Acknowledging your previous failures will help you strive for consistency.

Once you acknowledge it, change your habits. Examples could be cooking food at home rather than eating out, studying more at the library, finding a gym and sticking to a plan, or deleting social media to focus on building confidence, self-esteem, and security.

Consistency will change you for the better. In order to better yourself, you must make a change for improvement.

So therefore, stay consistent!

Best Regards,
Andwelah Givens
The University of Texas at Arlington
BSW Student

Interested in becoming a GSL? Click here!
IMPORTANT DATES

SPRING 2023

• March 13 – March 17: Spring Vacation
• March 31: Last day to drop classes (submit a request to advisors by 4pm); last day to apply for Summer Field in InPlace
• April 03: Registration Opens for Summer 2023 & Fall 2023
• April 23: co-hort students deadline to drop courses
• May 02: Last day of classes
• May 03: Student Study Day (No classes)
• May 04 – May 10: Final Exams
• May 12: Commencement Ceremonies (Tentative)
• May 24: Final official transcripts due for courses taken outside of UTA

Graduating? Check your Outlook MyMav!

• Go to your MyMav student center
• Select "Apply for Graduation" in the drop-down menu
• Pay the $40 application fee
• Complete Exit Survey
• Monitor your student email for notices from the graduation desk
• Please click here for more information regarding how to apply for graduation.
• Additional graduation information such as attire and purchasing honor cords can be found by clicking here

My name is Traecia Nichols, I am the Student Success Coordinator for the School of Social Work. In my role I work with students who are facing crises and need help accessing university and community resources. This section will consist of resources that are available to you as a student. If you are in need of resources or have any questions or concerns, please contact me at traecia.nichols@uta.edu.

RESOURCE OF THE WEEK

Student Employment

The Division employs over 500 students in various capacities. We use Handshake as our application platform, and we'd love you to learn more about the variety of opportunities across the division by looking at our Student Employment page. To find the current listing of job opportunities follow the link below.

Contact Information

Website: https://www.uta.edu/student-success/about/employment

Represent Social Work by clicking HERE and purchasing your own t-shirt or sweater!
ADVISING

Need to meet with an advisor but there's no upcoming appointment available? Drop-in either in person or virtually on Wednesdays. To schedule your 30-minute drop-in time, click here. Be sure to select in-person or virtual and your advisor. Remember, drop-in sessions are on a first come basis.

Field Power Hours

This is an opportunity for you to ask questions, similar to Office Hours for faculty!

- Aging, CAP & Health (Interim Field Advisor for Mental Health last names A-L)
  - Field Advisor: Natalie Mangham
  - 1st & 3rd Tuesday of the month, 2-3 pm
  - Click here to join the meeting

- Children & Families
  - Field Advisor: Monica Brown
  - 1st & 3rd Wednesday of the month, 4-5 pm
  - Click here to join the meeting

- BSW/BSSUT (Interim Field Advisor for Mental Health last names M-Z)
  - Field Advisor: Sharon Martin
  - 1st & 3rd Thursday of the month, 3-4 pm
  - Click here to join the meeting

- Foundation
  - Field Advisor: Andrea Jameson
  - 1st and 3rd Thursday of the month, 6-7 pm
  - Click here to join the meeting

LICENSING

- If you're in your final semester and want to get started on applying to ASWB to take the LMSW licensing exam, click here to request the Dean's Letter for Licensure, which UTA will send to ASWB. More info can be found on the ASWB site and our SSW licensure page.
- There's lots of great updated information about licensing in the Student Success and Advising Course on Canvas—Check it out!
- Interested in the LCDC? Scroll to the end of this Licensure webpage and click on the Texas LCDC Licensing 2021 PDF for a chart that shows how different education levels can prepare you for the LCDC.

Connections Lab Highlight

Attend Tutoring Office Hour March 20th, 6pm: Proof Checking Your Paper

Click HERE to schedule a session with our Connections Lab tutors

Study tip: Use the buddy system
A study of college students at 38 different US institutions revealed that of the 78% that participated in study groups, 70% reported that being in a study group increased their motivation to study. 60% also reported that their level of learning increased in the group setting. Reach out to your classmates today to form a study group & utilize this academic hack.

FIELD PLACEMENTS

General

- InPlace has a new URL! All students, agencies, and Field Instructors will need to use the new URL. https://inplace.uta.edu/
- The InPlace fee is $67 per year or $130 for a lifetime. Each student will need to plan to pay the InPlace fee on the first day of class for that semester they are starting field.
- InPlace Training and Logbook Training can be found here!
- Field forms are available here!
- Field FAQ
- If you are having technical difficulties with InPlace please email sswfield@uta.edu and include a screenshot of the issue.

Field InPlace has a new URL! All students, agencies, and Field Instructors will need to use the new URL. https://inplace.uta.edu/
The University of Texas Arlington has developed the EDGE Program (Empowerment, Development, and Growth in Education for Hispanic Graduate Students), to increase post-baccalaureate support and services to students. Students who are awarded funds from the EDGE Program Scholarship are expected to participate in activities with the EDGE Center, these include professional development workshops, academic skill building sessions, and activities outside of the classroom. **Applicants can be from any graduate Master’s degree program at UT Arlington.**

If you, or someone you know is in a Master’s program at UTA, you/they might want to check out this scholarship. It’s for graduate students, under-represented backgrounds and we are awarding for this current Spring 2023 semester. Awards are $1,000 and the application closes 3/17/2023.

**Need of internship or volunteer hours?**

Housing Forward (previously MDHA) is looking for in-person help for a short time. It would be mostly office and clerical work. If anyone is interested, please reach out to Stephanie Mace by 12pm on Monday, March 06. You can contact Ms. Mace via email at smace@unitedwaydallas.org.
RESOURCES

UTA Academic Calendar

MANAGING STRESS AND ANXIETY DURING COVID-19
UTA COUNSELING AND PSYCHOLOGICAL SERVICES (CAPS)

THERAPIST ASSISTED ONLINE (TAO)
Visit TAOconnect.org

MAVS TALK 24HR CRISIS LINE
Call (817) 272-0255

UTA Library Accessibility

Check Canvas for the MavsUnite Page!
To add please e-mail: Emily Clark

SAR Center
(Formerly Office of Students with Disabilities)

THrive App
Download "Thrive at UTM" on App Store or Google Play

Dreamers Welcome

In Crisis? Text HELLO to 741741

Follow us on social media

On-Demand & Live Fitness Classes

Rental Assistance Program
The Tarrant County Rental Assistance Program assists residents who have been impacted by the COVID-19 pandemic. For more details, email renthelp@tarrantcounty.com or call 817-850-7940.

Emergency Assistance Fund
UTA students with a temporary financial hardship resulting from a sudden emergency may apply for financial help.

Get Microsoft 365, The Wall Street Journal and Other Apps FREE with your student email!

How to gain access to SSW writing resources: Advising & Student Success Canvas

UTA/Tri-C Food Pantry Distributions
Currently distributing groceries on Thursdays only, from 9-11:45 a.m. and 2-4:45 p.m. To receive these grocery bags you must send an email to utafoodpantry@gmail.com to request a pickup time. Include student name, last four digits of UTA ID, requested grocery pickup time, choice of vegetarian, chicken, or any meat groceries.

If you have any questions or content suggestion for the newsletter, please contact Jordon Ward: jxw9372@mavs.uta.edu or Reagan Leslie: reagan.leslie@uta.edu

“One person can make a difference, and everyone should try.” — John Fitzgerald Kennedy

501 W. Mitchell Street, Arlington, TX 76019
Social Work Program
(817) 272-2135