Celebrate National Women's History Month with Us!

In 1987 National Women's History Month was established to honor all the women who dedicated their lives toward making our world a better place for women of all demographics. You can click HERE to read more.

According to Zippia (2022), there are currently 255,843 employed social workers, with 80.5% of them identifying as women. With the majority of the field consisting of women paving the way, it is important to acknowledge their contribution towards the field.

A few key women social workers are,
- Barbara Mikulski (1936 - ): prevented the construction of a 16-lane highway which would have cut through the first Black home ownership neighborhood.
- Frances Feldman (1913 – 2008): conducted a study in the 1970s which revealed discrimination against cancer patients, and furthermore, led to modification of fair employment legislation.
- Mary Ellen Richmond (1861 – 1928): one of the first social workers to push for the standardization of the field.

Click HERE to read about more influential women in the field.
Greetings and salutations my peers! My name is Jordon Elizabeth Lee Ward; I earned my B.A. in Psychology from the University of Dallas in 2019, and I am now a second year MSW student specializing in Community and Administrative Practice (CAP). This is my first semester as a GSL intern serving as a Newsletter Lead, and I am excited to get to know and learn from my constituents, provide an interesting and informative newsletter, and develop into the social work leader I hope to become. When I am not focusing on my studies, I am working full time, spending time with my loved ones and sweet cat, Booboos, traveling, and testing my mind with trivia and puzzles. I love art, and I try to lead my life with a quote in mind from my favorite artist, Vincent Van Gogh; "what would life be if we had no courage to attempt anything." With that said, I implore you all to muster up the courage to attempt everything you desire in this world; go forth and make great change dear friends!

Interested in becoming a GSL? Click here!

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Take a Break!

This semester we have talked a lot about setting goals and doing what is necessary to achieve them. Well, as we are returning from Spring Break, it only seems fitting to discuss the necessity of rest!

Just as it is important to work towards your goals to become the person you want to be, it too is important to rest and relax for both your physical and mental health.

According to Mental Health America, rest is pertinent toward your learning and memory-making abilities. It also helps to restore your energy, prevent heart disease and depression.

Some tips for getting a good night's rest include: avoiding caffeine and nicotine late in the evening, naps and watching TV in bed.

As Stephen King wrote in one of my favorite books, The Shining, "all work and no play makes Jack a dull boy;" well, all work and no rest makes you unhealthy! So be sure to get some rest.

Best Wishes,

Jordon Ward
The University of Texas at Arlington
GSW Student
IMPORTANT DATES

SPRING 2023

• March 31: Last day to drop classes (submit a request to advisors by 4pm); last day to apply for Summer Field in InPlace

• April 03: Registration Opens for Summer 2023 & Fall 2023

• April 23: co-hort students deadline to drop courses

• May 02: Last day of classes

• May 03: Student Study Day (No classes)

• May 04 – May 10: Final Exams

• May 12: Commencement Ceremonies (Tentative)

• May 24: Final official transcripts due for courses taken outside of UTA

Graduating? Check your Outlook MyMav!

My name is Traecia Nichols, I am the Student Success Coordinator for the School of Social Work. In my role I work with students who are facing crises and need help accessing university and community resources. This section will consist of resources that are available to you as a student. If you are in need of resources or have any questions or concerns, please contact me at traecia.nichols@uta.edu.

RESOURCE OF THE WEEK

Maverick Pantry

Are you or someone you know experiencing food and financial insecurity? UTA Maverick Pantry can provide support to our fellow mavericks with essential food items, blankets, baby food, professional attire, and more.

Contact Information

Website: https://www.uta.edu/student-affairs/dos/advocacy/maverick-pantry

Represent Social Work by clicking HERE and purchasing your own t-shirt or sweater!

Additional graduation information such as attire and purchasing honor cords can be found by clicking here.
ADVISING

Need to meet with an advisor but there's no upcoming appointment available? Drop-in either in person or virtually on Wednesdays. To schedule your 30-minute drop-in time, click here. Be sure to select in-person or virtual and your advisor. Remember, drop-in sessions are on a first come basis.

Feeling a bit lost? Start with your Graduate Student Leader!

Don't know who that is? Email Martaya Brown or Lecia Edwards to get connected!

Connections Lab Highlight

Attend Tutoring Office Hour March 20th, 6pm: Proof Checking Your Paper

Click HERE to schedule a session with our Connections Lab tutors

Study tip: Think strategically about where to study!

While a coffee shop with friends may be more fun and appealing, think about what you need to focus and effectively.

LICENSING

• If you're in your final semester and want to get started on applying to ASWB to take the LMSW licensing exam, click here to request the Dean's Letter for Licensure, which UTA will send to ASWB. More info can be found on the ASWB site and our SSW licensure page.
• There's lots of great updated information about licensing in the Student Success and Advising Course on Canvas—Check it out!
• Interested in the LCDC? Scroll to the end of this Licensure webpage and click on the Texas LCDC Licensing 2021 PDF for a chart that shows how different education levels can prepare you for the LCDC.

FIELD PLACEMENTS

General

• InPlace has a new URL! All students, agencies, and Field Instructors will need to use the new URL. https://inplace.uta.edu/
• The InPlace fee is $67 per year or $130 for a lifetime. Each student will need to plan to pay the InPlace fee on the first day of class for that semester they are starting field.
• InPlace Training and Logbook Training can be found here!
• Field forms are available here!
• Field FAQ
• If you are having technical difficulties with InPlace please email sswfield@uta.edu and include a screenshot of the issue.

FIELD POWER HOURS

This is an opportunity for you to ask questions, similar to Office Hours for faculty!
• Aging, CAP & Health (Interim Field Advisor for Mental Health last names A-L)
  • Field Advisor: Natalie Mangham
  • 1st & 3rd Tuesday of the month, 2-3 pm
  • Click here to join the meeting
• Children & Families
  • Field Advisor: Monica Brown
  • 1st & 3rd Wednesday of the month, 4-5 pm
  • Click here to join the meeting
• BSW/BSSUT (Interim Field Advisor for Mental Health last names M-Z)
  • Field Advisor: Sharon Martin
  • 1st & 3rd Thursday of the month, 3-4 pm
  • Click here to join the meeting
• Foundation
  • Field Advisor: Andrea Jameson
  • 1st and 3rd Thursday of the month, 6-7 pm
  • Click here to join the meeting
Trillium Family Services

Help Trillium Keep Oregon Well and Change the World!

Trillium Family Services is committed to providing the highest quality of care and development opportunities for our Child & Family Therapists in order to promote professional growth and development. Orientation classroom sessions are provided for all new employees. The Professional Development Program includes numerous activities scheduled in advance and conducted on an ongoing basis. The Training & Development Program includes opportunities for participation in testing outside the organization, such as an annual training conference, workshops, seminars and formal continuing education courses. CEUs are available for some activities.

Please be aware that as a professional counselor, you will be required to have weekly ongoing clinical supervision for up to 1 year or more. Trillium provides two hours of supervision, which costs an average of $100 per hour. The supervisor is paid for our services, which are thousands of dollars. We have found that one of the best ways to support our clients is to have ongoing supervision with a supervisor that we can trust. It is important to be aware of the costs associated with ongoing supervision.

CLINICAL LICENSURE SUPERVISION

Employees may receive clinical supervision for licensure in the following areas:

- Individual and group supervision is offered annually.
- Employees will be allowed to communicate their needs, willingness and flexibility to accommodate supervision by time and content.
- Employees will have access to on-site licensed supervisors as they are available.
- For additional information, our clinical supervisors are available to discuss supervision arrangements and costs.

We can educate. Make a difference.

TRILLIUM FAMILY SERVICES

Job Posting for EAF Coordinator

Statewide Child Protective Investigator Virtual Career Fair

March 28, 2023

www.atlantic.vccs.edu/3d/virtual-career-fair

Join Our Team

Working in your Community to Build Strengthener Families

What We Do

- We find evidence-based practices and implement them in our work
- We provide trauma-informed care
- We work collaboratively with other agencies
- We focus on the well-being of children and their families

What You Get

- Health insurance
- Retirement plan
- Tuition assistance
- Opportunities for professional development

Be Essential. Make a Difference.

We can educate. Make a difference.

TRILLIUM FAMILY SERVICES
**Rent**

The [Tarrant County Rental Assistance Program](https://www.tarrantcounty.com/) assists residents who have been impacted by the COVID-19 pandemic. For more details, email renthelp@tarrantcounty.com or call 817-850-7940.

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**Emergency Assistance Fund**

UTA students with a temporary financial hardship resulting from a sudden emergency [may apply for financial help](https://www.uta.edu/caps/)

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**Get Microsoft 365, The Wall Street Journal and Other Apps FREE with your student email!**

How to gain access to SSW writing resources: [Advising & Student Success Canvas](https://canvas.uta.edu)

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**UTA/Tri-C Food Pantry Distributions**

Currently distributing groceries on Thursdays only, from 9-11:45 a.m. and 2-4:45 p.m. To receive these grocery bags you must send an email to utafoodpantry@gmail.com to request a pickup time. Include student name, last four digits of UTA ID, requested grocery pickup time, choice of vegetarian, chicken, or any meat groceries.

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If you have any questions or content suggestion for the newsletter, please contact Jordon Ward: jxw9372@mavs.uta.edu or Reagan Leslie: reagan.leslie@uta.edu

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**RESOURCES**

**SAR Center**

(Formerly Office of Students with Disabilities)

**On-Demand & Live Fitness Classes**

“The one of us can make a difference. Together we make change.”

— Barbara Mikulski