Mental Health Awareness Month

History
Mental Health Awareness Month was created in 1949 by Mental Health America to equip citizens with resources as a part of their outreach program to improve mental health, to raise awareness of the importance of mental health, and to celebrate recovery from mental illness.

 Millions of Americans have experienced stress, trauma, anxiety, and heightened levels of depression. Despite these disturbing numbers, less than half of Americans struggling with mental illness receive the treatment they need. The 2022 theme is “Back to Basics,” where the focus will be providing a base education about mental health and mental health conditions, and information about what people can do if their mental health is a cause for concern.

Ways To Participate
• Lean into your skills and interests.
• Work with your local Mental Health America affiliate.
• Create social change.
• Share your story.
• Volunteer with Crisis Text Line.
• Volunteer with the National Suicide Prevention Lifeline.
• Check in with the people you love.
• Try actively listening.

Source: https://www.mhanational.org/mental-health-month
**COURSE SPOTLIGHT**

**Important Dates**

**SPRING 2022**

- **May 2nd** – Fall Field Application Opens
- **May 3rd** – Last day of classes
- **May 13th** – Commencement!

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**Course Spotlight**

**Environmental Justice & Green Social Work**

Fall 2022

- **Topics include:**
  - Environmental Racism
  - Ecological issues for children, older adults, women, and low-income populations
  - Climate-forced Migration
  - Natural Disaster Response
  - Health & The Environment
  - Ecotherapy for Mental Health
  - Environmental Policy
  - Micro and Macro Level Advocacy Strategies

**Course:**  
SOCW 3310 (Undergraduate) / SOCW 5310 (masters)

**Modality:** Online-Asynchronous (with required lectures and optional live sessions)

**Instructor:** Karen Magruder, LCSW-S

Assistant Professor of Practice

karen.magruder@uta.edu

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**NASW Student Membership Scholarships**

The North Central Texas - Fort Worth Area Branch of NASW-TX is committed to supporting social work students by providing one-time student membership scholarships. Student membership scholarships are provided to selected self-nominated college/university students majoring in social work. The student membership scholarship is designed to support students to connect and become involved with NASW at the national, state, and local levels. Student membership scholarship recipients receive a full student membership to NASW for one year. Applications are due June 3rd. Click [HERE](#) for more information and to apply.

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**CEU OPPORTUNITIES**

**Free CEU’s from Valdosta State University**

For All Licensed Clinical Social Workers

Do you want to learn more about dementia, caregiving, and cultural considerations while working with diverse communities? [Click](#) for more information.
**ADVISING**

Need to meet with an advisor but there's no upcoming appointment available? Drop-in either in person or virtually on Wednesdays. To schedule your 30-minute drop-in time, click here. Be sure to select in-person or virtual and your advisor. Remember, drop-in sessions are on a first come basis.

Feeling a bit lost? Start with your Graduate Student Leader!

Don't know who that is? Email Stacie Hill to get connected!

**FIELD PLACEMENTS**

**General**

- InPlace has a new URL! All students, agencies, and Field Instructors will need to use the new URL: [https://inplace.uta.edu/](https://inplace.uta.edu/)
- The InPlace fee is $67 per year or $130 for a lifetime. Each student will need to plan to pay the InPlace fee on the first day of class for that semester they are starting field.
- InPlace Training and Logbook Training can be found here!
- Field forms are available here!
- Field FAQ
- If you are having technical difficulties with InPlace please email sswfield@uta.edu and include a screenshot of the issue.
- Are you a CAP student ready for your advanced field placement? Check out the Funding section for paid opportunities!

**Spring 2022**

- See the Spring 2022 Field Education Calendar here.

**Summer 2022**

- The Summer 2022 Field Application is now open.
- Application Deadline was April 23, 2022.
- See the Summer 2022 Field Education Calendar for Block here and for Split here.

**FIELD POWER HOURS**

This is an opportunity for you to ask questions, similar to Office Hours for faculty!

- Foundation MSW
  - Field Advisor: Natalie Mangham
  - 1st & 3rd Monday of the month, 3-4
  - [Click here to join the meeting](#)
- CAP & Children & Families
  - Field Advisor: Monica Brown
  - 1st & 3rd Tuesday of the month, 3-4
  - [Click here to join the meeting](#)
- Mental Health
  - Field Advisor: Hector Ramos
  - 1st & 3rd Wednesday of the month, 3-4
  - [Click here to join the meeting](#)
- Aging & Health
  - Field Advisor: Sharon Martin
  - 1st & 3rd Thursday of the month, 3:30-4
  - [Click here to join the meeting](#)

**LICENSING**

- If you're in your final semester and want to get started on applying to ASWB to take the LMSW licensing exam, click here to request the Dean's Letter for Licensure, which UTA will send to ASWB. More info can be found on the ASWB site and our SSW licensure page.
- There's lots of great updated information about licensing in the Student Success and Advising Course on Canvas—Check it out!
- Interested in the LCDC? Scroll to the end of this [Licensure](#) webpage and click on the Texas LCDC Licensing 2021 PDF for a chart that shows how different education levels can prepare you for the LCDC.
Mentorship Opportunity

Arlington ISD is looking to set up some of their students with mentors. Help support our community schools!

If interesting, please reach out to Stephanie Tucker at stephanie.tucker@mavs.uta.edu

At this time, the Virtual Support Groups are not available for MSW students, but we do ask for support and to please refer anyone that could use these services. Email SSWVirtualClinic@uta.edu for information.
### Covid-19 Vaccine

Contact [covidvaccine@uta.edu](mailto:covidvaccine@uta.edu) with any questions. If the dates and times of these clinics don’t work for you, the COVID-19 vaccine is free and widely available in Arlington and surrounding communities. To find a vaccine or booster near you, enter your zip code into the [CDC’s COVID-19 vaccine finder](https://www.cdc.gov/vaccines/). Click Here for more information.

**Required COVID-19 testing and new protective measures for Spring 2022 (English and Español) (uta.edu)**

Classroom density, updated info from university on testing and return to campus.

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- Are you a student of Latinacones (Latina) dancers?
- Are you interested in participating in a research study that explores the impact of COVID-19 on Latina dancers?
- The study aims to understand the experiences and challenges faced by Latina dancers during the pandemic.

If you are interested and willing to participate, please contact the study team at [Latinacones@gmail.com](mailto:Latinacones@gmail.com) for more information.

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Check Canvas for the MavsUnite Page! To add please e-mail: Emily Clark

Rental Assistance Program
The Tarrant County Rental Assistance Program assists residents who have been impacted by the COVID-19 pandemic. For more details, email renthelp@tarrantcounty.com or call 817-850-7940.

Emergency Assistance Fund
UTA students with a temporary financial hardship resulting from a sudden emergency may apply for financial help.

Get Microsoft 365, The Wall Street Journal and Other Apps FREE with your student email!

How to gain access to SSW writing resources: Advising & Student Success Canvas

UTA/Tri-C Food Pantry Distributions
Currently distributing groceries on Thursdays only, from 9-11:45 a.m. and 2-4:45 p.m. To receive these grocery bags you must send an email to utafoodpantry@gmail.com to request a pickup time. Include student name, last four digits of UTA ID, requested grocery pickup time, choice of vegetarian, chicken, or any meat groceries.

If you have any questions or content suggestion for the newsletter, please contact Tuesday Darling: tbd2290@mavs.uta.edu

“There is hope, even when your brain tells you there isn’t.”
— John Green
Are you looking for an internship placement where you can grow professionally, learn leadership skills, receive mentoring, and help fellow MSW students? Have you heard about the Graduate Student Leader (GSL) program? Well, starting Fall 2022, the GSL program is expanding the internship component.

Foundation MSW students can choose to intern within the School of Social Work Academic Affairs Department as a GSL. How cool is that?!?!

If you are interested in this new initiative, here is what you need to do.

Press Ctrl and Click on this link to complete the GSL application https://utaedu.questionpro.com/t/AQrvRZsYLo

Place a checkmark in the designated box on the application to show that you would like to do GSL as an internship.

SSW leadership will review applications and notify students of their decision and next steps.

Keep in mind that you can still serve as a GSL even if you do not want to use this as your field placement. Whether you are a volunteer GSL, or you use this as a field placement, you will provide much needed support to fellow MSW students. Interns will have additional opportunities to lead special projects and receive mentoring.

Interested? Click on the application link to get the process started!

Applications opened for Fall Field placement on May 2, 2022. The deadline to submit applications is June 24, 2022.

**SOCW 5301, 5304, and 5306 must be completed before students can take field placement/seminar.**

Email Stacie Hill to get more information about the GSL program and this awesome internship opportunity for fall 2022!