



MASTER OF SOCIAL WORK

WEEKLY UPDATE June 13, 2022



SOCIAL JUSTICE SPOTLIGHT

June is National PTSD Awareness Month!

June is National PTSD Awareness Month, which brings awareness to what PTSD is, and raises a multitude of campaigns that run for the benefit of PTSD survivors. PTSD stands for post-traumatic-stress-disorder and can occur in people who have experienced traumatic events. Symptoms may include nightmares, insomnia, irritability, depression, anxiety, disturbing thoughts and many more.

History

The U.S. Senate declared June 27 National PTSD Awareness day, in the year 2010. In 2014, they designated the whole month of June to bring more awareness to PTSD and to help people seek help when it came to PTSD. PTSD dates to 50 B.C. when Hippocrates described a soldier's experience returning home after a battle. Throughout WW1 and WW2 this disorder was called 'Shell Shock' and 'Battle Fatigue'. It was renamed to PTSD during the Vietnam war during the 1970's.

How to Observe

- Help spread information (resources, campaigns, go to events)
• Be there for survivors
• Learn about PTSD

Source: https://nationaltoday.com/national-ptsd-awareness-month/



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## COURSE SPOTLIGHT

How do pollution & climate change impact vulnerable communities?  
What can social workers do about it?

### Environmental Justice & Green Social Work

Fall 2022

Topics include:

- Environmental Racism
- Ecological issues for children, older adults, women, and low-income populations
- Climate-forced Migration
- Natural Disaster Response
- Health & The Environment
- Ecotherapy for Mental Health
- Environmental Policy
- Micro and Macro Level Advocacy Strategies

All readings  
are free!  
No textbook  
to purchase!

**Course:**

**SOCW 3310** (Undergraduate) / **SOCW 5310** (Masters)  
Environmental Justice & Green Social Work

**Modality:**

Online- Asynchronous (with recorded lectures and optional live sessions)

**Instructor:**

Karen Magruder, LCSW-S  
Assistant Professor of Practice  
karen.magruder@uta.edu



SCHOOL OF  
SOCIAL WORK

Fall 2022

## SOCW 5356 COGNITIVE BEHAVIORAL INTERVENTIONS

Learn practical tools for engagement, assessment and intervention using this popular, evidence-based approach!

No textbook to purchase!

**Format:** Online Asynchronous

**Instructor:** Karen Magruder, LCSW-S

Questions? Email [karen.magruder@uta.edu](mailto:karen.magruder@uta.edu)



**Prerequisite:**  
SOCW 5311

## IMPORTANT DATES

### SUMMER 2022

- **June 17** – Juneteenth Holiday
- **June 23** – Census Date
- **July 4** – Independence Day Holiday
- **July 21** - Last Day to Drop Classes
- **August 10** – Last Day of Classes
- **August 13** – Commencement Ceremonies

## CEU OPPORTUNITIES

### Free CEU's from Valdosta State University

For All Licensed Clinical Social Workers

Do you want to learn more about dementia, caregiving, and cultural considerations while working with diverse communities? [Click](#) for more information.



## ADVISING

Need to meet with an advisor but there's no upcoming appointment available? Drop-in either in person or virtually on Wednesdays. To schedule your 30-minute drop-in time, click [here](#). Be sure to select in-person or virtual and your advisor. Remember, drop-in sessions are on a first come basis.

Feeling a bit lost?  
Start with  
your  
Graduate Student  
Leader!

Don't know who that is?

Email [Stacie Hill](#) to get  
connected!

## LICENSING

- If you're in your final semester and want to get started on applying to ASWB to take the LMSW licensing exam, [click here](#) to request the Dean's Letter for Licensure, which UTA will send to ASWB. More info can be found [on the ASWB site](#) and our [SSW licensure page](#).
- **There's lots of great updated information about licensing in the Student Success and Advising Course on Canvas—Check it out!**
- Interested in the LCDC? Scroll to the end of this [Licensure](#) webpage and click on the Texas LCDC Licensing 2021 PDF for a chart that shows how different education levels can prepare you for the LCDC.



## FIELD PLACEMENTS

### General

- **InPlace has a new URL! All students, agencies, and Field Instructors will need to use the new URL.** <https://inplace.uta.edu/>
- The InPlace fee is \$67 per year or \$130 for a lifetime. Each student will need to plan to pay the InPlace fee on the first day of class for that semester they are starting field.
- [InPlace Training](#) and [Logbook Training](#) can be found here!
- [Field forms are available here!](#)
- [Field FAQ](#)
- If you are having technical difficulties with InPlace please email [sswfield@uta.edu](mailto:sswfield@uta.edu) and include a screenshot of the issue.
- Are you a CAP student ready for your advanced field placement? Check out the Funding section for paid opportunities!

### Summer 2022

- The Summer 2022 Field Application is now closed.
- See the Summer 2022 Field Education Calendar for Block [here](#) and for Split [here](#).  
**InPlace fee is due on the first day of class**

### Fall 2022

- The Fall 2022 Field Application is now open.
- Application Deadline is **June 24, 2022**.
- See the Summer 2022 Field Education Calendar for Block and for Split [here](#).  
**InPlace fee is due on the first day of class**

## FIELD POWER HOURS

**This is an opportunity for you to ask questions, similar to Office Hours for faculty!**

- Foundation MSW
  - Field Advisor: Natalie Mangham
  - 1<sup>st</sup> & 3<sup>rd</sup> Monday of the month, 3-4
  - [Click here to join the meeting](#)
- CAP & Children & Families
  - Field Advisor: Monica Brown
  - 1<sup>st</sup> & 3<sup>rd</sup> Tuesday of the month, 3-4
  - [Click here to join the meeting](#)
- Mental Health
  - Field Advisor: Hector Ramos
  - 1<sup>st</sup> & 3<sup>rd</sup> Wednesday of the month, 3-4
  - [Click here to join the meeting](#)
- Aging & Health
  - Field Advisor: Sharon Martin
  - 1<sup>st</sup> & 3<sup>rd</sup> Thursday of the month, 3:30-4
  - [Click here to join the meeting](#)



## GET INVOLVED

At this time, the Virtual Support Groups are not available for MSW students, but we do ask for support and to please refer anyone that could use these services. Email [SSWVirtualClinic@uta.edu](mailto:SSWVirtualClinic@uta.edu) for information.



### STUDENTS FOR GLOBAL CHANGE (SGC)

Interested in making an impact regarding social injustices? Advocate for social issues? Join Students for Global Change (SGC) to start making an impact!

MEETS EVERY 3RD WEDNESDAY PDF EACH MONTH | 5-6 PM | TEAMS VIRTUAL MEETINGS EVERYBODY'S WELCOME!

To participate, please register: <https://forms.gle/8nHefg53IB1EXqa9>

Follow us @SGCUTA- Students for Global Change  
Email us at [sgc.uta@gmail.com](mailto:sgc.uta@gmail.com)

### INTERESTED IN MACRO SOCIAL WORK?



JOIN SAMSW FOR OUR PEER SUPPORT MEETINGS ON THE FIRST MONDAY OF THE MONTH!  
CLICK HERE OR SCAN THE QR CODE TO JOIN.

FEBRUARY 7 | MARCH 7 | APRIL 4  
5:30 - 6:30 PM  
MICROSOFT TEAMS



Weekly Virtual Support Group Schedule		
Tuesday	Thursday	Saturday
Parenting During a Pandemic 6pm - 7pm	COVID and Caregiver 6pm - 7pm	First Generation and International Students' Success 9:00am - 10:00am
Promoting Healthy Habits 7:15pm - 8:15pm	Women's Virtual Room of Recovery 7:15pm - 8:15pm	Accommodating for Success 10:15am - 11:15am
		Building Better Interpersonal Relationships 11:30am - 12:30pm
TBD		
Military Women Empowerment Group		
Men's Virtual Room of Recovery		
Active Duty, Deployed Guard and Reserve Group		

## LEARN A NEW ADVOCACY SKILL WITH SPEAK & SKILLSHARE!

IT'S FREE!

RSUASIVE WRITING | TIME MANAGEMENT | ARTIVISM | ADVOCACY



[CLICK HERE TO LEARN MORE](#)

[Click Here for more info](#)



Please help stock up the new Maverick Pantry! Donating any of the items below would be greatly appreciated.

- Pasta
- Pasta sauce
- Peanut butter & jelly
- Rice
- Beans
- Instant oatmeal
- Granola bars
- Dried fruit
- Canned vegetables
- Canned fruits
- Shelf stable milk
- Feminine / period products
- Toiletries

Drop off donations to the Dean of Students Office, Lower Level of the UC, B150.

To schedule donation drop off by vehicle, email [EAJ@uta.edu](mailto:EAJ@uta.edu). We will gladly meet you in front of the UC to receive donations from your car.

#CommunityThatCares



## EVENTS



University of Texas at Arlington

# JUNE Tenth FESTIVAL

CELEBRATING FREEDOM

JUNE 15TH | 11 AM - 1 PM

Food • Performances • Drinks • Free event

Sponsored by  
Office of Multicultural Affairs, UTA, Office of Diversity, Equity & Inclusion  
& The Center for African American Studies

If you need accommodations to participate please email: [rafiya\\_sahonji@uta.edu](mailto:rafiya_sahonji@uta.edu)



### Connections Tutoring Lab

UTA School of Social Work

NOW OPEN

Schedule a 30 minute session with a writing tutor!

[Book your session HERE!](#)



<https://uvelook.office365.com/owa/calendar/UTASoWConnectionsLab@maya.uta.edu/bookings/>

### SSW DEI Event Calendar

Join us in a brave space as we both celebrate cultural heritage months and discuss racial and justice issues within our campus and surrounding communities.

May 20	June 16	July 15	August 25
Topic: Asian American and Pacific Islander Heritage Month with Student Government representatives	Topic: Pride Month & Inmigrant Heritage Month with Events on Campus in Education, SR & Inmigrant status and rights etc.	Topic: Black V.V. Week	Topic: Diversity Awareness Month with the new Great Race Theory post.

## Pride In The Archives

Materials from the Tarrant County LGBTQIA+ Collection and the UTA LGBTQIA+ Program Ephemera Collection will be on display from June 6 to June 30! Visit Special Collections, located on the 6th floor of Central Library, to learn more!



# JOB OPPORTUNITIES



Bilingual (Spanish) Financial Coach / Financial Social Worker  
Job Description

Pathfinders is a Guide Star Platinum non-profit agency and recognized leader in the community with the mission of empowering individuals and families to find their path from poverty to self-sufficiency. Our programs support people who are striving to become independent and financially stable.

We are looking for a highly motivated self-starter who has the ability to interact effectively and confidently with individuals we serve. This Bilingual Financial Coach must be able to work independently and as a productive member of our dynamic Pathfinders team.

The Bilingual Financial Coach will assist participants of the program with goal setting in the area of budgeting, credit building, saving, debt reduction, and savings. We are looking for an individual who can support our mission, is passionate about helping people better manage their finances and who will represent our organization professionally.

#### Details of the Job:

- Competitive salary
- Comprehensive benefit package
- 401K/Matching Retirement Plan
- Nine paid holidays
- Generous vacation and sick leave
- Additional one paid week off between Christmas and New Years
- Hybrid in-person/remote work schedule
- Cell phone stipend
- Paid professional development trainings and certifications
- Financial Coaching training provided
- Involvement in professional memberships in state and national financial coaching organizations

#### Details, Responsibilities & Expectations:

- Learn the Pathfinders curriculum and related financial coaching materials
- Facilitate group and individual financial coaching sessions
- Develop positive relationships with clients, to engage, motivate and encourage to them create action plans to accomplish their financial goals and create good financial habits
- Conduct intake assessments and follow-up assessments of participants
- Strong proficiency in the budgeting, documenting, compiling and reporting data
- Cultivate a strong working relationship with community organizations
- Represent Pathfinders and the Financial Capability Program to the community through interaction with other agencies and participation in events
- Some travel required and reimbursed
- Some nights and Saturdays required

Ref: 43222



#### Knowledge, Skills, and Abilities:

- Experience with personal money management and understanding of financial concepts
- Exceptional public speaking skills
- Ability to perform financial coaching sessions with individuals, couples, and families
- Experience with direct client services
- Experience in facilitating trainings and workshops
- Be flexible, adaptable, and positive in a constantly changing environment
- Ability to communicate effectively both verbally and in writing
- Good analytical and problem-solving skills
- Be detail-oriented, with a willingness to learn new skills and techniques to promote quality, efficiency, and successful client outcomes
- Knowledge of the principles and practices of social service agencies
- Demonstrates an understanding and acceptance of equity, inclusion and diversity concepts and that they are broader than just race, ethnicity, and gender
- Knowledge of Working Family Success (WFS) model of service delivery a plus.
- Training in financial coaching a plus
- Bilingual in Spanish and English required

#### Minimum Qualifications:

- Bachelor's degree or equivalent work experience; Social Work degree a plus
- Financial Coaching Training a plus
- Competence in MS Suite programs
- Client database use and knowledge a plus
- Must have access to reliable transportation with valid auto insurance and driver license

Salary commensurate with experience and educational experience.

If you are wanting to make an impact in our community by breaking the cycle of poverty, making a difference in someone's life, and working with other talented professionals, please submit cover letter/letter of intent and resume to: [info@pathfinders.org](mailto:info@pathfinders.org)

Ref: 43222

EMIC SUCCESS CENTER

## Hiring Peer Educators TRIO Student Support Services

**Tutor SSS students one-on-one and in small groups to provide course support and improve study skills**

**Start date flexible Summer or Fall!**

**-GPA of 3.0 or higher  
-A or B in courses to be tutored**

**Apply on Handshake  
Job #6151917  
UTA Student Assistant  
TRIO SSS Peer Educator (Tutor)**

**Hiring in ALL subject areas!**

# VOLUNTEER OPPORTUNITIES



## JUNE 25<sup>TH</sup> 26<sup>TH</sup> ANNUAL SCHOLARSHIP BENEFIT POWWOW

### Volunteering Opportunity

Are you looking for a volunteering opportunity? We have the perfect event for you! We are looking for volunteers to help with our powwow! There will be opportunities for helping with concessions, runners, and guest services! Helpers to help setup and teardown will also be needed! We can also sign off on any hours for school or work!



**When:**  
June 25<sup>th</sup>

**Where:**  
MAC at UTA

10 AM - 10 PM

Learn about  
Native American  
Culture while  
volunteering

Sponsorship  
Opportunities also  
available!

**CONTACT US**  
Stephen Silva Brave  
@  
stsjsp6c4@marv.uta.edu

# WE WANT YOU!

GRADUATE STUDENT LEADER PROGRAM

**BECOME A  
GSL**

- Do you enjoy...
- Networking with SSW faculty and staff?
  - Mentoring fellow MSW students?
  - Learning new advocacy and communication skills?



**JOIN OUR MSW  
GRADUATE STUDENT  
LEADER PROGRAM!**

Click **HERE** to  
Apply **TODAY!**

Fill out this google form to volunteer:

[https://docs.google.com/forms/d/1T8QdNnjzu8O3bazzmQyjoHceAxxm7j0cqcTnC7MJW0kY/viewform?edit\\_requested=true](https://docs.google.com/forms/d/1T8QdNnjzu8O3bazzmQyjoHceAxxm7j0cqcTnC7MJW0kY/viewform?edit_requested=true)



# RESEARCH

[Social Work Course Guides](#)

[Student Research Opportunity Center](#)



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## TITLE IV-E STIPEND FOR BSW/MSW STUDENTS

**FOR STUDENTS WHO ARE INTERESTED IN:**

- CHALLENGING AND REWARDING WORK**  
Students will be working with children, parents and families impacted by child abuse and neglect, and who are in foster and adoptive placement.
- FINANCIAL AID**  
Stipend amount offered through Title IV-E Child Welfare Programs are:  
BSW Students: \$  
MSW Students: \$
- INTENSIVE TRAINING AND SOCIAL WORK EXPERIENCE**  
No other field and work setting offers such wide range of opportunities to learn, network, and grow.
- POST GRADUATION OPPORTUNITIES**  
Students sign a contract with the Department of Family and Protective Services (DFPS) to complete a minimum of 6 months of employment with full salary and benefits.

**HOW TO APPLY**

- GET IN TOUCH**  
Start the process by contacting Stipend Coordinator Kimberly Evans at [kimberly.evans@uta.edu](mailto:kimberly.evans@uta.edu) or an appointment to discuss the application process and obtain an application form.
- STIPEND APPLICATION & WRITING SAMPLE**  
Complete the stipend application and writing sample online, and return to [kimberly.evans@uta.edu](mailto:kimberly.evans@uta.edu) by stipend deadline.
- LETTER OF RECOMMENDATION**  
Submit letter of recommendation from a UTA professor to [kimberly.evans@uta.edu](mailto:kimberly.evans@uta.edu) by stipend deadline.
- PRELIMINARY INTERVIEW**  
Participate in a preliminary interview with UTA Title IV-E Stipend Program Coordinators.
- FINAL INTERVIEW AND SELECTION**  
Eligible candidates will be invited to a final interview with Child Protective Services staff.

**IMPORTANT INFO:**

- GRADUATION TIME IS CRUCIAL:** Students must have completed all course requirements and be eligible to graduate from their program in the same semester in which they receive the Child Welfare Stipend.
- SELECTION PROCESS IS COMPETITIVE:** Stipend applications are processed 1-2 semesters prior to students' final acceptance into the program. Contact [kimberly.evans@uta.edu](mailto:kimberly.evans@uta.edu) for the best time to begin the application process.
- BACKGROUND CHECK IS REQUIRED:** A final screening including driving record, criminal background check, online assessment and employment interview is conducted by DFPS.
- APPLICATION DEADLINE**  
FALL – APRIL 15TH  
SPRING – SEPTEMBER 1ST  
SUMMER – JANUARY 15TH

*The Child Welfare Stipend is provided through the Title IV-E Training Contract, a federally funded initiative to enhance child welfare practice by infusing the work force with more BSW and MSW educated practitioners*

**CONTACT US:**  
KIMBERLY EVANS, LCSW  
TITLE IV-E COORDINATOR  
[KIMBERLY.EVANS@UTA.EDU](mailto:KIMBERLY.EVANS@UTA.EDU)

**VISIT US ONLINE:**  
[UTA.EDU/SSW](http://UTA.EDU/SSW)



# STAY SAFE



## Covid-19 Vaccine

Contact [covidvaccine@uta.edu](mailto:covidvaccine@uta.edu) with any questions. If the dates and times of these clinics don't work for you, the COVID-19 vaccine is free and widely available in Arlington and surrounding communities. To find a vaccine or booster near you, enter your zip code into the [CDC's COVID-19 vaccine finder](#).

[Click Here for more information.](#)

[Required COVID-19 testing and new protective measures for Spring 2022 \(English and Español\) \(uta.edu\)](#)  
Classroom density, updated info from university on testing and return to campus

*As a phoenix rises from the ashes...*

"If you are military-connected, 18 or older, and have transformed your trauma into a personal growth experience contributing to the growth and/or transformation of others, you may be eligible to participate in a research study."

### Posttraumatic Growth and Transformation in Military-Connected Populations

The purpose of this research study is to better understand the factors, elements and turning points that contribute to a military loss or trauma becoming a personal posttraumatic growth experience that results in a transformation outcome of helping others. In other words, a transformation outcome creates a ripple effect of paying it forward in service to one's community and helping others in the process. An additional purpose of the study is to educate others on the power of posttraumatic growth and transformation outcomes through identifying factors that foster hope, growth, resilience, and purpose.

**Location for follow-up interviews:**

- Video interviews via MS Teams meeting
- one over 18 years old.
- are a member of a military-connected population (i.e., Service Member, Reservist, National Guard, Veteran, family member, or friend)
- have directly or indirectly experienced a loss or trauma that is military related.
- have transformed your trauma into a personal growth experience contributing to the growth and/or transformation of others.
- have at least 2 years from last traumatic experience.

**You can choose to participate if you:**

- To Access the Survey  
Click or Scan QR Code below

**Time Commitment Required**

- 10-15 minutes for online assessment survey
- Participants will be selected into a drawing to win 1 of 5 \$50 Amazon gift cards
- 10-15 minutes for follow-up interview if chosen
- Participants will receive a \$15 Amazon gift card

**Are you unsure if you meet the requirements?**  
Please call or email a member of the study team:

Darlene Ann Williams  
(UTA, Ph.D., MSW Student)  
Co-Principal Investigator  
[DW11@uta.edu](mailto:DW11@uta.edu)  
817-272-3714

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For more information, [CLICK HERE TO ACCESS OUR WEBSITE](#)  
The University of Texas at Arlington, School of Social Work

### Research Study on the Impact of COVID-19 on Latina Dreamers

- Are you a female DACA participant (Dreamer)?
- Are you currently enrolled in a 4-year college or university in Texas?
- Are you interested in discussing how COVID-19 has impacted different areas of your life?

If you answered "yes" to these questions, then you may be eligible to participate in a confidential research study exploring the experiences of Latina Dreamers during COVID-19.

If you are interested, please go to the link below or scan the QR code to complete the online screening.

<https://qbsoclaberck.com.usa/forms/g/2d4n9u3V-3f3nc2xk3vY33n>



If you are eligible you will be contacted within 48 hours by a member of the study team about scheduling an interview that will be conducted by Zoom. Your total time of participation will be about 90 minutes and you will receive a \$50 Amazon gift card for your time. Please feel free to share this link with friends/colleagues who may be interested in participating. Funding for this study was provided by the University of Texas at Arlington Center for Mexican American Studies (CMAS) Faculty Fellowship Program.

If you have any questions about this study, please contact the PI of our research team, Dr. Mónica Williams at [MWilliams@uta.edu](mailto:MWilliams@uta.edu) or at 817-272-3670. This project has been approved by the UTA Internal Review Board (IRB). For questions about your rights or to report a complaint, contact the UTA Research Office at 817-272-3723 or [uta@utorresearch.edu](mailto:uta@utorresearch.edu)



### Currently a Children + Families Student?



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## YOU HAVE A CHANCE TO PARTICIPATE IN A STUDY

If you are a current Children + Families student (and not currently enrolled in SOCW 5365), researchers at the University of Texas at Arlington want to learn about your perceptions of interprofessional education and child maltreatment. Complete our brief survey online (approximately 15 minutes long) and enter a drawing for one of 20 \$10 gift cards.

Questions? Contact Dr. Catherine LaBrenz - [catherine.labrenz@uta.edu](mailto:catherine.labrenz@uta.edu)

### Are you a social work student interested in advocacy? Want to learn more?

Research Participants wanted.



This research study is about whether a short training in digital advocacy can help social work students learn more about and feel more confident engaging in digital advocacy. It will take approximately 1 hour to complete.

- We are looking at whether a short training in digital advocacy can help social work students learn more about and feel more confident engaging in digital advocacy.
- This study is online, self-paced, and will take 60 minutes to complete.
- Participants will receive a free digital advocacy certificate and be entered into a \$20 gift card raffle.
- To participate, go to <https://uta.edu.questionpro.com/digitaladvocacy>

Christian Mason, a Master of Social Work student, is conducting this study. If you are interested in participating or have more questions, please contact them at [christian.mason@mavs.uta.edu](mailto:christian.mason@mavs.uta.edu)

This study has been approved by The University of Texas at Arlington Institutional Review Board, UTA IRB Protocol #2022-0342

## [UTA Academic Calendar](#)

## [Evidence-Based Practice Research Guide](#)

**MAVS UNITE**

Created for you!



Check Canvas for the MavsUnite Page!  
To add please e-mail:  
[Emily Clark](mailto:Emily.Clark@uta.edu)

## [SAR Center](#)

(Formerly Office of Students with Disabilities)

### MANAGING STRESS AND ANXIETY DURING COVID-19

UTA COUNSELING AND PSYCHOLOGICAL SERVICES (CAPS)

#### THERAPIST ASSISTED ONLINE (TAO)

Visit [TAOconnect.org](http://TAOconnect.org)



#### THRIVE APP



Download "Thrive at UT" on App Store or Google Play

#### MAVS TALK 24HR CRISIS LINE

Call (817)272-8255



Visit [uta.edu/caps](http://uta.edu/caps) for more information

UTA is a COMMUNITY THAT CARES



**Connections Tutoring Lab**  
UTA School of Social Work

**NOW OPEN**

Schedule a 30 minute session with a writing tutor!

Book your session [HERE!](#)



In Crisis?  
Text HELLO to 741741

CRISIS TEXT LINE | Free, 24/7, Confidential

**Our Services**

**Peer-Led Team Learning (PLTL)**

**Academic Coaching**

**Tutoring**

**Writing Support**

**Information for Students**

THE UNIVERSITY OF TEXAS AT ARLINGTON  
COUNSELING & PSYCHOLOGICAL SERVICES

**MAVS talk**  
24 HOUR CRISIS LINE

817-272-TALK (8255)  
WWW.UTA.EDU/CAPS  
303 RANSOM HALL

[UTA Library Accessibility](#)

[On-Demand & Live Fitness Classes](#)



### Rental Assistance Program

The [Tarrant County Rental Assistance Program](#) assists residents who have been impacted by the COVID-19 pandemic. For more details, email [renthelp@tarrantcounty.com](mailto:renthelp@tarrantcounty.com) or call [817-850-7940](tel:817-850-7940).

The Lifeline is **FREE**, confidential, and always available.

**HELP** a loved one, a friend, or yourself.

Community crisis centers answer Lifeline calls.

**NATIONAL SUICIDE PREVENTION LIFELINE**  
1-800-273-TALK (8255)  
[suicidepreventionlifeline.org](http://suicidepreventionlifeline.org)

**Learn the Warning Signs.**

**Emergency Assistance Fund**  
UTA students with a temporary financial hardship resulting from a sudden emergency [may apply for financial help.](#)

[Get Microsoft 365, The Wall Street Journal and Other Apps FREE with your student email!](#)

How to gain access to SSW writing resources: [Advising & Student Success Canvas](#)

**UTA/Tri-C Food Pantry Distributions**  
Currently distributing groceries on Thursdays only, from 9-11:45 a.m. and 2-4:45 p.m. To receive these grocery bags you must send an email to [utafoodpantry@gmail.com](mailto:utafoodpantry@gmail.com) to request a pickup time. Include student name, last four digits of UTA ID, requested grocery pickup time, choice of vegetarian, chicken, or any meat groceries.

If you have any questions or content suggestion for the newsletter, please contact Tuesday Darling: [tbd2290@mavs.uta.edu](mailto:tbd2290@mavs.uta.edu)

