July 18 is International Nelson Mandela Day!

On July 18, we pay tribute to Nelson Mandela who was a political leader, activist and one of the most famous anti-apartheid activists in South Africa. This day was chosen because it was Mandela’s birthday. He was imprisoned in 1963 for leading the liberation movement against apartheid. The court gave him a life sentence for this, and he served 27 years until he was released in 1990 by President F.W. de Klerk. He then went on to serve as President of the country from 1994 to 1999. After his presidency, Mandela became a philanthropist with a special focus on education,

How to Observe
• Learn about the history of South Africa and the issue of apartheid
• Read a book by Nelson Mandela
• Donate to the Nelson Mandela Foundation

"Education is the most powerful weapon which you can use to change the world." – Nelson Mandela

Sources: https://www.nelsonmandela.org/
Hello! My name is Yasmin AlZubi (she/her/hers). I am currently in my last semester of the MSW program, specializing in Mental Health and Substance Misuse. I received my bachelor’s degree in Psychology from UTA and decided to continue my studies in the MSW program. I love that this program allows me to connect clinical care to research to serve all populations!

As an MSW student, I have been involved in several research projects for our wonderful social work faculty. I definitely recommend participating and assisting in research projects, if you have the opportunity to do so! It is a great way to get research experience within a supportive and brilliant team. It certainly makes research less intimidating, and you will learn so much! It has inspired me to take the thesis track and I plan on publishing my research after graduation.

I am also a Graduate Student Leader (GSL) and a tutor in the SSW Connections Lab. I have absolutely enjoyed serving my peers through both programs! I’ve learned how to properly advocate for and assist my community, which I will take those skills with me into the field.

Though I truly love to sit for hours in a pile of research papers and articles, I must remind you of the importance of self-care! When I’m not doing schoolwork, I like to spend time with my wonderfully energetic family. In other words, take pride in your work and education, but remember that you cannot pour from an empty cup! My advice to you would be to get involved! The MSW program offers so many great opportunities for students to connect and network, build new skills, and contribute to groundbreaking projects!

Interested in becoming a GSL? Click here!

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Is meditation effective? I asked myself this question at the beginning of this year when I was making a list on new things, I would try for myself. I’ve always heard that it is great for a person’s health for many reasons.

**Reasons why you should try meditation?**
- It reduces STRESS
- Since it reduces stress... it reduces anxiety levels too!
- It may enhance your self-awareness about yourself
- Improvements in attention span & reducing age-related memory loss
- Improve sleeping patterns
- It is accessible & don’t need equipment

Try different forms of meditation to find your fit.

Here is one of the first videos I watched a few months ago. I try to practice my breathing everyday in the morning to start my day off right. This is something I didn’t think would make a huge difference, but it has become routine. I have seen my mood become more positive!

Interested in writing your own “YOU MATTER” section for others? Email: Olga.carrillo@mavs.uta.edu

Sources: [https://www.apa.org/monitor/2012/07-08/ce-corner](https://www.apa.org/monitor/2012/07-08/ce-corner)
COURSE SPOTLIGHT

How do pollution & climate change impact vulnerable communities? What can social workers do about it?

Environmental Justice & Green Social Work
Fall 2022

Topics include:
- Environmental Racism
- Ecological issues for children, older adults, women, and low-income populations
- Climate forced Migration
- Natural Disaster Response
- Health & The Environment
- Ecotherapy for Mental Health
- Environmental Policy
- Micro and Macro Level Advocacy Strategies

All readings are free! No textbook to purchase!

Course: SOCW 3310 (Undergraduate) / SOCW 5310 (Masters)
Modality: Online-Asynchronous (with reduced lectures and optional live sessions)
Instructor: Karen Magruder, LCSW-S
Assistant Professor of Practice
karen.magruder@uta.edu

Important Dates

SUMMER 2022

- July 21 - Last Day to Drop Classes
- August 10 – Last Day of Classes
- August 13 – Commencement Ceremonies
- August 22 – First day of Fall classes
- September 5 --Labor Day Holiday
- September 7-- Census Date
- Oct. 28-- Last day to drop classes; submit requests to advisor prior to 4:00pm

CEU OPPORTUNITIES

Free CEU’s from Valdosta State University
For All Licensed Clinical Social Workers

Do you want to learn more about dementia, caregiving, and cultural considerations while working with diverse communities? Click for more information.

FALL 2022

SOCW 5356
COGNITIVE BEHAVIORAL INTERVENTIONS

Learn practical tools for engagement, assessment and intervention using this popular, evidence-based approach!

Format: Online Asynchronous
Instructor: Karen Magruder, LCSW-S

Questions? Email karen.magruder@uta.edu

SOCW 5392
ONLINE-ASYNCRNTHOUS
SOCIAL WORK AND LAW
SPECIAL TOPICS COURSE

Designed to provide essential forensic knowledge and skills to advance social worker influence within legal environments.

Students will learn how to:
- Discover when problems are legal and require legal action
- Respond to Subpoena
- Analyze Case Law
- Participate in Judicial Proceedings
- Perform as a witness in court
- And more

INSTRUCTOR
Dr. Sherece Shavel, Assistant Professor of Practice

EMAIL FOR MORE INFORMATION
sherece.shavel@uta.edu
ADVISING

Need to meet with an advisor but there's no upcoming appointment available? Drop-in either in person or virtually on Wednesdays. To schedule your 30-minute drop-in time, click here. Be sure to select in-person or virtual and your advisor. Remember, drop-in sessions are on a first come basis.

Feeling a bit lost?
Start with your Graduate Student Leader!

Don't know who that is?
Email Stacie Hill to get connected!

FIELD PLACEMENTS

General

• InPlace has a new URL! All students, agencies, and Field Instructors will need to use the new URL: https://inplace.uta.edu/
• The InPlace fee is $67 per year or $130 for a lifetime. Each student will need to plan to pay the InPlace fee on the first day of class for that semester they are starting field.
• InPlace Training and Logbook Training can be found here!
• Field forms are available here!
• Field FAQ
  If you are having technical difficulties with InPlace please email sswfield@uta.edu and include a screenshot of the issue.
• Are you a CAP student ready for your advanced field placement? Check out the Funding section for paid opportunities!

Summer 2022

• The Summer 2022 Field Application is now closed.
• See the Summer 2022 Field Education Calendar for Block here and for Split here.
  InPlace fee is due on the first day of class

Fall 2022

• The Fall 2022 Field Application is now open.
• Application Deadline is June 24, 2022.
• See the Summer 2022 Field Education Calendar for Block and for Split here.
  InPlace fee is due on the first day of class

FIELD POWER HOURS

This is an opportunity for you to ask questions, similar to Office Hours for faculty!
• Foundation MSW
  • Field Advisor: Natalie Mangham
  • 1st & 3rd Monday of the month, 3-4
  • Click here to join the meeting
• CAP & Children & Families
  • Field Advisor: Monica Brown
  • 1st & 3rd Tuesday of the month, 3-4
  • Click here to join the meeting
• Mental Health
  • Field Advisor: Hector Ramos
  • 1st & 3rd Wednesday of the month, 3-4
  • Click here to join the meeting
• Aging & Health
  • Field Advisor: Sharon Martin
  • 1st & 3rd Thursday of the month, 3:30-4
  • Click here to join the meeting

LICENSING

• If you’re in your final semester and want to get started on applying to ASWB to take the LMSW licensing exam, click here to request the Dean’s Letter for Licensure, which UTA will send to ASWB. More info can be found on the ASWB site and our SSW licensure page.
• There’s lots of great updated information about licensing in the Student Success and Advising Course on Canvas—Check it out!
• Interested in the LCDC? Scroll to the end of this Licensure webpage and click on the Texas LCDC Licensing 2021 PDF for a chart that shows how different education levels can prepare you for the LCDC.
## The School of Social Work Virtual Clinic Workshops

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**Email SSWVirtualClinic@uta.edu for information.**

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## Join Gerontology Org!

Join us for our monthly virtual meetings!

**Email gerontologia@uta.edu** for more information.

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## Get Involved

- **Students for Global Change (SGC)**
- **Learn a New Advocacy Skill With Speak & Skillshare!**

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## Events

**SSW Community of Caring**

Join us in a brave space for the UTA School of Social Work community (students, staff, faculty) to support one another as we face local and global injustices. This month focuses on Rite V. Wode.

- **Friday, July 15 at 10:00am to 11:00am**
  - Virtual Event
MavAlly 1.0 is the start of our LGBTQ+ Program’s MavAlly series that helps faculty, staff, and students on their journey from Ally to Accomplice. A virtual event on July 6th at 10 AM to 12 PM.

Click here to register or email Joshua.mackrill@uta.edu with any questions about the trainings!
Trauma Therapist

Overview
Date Posted: 6/23/2022
Job Code: THRTDSP
Position Type: Exempt
City: Fort Worth
State: TX
Country: United States of America
Category: Direct Care - Clinical Therapist/Social Work/Case Worker
Requisition Number: 8977
Position Number: 12493

Click here for more information
For students who are interested in:

1. **Undergraduate Stipend Program**
   - Students will be working with victims, survivors, and families impacted by violence across the lifespan.
   - **FINANCIAL AID**
     - Initial amount offered through this and co-sponsored programs is $3,000
2. **TEACHING APPOINTMENTS**
   - Student or teaching assistant opportunities.
   - **CAREER OPPORTUNITIES**
     - Students will earn a stipend, gain work experience, and build confidence.

**IMPORTANT INFO:**

1. **STIPEND ELIGIBILITY**
   - Students must complete all course requirements and be eligible to graduate from their program in the same academic year they apply and receive the stipend offer.
2. **INTERVIEW AND APPLICATION DEADLINE**
   - Applications will be accepted until the stipend offer is filled.

**How to Apply**

1. **CV**
   - Submit the completed application and request letter of recommendation through the Student Research Opportunity Center.
2. **LETTER OF RECOMMENDATION**
   - Submit the completed application and letter of recommendation to Social Work.
3. **CONTACT US**
   - Kimberly3. Wilson@uta.edu

Currently a Children + Families Student?

Are you a student in recovery from substance use? If so, you may be eligible to offer feedback on a new VR based tool for substance use treatment. **Click here** for more information.

Covid-19 Vaccine

Contact covidvaccine@uta.edu with any questions. If the dates and times of these clinics don’t work for you, the COVID-19 vaccine is free and widely available in Arlington and surrounding communities. To find a vaccine or booster near you, enter your zip code into the CDC’s COVID-19 vaccine finder.

Click Here for more information.

Required COVID-19 testing and new protective measures for Spring 2022 (English and Español) (uta.edu)

Classroom density, updated info from university on testing and return to campus

Daily Self-Check before Coming to Campus

If you experience any symptoms that are new, worsening, or not normal for you, please stay at home.

Are you a student in recovery from substance use? If so, you may be eligible to offer feedback on a new VR based tool for substance use treatment. **Click here** for more information.
RESOURCES

UTA Academic Calendar

Evidence-Based Practice Research Guide

SAR Center
(Formerly Office of Students with Disabilities)

MANAGING STRESS AND ANXIETY DURING COVID-19
UTA COUNSELING AND PSYCHOLOGICAL SERVICES (CAPS)

THERAPIST ASSISTED ONLINE (TAO)
Visit TAConnect.org

MAVS TALK 24HR CRISIS LINE
Call (817)272-0235

THRIVE APP
Download "Thrive at UT" on App Store or Google Play

UTA is a COMMUNITY THAT CARES
Visit uta.edu/caps for more information

Connections Tutoring Lab
UTA School of Social Work
NOW OPEN
Schedule a 30 minute session with a writing tutor!
Book your session HERE!

Rental Assistance Program
The Tarrant County Rental Assistance Program assists residents who have been impacted by the COVID-19 pandemic. For more details, email renthelp@tarrantcounty.com or call 817-850-7940.

Emergency Assistance Fund
UTA students with a temporary financial hardship resulting from a sudden emergency may apply for financial help.

Get Microsoft 365, The Wall Street Journal and Other Apps FREE with your student email!

How to gain access to SSW writing resources: Advising & Student Success Canvas

UTA/Tri-C Food Pantry Distributions
Currently distributing groceries on Thursdays only, from 9-11:45 a.m. and 2-4:45 p.m. To receive these grocery bags you must send an email to utafoodpantry@gmail.com to request a pickup time. Include student name, last four digits of UTA ID, requested grocery pickup time, choice of vegetarian, chicken, or any meat groceries.

DREAMERS WELCOME

If you have any questions or content suggestion for the newsletter, please contact Tuesday Darling: tbd2290@mavs.uta.edu

FOLLOW US ON SOCIAL MEDIA

211 S. Cooper Street, Arlington TX 76019
Social Work Program
(817) 272-2135

“You must not be fearful about what you are doing when it is right”
— Rosa Parks