



SCHOOL OF
SOCIAL WORK

UNDERGRADUATE PROGRAMS

THE WORLD TALKS ABOUT
CHANGE; WE CREATE CHANGE.

MASTER OF SOCIAL WORK



WEEKLY UPDATE
July 18, 2022

SOCIAL JUSTICE SPOTLIGHT

July 24 is International Self Care Day!

On July 24, the International Self Care Foundation developed a device to raise awareness and promote living a healthy lifestyle. Ultimately, it is important to take care of oneself, physically and mentally. The International Self-Care Day, symbolizes that the benefits of self-care are experienced 24 hours a day, 7 days a week.

What are the different types of self-care?

- Health literacy
- Mental wellbeing
- Physical activity
- Healthy eating
- Risk avoidance
- Good hygiene

How to Observe

- Try a workout class/ take a walk
- Meditate
- Read a good book
- Prioritize yourself (try to have a good sleep schedule, pay bills on time)

Sources: <https://nationaltoday.com/international-self-care-day/>



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STUDENT SPOTLIGHT



Get to know our Student Leaders!

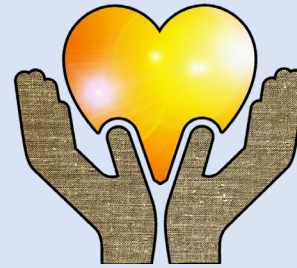
My name is Ashley Ordaz (she/her). I was born in El Paso, TX and have lived mostly in the DFW area except for 2 years where I lived in Germany. I am an advanced MSW student concentrating in Mental Health and Substance Misuse and will be graduating in August.

In 2018, I graduated from TWU with a Bachelors in Family Studies. Right after graduation I moved to Germany where I taught at a trilingual pre-school (German, Spanish, and English). During that time, I met a social worker who lived on the US military base. At that time, I was not thinking about going into social work, it never crossed my mind. We discussed her job as a therapist on the Base and I was intrigued. I moved back to the Texas right before the pandemic and decided that I wanted to pursue a master's degree, which brought me to UTA after some research about social work. During my undergraduate and master's program I have had the opportunity to intern in different areas in social work where I was able to continue to build on and develop skills.

I have been a part of the Graduate Student Leadership program for five semesters. This program has been a fantastic opportunity to work with other students to advocate, help support, and build community. When I am not doing school related activities, I am working full-time at Rent A Center corporate headquarters. When I am not working, I am with my family and friends spending time together or doing something outdoors.

Interested in becoming a GSL? [Click here!](#)

YOU MATTER



Imposter Syndrome. What is it?

Hi everyone, I hope everyone is having a great summer. I'm going to be honest with y'all, I hadn't felt "imposter syndrome" since I graduated with my BSW in December of 2020. I know that during the COVID pandemic, my form of self care was surviving. Some days it was simply getting out of bed and getting ready. I felt like I put my career plans on pause to explore different aspects of life. I don't regret doing so but being back in school has honestly made me doubt myself. Am I good at what I'm doing? The feeling of self doubt has been crossing my mind more than I'd like to admit. It has been mixed in with persistent feelings of not feeling worthy of my accomplishments and digging myself into a very lonely hole. To tell you the truth, battling imposter syndrome is tough, but taking a step back to analyze what I was feeling was my first step. To tell you the truth, this has been a scary whirlwind of emotions.

What is imposter syndrome?

Imposter Syndrome is the feeling that you are not good at your role, heavily doubting your abilities and believing you're an imposter. It can create anxiety and cause a feeling of loneliness. It is NOT a real medical syndrome or diagnosis.

Being self aware of yourself, especially when people give you positive criticism can be helpful. Do you tend to push positive feedback away? Do you convince yourself that the tasks you've accomplished are thanks to external forces? Learning that failures are "growing" experiences is important as well. It creates a mindset where one can find positive attributes even in "failed" situations. Find and share your strengths with the people around you. You are growing and becoming a better you everyday. Know that you are not alone.

Interested in writing your own "YOU MATTER" section for others? Email: Olga.carrillo@mavs.uta.edu

Sources: <https://www.cwauthors.com/article/What-is-the-Imposter-Syndrome-in-academia>

COURSE SPOTLIGHT

How do pollution & climate change impact vulnerable communities?
What can social workers do about it?

Environmental Justice & Green Social Work

Fall 2022

All readings
are free!
No textbook
to purchase!

Topics include:

- Environmental Racism
- Ecological issues for children, older adults, women, and low-income populations
- Climate-forced Migration
- Natural Disaster Response
- Health & The Environment
- Ecotherapy for Mental Health
- Environmental Policy
- Micro and Macro Level Advocacy Strategies

Course:

SOCW 3310 (Undergraduate) / **SOCW 5310** (Masters)
Environmental Justice & Green Social Work

Modality:

Online- Asynchronous (with recorded lectures and optional live sessions)

Instructor:

Karen Magruder, LCSW-S
Assistant Professor of Practice
karen.magruder@uta.edu



SCHOOL OF
SOCIAL WORK

Fall 2022

SOCW 5356 COGNITIVE BEHAVIORAL INTERVENTIONS

Learn practical tools for engagement, assessment and intervention using this popular, evidence-based approach!

Format: Online Asynchronous

Instructor: Karen Magruder, LCSW-S

Questions? Email karen.magruder@uta.edu

No textbook to
purchase!

Prerequisite:
SOCW 5311



IMPORTANT DATES

SUMMER 2022

- **July 21** - Last Day to Drop Classes
- **August 10** – Last Day of Classes
- **August 13** – Commencement Ceremonies
- **August 22** – First day of Fall classes
- **September 5** --Labor Day Holiday
- **September 7**– Census Date
- **Oct. 28**-- Last day to drop classes; submit requests to advisor prior to 4:00pm

CEU OPPORTUNITIES

Free CEU's from
Valdosta State University

For All Licensed Clinical Social Workers

Do you want to learn more about dementia, caregiving, and cultural considerations while working with diverse communities?
[Click](#) for more information.

FALL 2022



SOCW 5392
ONLINE-ASYNCHRONOUS
**SOCIAL WORK
AND LAW**
SPECIAL TOPICS COURSE

Designed to provide essential forensic knowledge and skills to advance social worker influence within legal environments.

Students will learn how to:

- Discover when problems are legal and require legal action
- Respond to Subpoena
- Analyze Case Law
- Participate in Judicial Proceedings
- Perform as a witness in court
- And more

OPPORTUNITIES TO
LEARN FROM PRACTICING
PROFESSIONALS

INSTRUCTOR

Dr. Sherece Shavel, Assistant Professor of Practice

EMAIL FOR MORE INFORMATION
sherece.shavel@uta.edu



ADVISING

Need to meet with an advisor but there's no upcoming appointment available? Drop-in either in person or virtually on Wednesdays. To schedule your 30-minute drop-in time, click [here](#). Be sure to select in-person or virtual and your advisor. Remember, drop-in sessions are on a first come basis.

Feeling a bit lost?
Start with
your
Graduate Student
Leader!

Don't know who that is?

Email [Stacie Hill](#) to get
connected!

LICENSING

- If you're in your final semester and want to get started on applying to ASWB to take the LMSW licensing exam, [click here](#) to request the Dean's Letter for Licensure, which UTA will send to ASWB. More info can be found [on the ASWB site](#) and our [SSW licensure page](#).
- **There's lots of great updated information about licensing in the Student Success and Advising Course on Canvas—Check it out!**
- Interested in the LCDC? Scroll to the end of this [Licensure](#) webpage and click on the Texas LCDC Licensing 2021 PDF for a chart that shows how different education levels can prepare you for the LCDC.



FIELD PLACEMENTS

General

- **InPlace has a new URL! All students, agencies, and Field Instructors will need to use the new URL.** <https://inplace.uta.edu/>
- The InPlace fee is \$67 per year or \$130 for a lifetime. Each student will need to plan to pay the InPlace fee on the first day of class for that semester they are starting field.
- [InPlace Training](#) and [Logbook Training](#) can be found here!
- [Field forms are available here!](#)
- [Field FAQ](#)
- If you are having technical difficulties with InPlace please email sswfield@uta.edu and include a screenshot of the issue.
- Are you a CAP student ready for your advanced field placement? Check out the Funding section for paid opportunities!

Fall 2022

- The Fall 2022 Field Application is now open.
- Application Deadline is **June 24, 2022**.
- See the Summer 2022 Field Education Calendar for Block and for Split [here](#).

InPlace fee is due on the first day of class

Spring 2023

- The Spring 2023 Field Application is open **October 03, 2022**.
- Application deadline is November 25, 2022
- See the Spring 2023 Field Education Calendar for Block and for Split [here](#).

InPlace fee is due on the first day of class

FIELD POWER HOURS

This is an opportunity for you to ask questions, similar to Office Hours for faculty!

- Foundation MSW
 - Field Advisor: Natalie Mangham
 - 1st & 3rd Monday of the month, 3-4
 - [Click here to join the meeting](#)
- CAP & Children & Families
 - Field Advisor: Monica Brown
 - 1st & 3rd Tuesday of the month, 3-4
 - [Click here to join the meeting](#)
- Mental Health
 - Field Advisor: Hector Ramos
 - 1st & 3rd Wednesday of the month, 3-4
 - [Click here to join the meeting](#)
- Aging & Health
 - Field Advisor: Sharon Martin
 - 1st & 3rd Thursday of the month, 3:30-4
 - [Click here to join the meeting](#)



GET INVOLVED



STUDENTS FOR GLOBAL CHANGE (SGC)

Interested in making an impact regarding social injustices? Advocate for social issues? Join Students for Global Change (SGC) to start making an impact!!

MEETS EVERY 3RD WEDNESDAY PDF EACH MONTH | 5-6 PM | TEAMS VIRTUAL MEETINGS EVERYBODY'S WELCOME!

To participate, please register:
<https://forms.gle/8nHefgf53IBEXqa9>

Follow us @SGCUTA- Students for Global Change
Email us at sgc.uta@gmail.com

Connections Tutoring Lab

UTA School of Social Work

NOW OPEN

Schedule a 30 minute session with a writing tutor!

Book your session **HERE!**

<https://outlook.office365.com/owa/calendar/UTASSWConnectionsLab@mavs.uta.edu/bookings/>

GRADUATING THIS SUMMER?

TAKE THE **EXIT SURVEY**

Email SSWVirtualClinic@uta.edu for information.

The School of Social Work Virtual Clinic Workshops

Need additional support? The School of Social Work Virtual Clinic offers FREE workshops. Workshops are offered virtually, weekly to MSW students. Please email SSWVirtualClinic@uta.edu for more information.

Weekly Virtual Workshops Schedule

Tuesday	Thursday	Saturday
Parenting After a Pandemic 6pm - 7pm	Caregiving for Others 6pm - 7pm	First Generation and International Students' Success 9:00am - 10:00am
Promoting Healthy Habits 7:15pm - 8:15pm	Women's Virtual Room of Recovery 7:15pm - 8:15pm	Accommodating for Success 10:15am - 11:15am Building Better Interpersonal Relationships 11:30am - 12:30pm



EVENTS

UNIVERSITY OF TEXAS AT ARLINGTON

School of Social Work
Invites you and your family to a

Graduation Reception

in recognition of your outstanding student achievements

Saturday, August 13, 2022
11:00 am-1:30 pm (come & go)
School of Social Work
Building B, Room 107
211 S. Cooper St., Arlington, TX 76019

Please join us for sandwiches and refreshments prior to the 3:00 pm Commencement Ceremony!

SSW Community of Caring

Join us in a brave space for the UTA School of Social Work community (students, staff, faculty) to support one another as we face local and global injustices. This month focuses on Roe V. Wade.

Friday, July 15 at 10:00am to 11:00am
Virtual Event

SSW DEI Event Calendar

Join us in a brave space as we both celebrate cultural heritage months and discuss local social justice issues within our campus and surrounding communities.

May
20

Topic:
Asian American and Pacific Islander Heritage Month
with
Student Government
Impeachments

June
16

Topic:
Pride Month & Immigrant Heritage Month
with
Parent Rights in Education Bill & Immigrant status and Higher Ed.

July
15

Topic:
Roe V. Wade

August
25

Topic:
Diversity Awareness Month
with
the anti-Critical Race Theory push



ACADEMIC OPPORTUNITIES

IPE Distinction Certificate

Interprofessional education (IPE) is "when students from two or more professions learn about, from and with each other" (WHO, 2010).

Have you participated in IPE activities while attending UTA?

Want to be recognized for your hard work?

Apply for an **IPE Distinction Certificate!**

REQUIREMENTS:

- **MUST HAVE COMPLETED AT LEAST TWO IPE ACTIVITIES WHILE ATTENDING UTA**
- **MUST BE ABLE TO DISCUSS THE IPE ACTIVITIES IN WHICH YOU PARTICIPATED**
- **SUBMIT A COPY OF YOUR RESUME THAT INCLUDES THE IPE ACTIVITIES**
- **SUBMIT AN EXAMPLE COVER LETTER EXPLAINING HOW IPE HAS HELPED YOU TO PREPARE FOR A JOB**

To fill out an application
CLICK HERE!

APPLICATIONS ARE DUE: July 15, 2022

Questions?
Contact: Professor Tracy Orwig
tracy.orwig@uta.edu



Introducing the 1st Annual

SOCIAL WORK AND LAW

National Symposium

Strengthening Pathways and Partnerships to Advance Empowerment, Justice, and Change

ONE DAY VIRTUAL EVENT

FRIDAY | SEPTEMBER 30, 2022

CALL FOR PROPOSALS

The 1st Annual Social Work and Law National Symposium exists to harness energy, passion, and wisdom to advance the field of forensic social work and the capacity of forensic social work practitioners. This is a future forward event bringing together educators, researchers, community practitioners, justice-oriented leaders, and students for synergistic learning collaborations.

We seek dynamic presenters to lead engaging workshops and interactive discussions focused on advancing knowledge, skills, and abilities around forensic social work practice including the intersection of social work and law as related to this year's theme, "Strengthening Pathways and Partnerships to Advance Empowerment, Justice, and Change."

DEADLINE FOR RECEIPT OF PROPOSAL IS JUNE 15, 2022
See attached for submission instructions.

FOR INQUIRIES AND PROPOSAL SUBMISSION:
SWLSymposium@gmail.com

CALL FOR EXHIBITORS

Exhibition for the Social Work and Law Symposium is a virtual platform to provide information about an advocacy campaign, inspirational idea, cutting-edge research, services as well as personal and professional stories pertinent to the national audience. Prospective exhibitors will be solely responsible for the facilitation of their session and maintaining event connections.

Exhibit types include visual displays in the form of posters, banners, pamphlets, storied images, flyers, expressive arts (e.g., drawings, paintings, poetry, etc.), books, and other types of information. Exhibits should be accompanied by a clear statement of purpose. Exhibitor should be prepared to respond to attendee questions during their 10-minute session.

Prospective exhibitors must submit proposals that are consistent with the virtual orientation of the symposium and this year's theme, *Strengthening Pathways and Partnerships to Advance Empowerment, Justice, and Change*.

SUBMISSION

General Guidelines: Proposals are to include the following information for consideration. Student submissions are encouraged.

- Title of session
- Name, title, affiliation, and contact for each presenter (include phone number of lead presenter)
- Session type
- Learning area and learning objectives
- Describe interdisciplinary, cross-professional or student collaboration (if applicable), DEI emphasis, and relevance of the topic (50 words)
- Description of the topic (200-300 words)
- Summary of interactive elements and technical requirements (150-200 words)
- Biographical statement for each presenter

Proposals should be saved as PDF files and submitted to Symposium Review Committee by email (SWLSymposium@gmail.com) no later than June 15, 2022. Notifications about participation will be delivered by July 1, 2022. Registration will be available by July 15, 2022. All accepted presenters must register to confirm virtual attendance no later than August 1, 2022.

COSTS: Regular \$45 before August 1, Regular \$55 after August 1
Student registration is Free. CEUs included. Certificates available at a cost of \$5 per certificate upon request.

VOLUNTEER OPPORTUNITIES

WE WANT YOU!

GRADUATE STUDENT LEADER PROGRAM

Do you enjoy...

- Networking with SSW faculty and staff?
- Mentoring fellow MSW students?
- Learning new advocacy and communication skills?

BECOME A
GSL



JOIN OUR MSW
GRADUATE STUDENT
LEADER PROGRAM!

Click **HERE** to
Apply **TODAY!**



BECOME A CONFERENCE VOLUNTEER

Internationally recognized, the Crimes Against Children Conference is the premier conference of its kind providing practical and interactive instruction to those fighting crimes against children and helping children heal. At the last in-person event in 2019, we hosted 5,100 attendees from all over the world.

VOLUNTEER RESPONSIBILITIES AND EXPECTATIONS*

- Must attend Volunteer Training
- On-site responsibilities: Attendee registration, VIP Registration, traffic control, room monitor and other duties as assigned.
- Please ensure availability for one FULL DAY listed below.

VOLUNTEER TIME COMMITMENTS

Thursday, August 4th	Volunteer Training	8:00 pm - 8:30 pm
Saturday, August 6th	Conference Set-up	12:00 pm - 4:00 pm
Sunday, August 7th	VIP Registration	10:00 am - 9:30 pm
Sunday, August 7th	Attendee Registration	1:00 pm - 9:30 pm
Monday, August 8th	Conference Day 1	6:30 am - 5:00 pm
Tuesday - Wednesday, August 9-10th	Conference Day 2 & 3	7:00 am - 5:00 pm

*Please note:
1. This can be a high impact and physically demanding volunteer opportunity and can include moving/lifting boxes and walking/standing for long periods of time.
2. Criminal defense attorneys are not eligible for this placement.
3. Some of the workshop content is graphic in nature. You are not required to sit in on workshops.

Commitment deadline: June 10, 2022

No dropouts after July 8, 2022

For more information, contact Bria Manning at bmanning@dcac.org

www.cacconference.org

[Facebook](#) [Twitter](#) [Instagram](#) [LinkedIn](#) [Crimes Against Children Conference](#)

PERMISSION TO CHECK RECORDS

DALLAS CHILDREN'S ADVOCACY CENTER BOARD MEMBERS, STAFF AND VOLUNTEERS

Purpose: The purpose of this form is to grant representatives of authorized Volunteer Organizations permission to request, on the behalf of potential and current volunteers, employees, and board members.

- Criminal History check from the Texas Department of Public Safety (DPS) and
- Check from the Texas Department of Family and Protective Services (DFPS) Central Registry of Child Abuse and Neglect.

The authorized volunteer organizations include: Big Brothers and Sisters of America, Child Advocacy Center of Texas, Make-A-Wish Foundation of America and Home a Dream Foundation. This form is completed by the subject of the background check or a designee.

Directions: The subject of the background check or designee reads and completes Sections 1-3, and submits this form to a Dallas Children's Advocacy Center Designee.

- Board Member and Staff Designee: Julie Smith, jsmith@dcac.org
- Volunteer Designee: Bria Manning, bmanning@dcac.org

A note to Designees: The designee is responsible for ensuring the information provided by the subject in Section 1 is complete and accurate. The information must be verified by reviewing official documents provided by the subject of the check, such as a driver's license or social security card.

SECTION 1: SUBJECT OF THE BACKGROUND CHECK

Please print. The information in this section must be provided by the subject of the background check before the check is conducted. Missing information may result in delays.

First Name	Middle Name	Last Name	Student Name
Alternate First Name	Alternate Middle Name	Alternate Last Name	
Birthdate	Sex	Race	Ethnicity
Social Security #	TX Driver's License #	Phone Number	Other
Email Address	Country		
Place of Birth			
CURRENT ADDRESS			
Street	City/State	ZIP	
PREVIOUS ADDRESS			
Street	City/State	ZIP	

OFFICE USE ONLY

Verify: ☐ Approved ☐ Not Approved Initials _____ Date _____

DFPS: ☐ Approved ☐ Not Approved Initials _____ Date _____

Quest: ☐ Approved ☐ Not Approved Initials _____ Date _____

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TARRANT
AREA
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BANK**
tafb.org



Volunteer TODAY

JOB OPPORTUNITIES

[Click here for more information](#)

Trauma Therapist

Overview

Date Posted: 6/23/2022

Job Code: THRTDSP

Position Type: Exempt

City: Fort Worth

State: TX

Country: United States of America

Category: Direct Care - Clinical Therapist/Social Work/Case Worker

Requisition Number: 8977

Position Number: 12493



ABOUT US

As the public hospital for Dallas, Parkland has been providing exceptional care stretches back for over a century. Today, many of Parkland's specialty areas have garnered national achievements in care, research, and technological innovation.



CURRENT OPENINGS:

- Social Worker (BSW) - bilingual Spanish
- Social Worker (LMSW)
- Social Worker (LMSW) - bilingual Spanish
- Mgr, Social work



BENEFITS

- Medical, Dental, Vision
- 401 K
- Pension
- Employee Assistance Program
- Life Insurance
- Child Care
- And many others

CONTACT

Gillian Williams
 214-590-8269
 gillian.williams@phhs.org
 ParklandCareers.com
 5200 Harry Hines Blvd., Dallas, TX, 75235

BENEFITS

Healthcare

- Medical
- Dental
- Vision
- Life Insurance
- Flexible Spending Account
- Disability
- Pet Insurance
- Supplemental Insurance
- Dependent Care Flexible Spending Account

Financial

- Pension
- 401K up to 6% Match
- Legal Insurance
- Tuition Reimbursement
- Federal Loan Repayment Program
- Milliman Financial Advisor Support for Retirement
- Employee Assistance Program

Beneplace

- Discounts
- Fitness Program
- Weight Loss Support
- Auto & Home Insurance

Additional Benefits

- Employee Health Center
- Pharmacy
- Expectant Mothers deliver for free *
- Child Care



Parkland

Care. Compassion. Community.




[Click here for more information](#)



RESEARCH

[Social Work
Course Guides](#)

[Student Research
Opportunity
Center](#)



UNIVERSITY OF TEXAS ARLINGTON | SCHOOL OF SOCIAL WORK

TITLE IV-E STIPEND FOR BSW/MSW STUDENTS

FOR STUDENTS WHO ARE INTERESTED IN:

- CHALLENGING AND REWARDING WORK**
Students will be working with children, parents and families impacted by child abuse and neglect, and who are in foster and adoptive placement.
- FINANCIAL AID**
Stipend amount offered through Title IV-E Child Welfare Programs are:
BSW Students: \$
MSW Students: \$
- INTENSIVE TRAINING AND SOCIAL WORK EXPERIENCE**
No other field and work setting offers such wide range of opportunities to learn, network, and grow.
- POST GRADUATION OPPORTUNITIES**
Students sign a contract with the Department of Family and Protective Services (DFPS) to complete a minimum of 6 months of employment with full salary and benefits.

HOW TO APPLY

- GET IN TOUCH**
Start the process by contacting Stipend Coordinator Kimberly Evans at kimberly.evans@uta.edu or an appointment to discuss the application process and obtain an application form.
- STIPEND APPLICATION & WRITING SAMPLE**
Complete the stipend application and writing sample online, and return to kimberly.evans@uta.edu by stipend deadline.
- LETTER OF RECOMMENDATION**
Submit letter of recommendation from a UTA professor to kimberly.evans@uta.edu by stipend deadline.
- PRELIMINARY INTERVIEW**
Participate in a preliminary interview with UTA Title IV-E Stipend Program Coordinators.
- FINAL INTERVIEW AND SELECTION**
Eligible candidates will be invited to a final interview with Child Protective Services staff.

CONTACT US:
KIMBERLY EVANS, LCSW
TITLE IV-E COORDINATOR
[KIMBERLY.EVANS@UTA.EDU](mailto:kimberly.evans@uta.edu)

VISIT US ONLINE:
UTA.EDU/SSW

IMPORTANT INFO:

- GRADUATION TIME IS CRITICAL:**
Students must have completed all course requirements and be eligible to graduate from their program in the same semester in which they receive the Child Welfare Stipend.
- SELECTION PROCESS IS COMPETITIVE:**
Stipend applications are processed 1-2 semesters prior to students' final acceptance into the program. Contact kimberly.evans@uta.edu for the best time to begin the application process.
- BACKGROUND CHECK IS REQUIRED:**
A final screening including driving record, criminal background check, online assessment and employment interview is conducted by DFPS.
- APPLICATION DEADLINE**
FALL – APRIL 15TH
SPRING – SEPTEMBER 1ST
SUMMER – JANUARY 15TH

The Child Welfare Stipend is provided through the Title IV-E Training Contract, a federally funded initiative to enhance child welfare practice by infusing the work force with more BSW and MSW educated practitioners



STAY SAFE

Covid-19 Vaccine



Contact covidvaccine@uta.edu with any questions.

If the dates and times of these clinics don't work for you, the COVID-19 vaccine is free and widely available in Arlington and surrounding communities. To find a vaccine or booster near you, enter your zip code into the [CDC's COVID-19 vaccine finder](#).

[Click Here for more information.](#)

[Required COVID-19 testing and new protective measures for Spring 2022 \(English and Español\) \(uta.edu\)](#)

Classroom density, updated info from university on testing and return to campus

Daily Self-Check before Coming to Campus



All students must take their temperature daily before going to campus.

If you experience any symptoms that are new, worsening, or not normal for you, please remain or return home.

Are you a student in recovery from substance use? If so, you may be eligible to offer feedback on a new VR based tool for substance use treatment. [Click here](#) for more information.

As a phoenix rises from the ashes...

"If you are military-connected, 18 or older, and have transformed your trauma into a personal growth experience contributing to the growth and/or transformation of others, you may be eligible to participate in a research study."

Posttraumatic Growth and Transformation in Military-Connected Populations

The purpose of this research study is to better understand the factors, elements and turning points that contribute to a military loss or trauma becoming a personal posttraumatic growth experience that results in a transformation outcome of helping others. In other words, a transformation outcome creates a ripple effect of paying it forward in service to one's community and helping others in the process. An additional purpose of the study is to educate others to the power of posttraumatic growth and transformation outcomes through identifying factors that foster hope, growth, resilience, and purpose.

Location for follow-up interviews:

- Video interviews via MS Teams meeting

You can choose to participate if you:

- are over 18 years old;
- are a member of a military-connected population (i.e., Service Member, Reservist, National Guard, Veteran, family member, or friend);
- have directly or indirectly experienced a loss or trauma that is military related;
- have transformed your trauma into a personal growth experience contributing to the growth and/or transformation of others;
- have at least 2 years from last traumatic experience.

To Access Our Survey
Click or Scan QR Code Below



Time Commitment Required

- 10 - 15 minutes for online anonymous survey
- Participants will be entered into a drawing to win 1 of 5 \$100 Amazon gift cards
- 45 - 90 minutes for follow-up interview if chosen
- Participants will receive a \$25 Amazon gift card

Are you unsure if you meet the requirements? Please call or email a member of the study team:

Dayton Ann Williams
(MBA, PMPP, MSW Student)
Co-Principal Investigator
PTIC_V@uta.edu
(817) 272-3181

For more information
[CLICK HERE TO ACCESS OUR WEBSITE](#)
The University of Texas at Arlington, School of Social Work



Research Participation Opportunity

Volunteers needed for an exploratory survey of childhood experiences and well-being in transition-age youth.



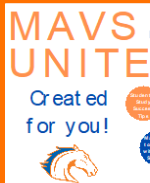
youngadultwellbeing.questionpro.com

Thank you for your interest and participation! We understand that your time is valuable. Participants who complete the survey will be entered into a raffle for one of ten \$20 Amazon gift cards.

If you have any questions, please contact the research team at:
katherine.fahrenthold@mavs.uta.edu
or

[UTA Academic Calendar](#)

[Evidence-Based Practice Research Guide](#)



Check Canvas for the MavsUnite Page!
To add please e-mail:
[Emily Clark](mailto:Emily.Clark@uta.edu)

[SAR Center](#)

(Formerly Office of Students with Disabilities)

MANAGING STRESS AND ANXIETY DURING COVID-19

UTA COUNSELING AND PSYCHOLOGICAL SERVICES (CAPS)

THERAPIST ASSISTED ONLINE (TAO)

Visit TAOconnect.org



THRIVE APP



Download "Thrive at UT" on App Store or Google Play

MAVS TALK 24HR CRISIS LINE

Call (817) 272-8255



Visit uta.edu/caps for more information

UTA is a... COMMUNITY THAT CARES



Connections Tutoring Lab
UTA School of Social Work

NOW OPEN

Schedule a 30 minute session with a writing tutor!

Book your session [HERE!](https://connect.uta.edu/Book)



In Crisis?
Text HELLO to 741741

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Free, 24/7, Confidential

Our Services

Peer-Led Team Learning (PLTL)
PLTL study groups target the 30 weeks of class and attendance is mandatory. PLTL groups consist of 8-12 students who are assigned to a faculty member who provides support and guidance. PLTL helps you gain a better understanding of content, concepts, and how to apply what you learn.

PLTL is a free for student but requires registration required during first week of classes.

PLTL is available for students who have demonstrated academic competency in the subject area.

Supplemental Instruction (SI)
SI is a free program designed to help students who are struggling in a course. SI is available for students who have demonstrated academic competency in the subject area. SI is available for students who have demonstrated academic competency in the subject area.

Information for Students

THE UNIVERSITY OF TEXAS AT ARLINGTON
COUNSELING AND PSYCHOLOGICAL SERVICES

MAVS talk
24 HOUR CRISIS LINE

817-272-TALK (8255)
WWW.UTA.EDU/CAPS
303 RANSOM HALL

[UTA Library Accessibility](#)

[On-Demand & Live Fitness Classes](#)



Rental Assistance Program

The [Tarrant County Rental Assistance Program](#) assists residents who have been impacted by the COVID-19 pandemic. For more details, email renthelp@tarrantcounty.com or call [817-850-7940](tel:817-850-7940).

The Lifeline is **FREE**, confidential, and always available.

HELP a loved one, a friend, or yourself.

Community crisis centers answer Lifeline calls.

NATIONAL SUICIDE PREVENTION LIFELINE
1-800-273-TALK (8255)
suicidepreventionlifeline.org

Learn the Warning Signs.

Emergency Assistance Fund

UTA students with a temporary financial hardship resulting from a sudden emergency [may apply for financial help](#).

[Get Microsoft 365, The Wall Street Journal and Other Apps FREE with your student email!](#)

How to gain access to SSW writing resources: [Advising & Student Success Canvas](#)

UTA/Tri-C Food Pantry Distributions

Currently distributing groceries on Thursdays only, from 9-11:45 a.m. and 2-4:45 p.m. To receive these grocery bags you must send an email to utafoodpantry@gmail.com to request a pickup time. Include student name, last four digits of UTA ID, requested grocery pickup time, choice of vegetarian, chicken, or any meat groceries.

If you have any questions or content suggestion for the newsletter, please contact Olga Carrillo : Olga.carrillo@mavs.uta.edu