



UNIVERSITY OF TEXAS SCHOOL OF SOCIAL WORK THE WORLD TALKS ABOUT UNDERGRADUATE PROGRAMS CHANGE; WE CREATE CHANGE.







SOCIAL JUSTICE SPOTLIGHT

# World Heart Day is September 29!

September 29 is World Heart Day, where it strives to bring awareness to cardiovascular disease, including HOW to prevent it!

Heart disease is the leading cause of death in the world. According to the World Health Organization (WHO), nearly 18 million people die each year from heart-related issues.

#### Risk Factors that increase the chance of a heart attack or stroke

- Tobacco use
- •Unhealthy diet
- Obesity
- Physical inactivity
- Hypertension
- ·Harmful use of alcohol

#### **How to Observe:**

- Fund-raising and sporting events
- Free heart health checks
- WORLD HEART DAY: SPOTIFY PLAYLIST
- Join the World Heart Day Challenge

Sources: https://world-heart-federation.org/world-heart-day/



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# STUDENT SPOTLIGHT



# Get to know our Student Leaders!

Hello fellow Mavs! My name is JC Chang. I am from Puerto Rico, also known as the "Isla del Encanto". I obtained my undergraduate degree in Forensic Science with a minor in Chemistry from Virginia Commonwealth University and my master's degree in Healthcare Administration specializing in Human Resource Management from Colorado State University-Global Campus. I briefly worked as a fingerprint technician and forensic DNA analyst prior to enlisting in the United States Air Force. During my time in the USAF, I served as a Bio-Terrorism Microbiologist and Medical Technologist. I currently work full-time as a Medical Laboratory Scientist in the DFW area. On my free time, I enjoy reading, playing board-games, traveling, hiking, cooking, swimming, gardening, and spending time with my wife and our three fur-babies (dogs).

Working in the healthcare field during a global pandemic has kept me very busy these past few years and especially now as we deal with new variants and the upcoming flu season. As an OIF Veteran and current healthcare professional, I have witnessed firsthand the emotional strain and stress that first responders and military personnel undergo while performing their jobs. I have seen the difference a social worker can make in the lives of individuals in their time of need. I hope that with this MSW degree, I can help others overcome difficult situations, build resilience, and develop healthy coping mechanisms. I am interested in specializing in Mental Health and Substance Abuse. I am currently in my third semester of my foundation year here at UTA, where I am completing my internship as part of the Graduate Student Leader (GSL) Program. I am looking forward to learning from and engaging with the faculty and staff of the MSW program and my fellow peers. As a GSL, I have enjoyed assisting students get connected and find the resources they need to successfully navigate the MSW program here at UTA. I wish everyone a great semester!

**Interested in becoming a GSL? Click here!** 



Graduate Student Leader (GSL) Internship Program - Spring 2023

Are you looking for an internship placement where you can grow professionally, learn leadership skills, receive mentoring, work on important special projects to improve the MSW program, and help fellow MSW students? If so, we may have the opportunity you are looking for.

We are actively recruiting for GSL interns for the spring 2023 semester.

Foundation MSW students, students in the CAP specialty, mental health & substance misuse specialty and children & families specialty (split) can choose to intern within the School of Social Work Academic Affairs Department as a GSL. How cool is that?!?!

If you are interested in this new initiative, here is what you need to do. Complete the GSL application:

CLICK HERE!

Keep in mind that you can still serve as a GSL even if you do not want to use this as your field placement. whether you are a volunteer GSL, or you use this as a field placement, you will provide much needed support to fellow MSW students. Interns will have additional opportunities to lead special projects and receive mentoring.

Applications open for Spring Field placement on October 3rd. The deadline to submit applications is November 25, 2022.



### The Secret to Making Friends as an Adult

Hello Mavericks, I hope y'all have had a great weekend! This week I found myself searching through asking a few of my personal friends this question.... How do you make friends as an adult? When I pondered this myself, I thought "I connect with people through school and work!". But is that the only way I know how to socialize? I then remembered my life after I graduated with my BSW and took a year to continue into the Masters program. I noticed that the friends I had made during my undergraduate career were often just a memory. I had then picked up a job that required very little social interaction or group settings. This had made my process of making friends difficult. I found myself lonely and a bit out of place at this time in my life.

The "Happiness Lab" Podcast by Dr. Laurie Santos puts into perspective that "friendships don't just happen as much as we like to believe". In the podcast she states, "Loneliness is a far more common and far more serious problem than we think. It affects one in five Americans and takes a toll on our bodies and minds. To thrive we need to several types of social interactions – both casual and more intimate." But how do we achieve them? We need a mixture of the three types of loneliness such as intimate loneliness- lacking a close confidant, relational loneliness- when we experience the absence of friendships, and collective loneliness- when we don't have the benefit of identity in a group. A few tips they gave was: join a workshop or volunteer (where you can find people who share the same values as you).

Give the podcast a listen and learn about the "Secret to Making Friends as an Adult" by building community.

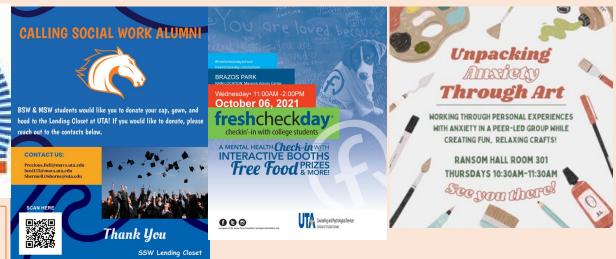
- Olga Carrillo, MSW Foundation Student

Source: https://www.pushkin.fm/podcasts/the-happiness-lab-with-dr-laurie-santos/the-secret-to-making-friends-as-an-adult

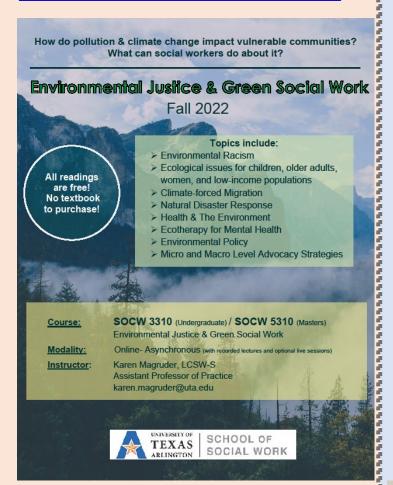
# **UPCOMING EVENTS AT UTA**



"We are also looking for student involvement and engagement in our upcoming Campus Elections. Student Government is the primary way for students to participate in the policymaking that affects their educational and campus experience at the University." CLICK HERE!



# **COURSE SPOTLIGHT**



Fall 2022

# SOCW 5356 COGNITIVE BEHAVIORAL INTERVENTIONS

Learn practical tools for engagement, assessment and intervention using this popular, evidence-based approach!

No textbook to purchase!

**Format:** Online Asynchronous **Instructor**: Karen Magruder, LCSW-S

Questions? Email karen.magruder@uta.edu



# **IMPORTANT DATES**

#### **FALL 2022**

- Oct. 3– Field Applications OPEN
- Oct. 28-- Last day to drop classes; submit requests to advisor prior to 4:00pm
- · Nov. 23- No classes scheduled
- · Nov. 24- Thanksgiving Holiday
- Nov. 25- Thanksgiving Holiday Field Applications Close
- · Dec. 6- Last day of classes
- · Dec. 7- Student Study Day (no classes)

#### **NEW FIELD ADVISOR UPDATE ON PAGE 4!**

\*Sharon & Natalie will be splitting MHSU students!

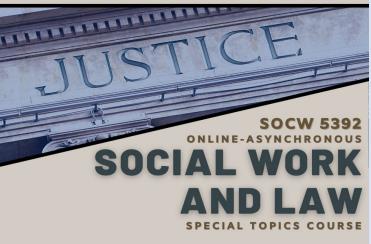
### CEU OPPORTUNITIES

Free CEU's from
Valdosta State University

For All Licensed Clinical Social Workers

Do you want to learn more about dementia, caregiving, and cultural considerations while working with diverse communities? Click for more information.

#### **FALL 2022**



Designed to provide essential forensic knowledge and skills to advance social worker influence within legal environments.

Students will learn how to:

• Discover when problems are legal and require legal action

OPPORTUNITIES TO LEARN FROM PRACTICING PROFESSIONALS

- Respond to Subpoena
   Analyzo Caso Law
- Analyze Case Law
- Participate in Judicial Proceedings
- Perform as a witness in court
- And more

#### INSTRUCTOR

Dr. Sherece Shavel, Assistant Professor of Practice

EMAIL FOR MORE INFORMATION sherece.shavel@uta.edu



Need to meet with an advisor but there's no upcoming appointment available? Drop-in either in person or virtually on Wednesdays. To schedule your 30-minute drop-in time, click <a href="https://docs.no.nih.gov/here">here</a>. Be sure to select in-person or virtual and your advisor. Remember, drop-in sessions are on a first come basis.

Feeling a bit lost?
Start with
your
Graduate Student
Leader!

Don't know who that is?

Email Martaya Brown or Lecia
Edwards to get
connected!

### LICENSING

- If you're in your final semester and want to get started on applying to ASWB to take the LMSW licensing exam, <u>click here</u> to request the Dean's Letter for Licensure, which UTA will send to ASWB. More info can be found <u>on the ASWB site</u> and our <u>SSW licensure page</u>.
- There's lots of great updated information about licensing in the Student Success and Advising Course on Canvas—Check it out!
- Interested in the LCDC? Scroll to the end of this
   <u>Licensure</u> webpage and click on the Texas LCDC
   Licensing 2021 PDF for a chart that shows how different
   education levels can prepare you for the LCDC.



#### FIELD PLACEMENTS

#### General

 InPlace has a new URL! All students, agencies, and Field Instructors will need to use the new

URL. <a href="https://inplace.uta.edu/">https://inplace.uta.edu/</a>

- The InPlace fee is \$67 per year or \$130 for a lifetime. Each student will need to plan to pay the InPlace fee on the first day of class for that semester they are starting field.
- InPlace Training and Logbook Training can be found here!
- Field forms are available here!
- Field FAQ
- If you are having technical difficulties with InPlace please email sswfield@uta.edu and include a screenshot of the issue.
- Are you a CAP student ready for your advanced field placement?
   Check out the Funding section for paid opportunities!

#### Fall 2022

- The Fall 2022 Field Application is now open.
- Application Deadline is CLOSED. See the Fall 2022 Field Education Calendar for Block and for Split here.

InPlace fee is due on the first day of class

## Spring 2023

- The Spring 2023 Field Application is open October 03, 2022.
- Application deadline is November 25, 2022
- See the Spring 2023 Field Education Calendar for Block and for Split <u>here.</u>

InPlace fee is due on the first day of class

### FIELD POWER HOURS

This is an opportunity for you to ask questions, similar to Office Hours for faculty!

- Aging & Health (Interim Field Advisor for Mental Health last names A-I)
  - Field Advisor: Natalie Mangham
  - 1<sup>st</sup> & 3<sup>rd</sup> Monday of the month, 3-4
  - Click here to join the meeting
- CAP & Children & Families
  - Field Advisor: Monica Brown
  - 1st & 3rd Tuesday of the month, 3-4
  - Click here to join the meeting
- BSW/BSSUT (Interim Field Advisor for Mental Health last names M-Z)
  - Field Advisor: Sharon Martin
  - 1st & 3rd Wednesday of the month, 3:30-4
  - Click here to join the meeting

\*Update\* Foundation: Andrea Jamesonandrea.jameson@uta.edu



School of Social Work

#### JOIN THE SOCIAL **WORKERS FOR CHILDREN AND FAMILIES STUDENT ORGANIZATION!**

Join a new student organization for students interested in working in the social work field with children and families!

- NETWORK WITH OTHER UTA STUDENTS - HAVE GUESTS/PROFESSIONALS VISITS WITHIN THE SOCIAL WORK FIELD

For those interested in joining please reach out to Oscar Aguila via email at oxa8654@mavs.uta.edu or on Microsoft Teams.





# **GET INVOLVED**









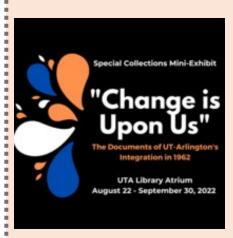
INFORMATION FOR A CAP **ALUMNI NETWORK** 



SCAN OR CLICK TO REGISTER!









# **EVENTS**

### **INTERESTED IN MACRO SOCIAL WORK?**

STUDENT ASSOCIATION FOR MACRO SOCIAL WORK (SAMSW) OCT 3, 2022 @ 7PM

Fall Meetings: 7-8pm via Teams

October 3 (First Monday) November 7 (First Monday) December 5 (First Monday) Peer Support & for CAP Concentration, MSW Leadership

Click or Scan to Register!

For questions, email





### PROFESSIONAL DEVELOPMENT TRAININGS





#### **MAV ALLY 1.0**

In-person (Library Parlor) Thursday, September 29 at 10:00am to 12:00pm

TEAL TALK TUESDAYS
JOIN RVSP PEER EDUCATORS AND
INTERNS IN TAKING A STAND
AGAINST RAPE CULTURE!

Tuesday, September 27 at 12:00pm to 1:30pm Guadalupe Room, University Center, Guadalupe

# CMAS Speaker Series: José Ralat

The Center for Mexican
American Studies hosts José
Ralat speaking on "The Fluid
Taco: The adaptive Tortilla in the
United States of America."
IN PERSON

Tuesday, September 27 at 12:00pm to 1:30pm

**Library Parlor, Central Library** 

**GLOBAL ENGAGEMENT -**

INTERCULTURAL COMPETENCY
TRAINING

Virtual Only

THURSDAY 10/20/2022, 10:00 AM - 11:00 AM

#### ANNUAL SOCIAL WORK AND LAW National Symposium

# RE-SYMPOSIUM ETHICS WORKSHOP

Forensic Social Work: Ethical Challenges







Visit the Diversity, Equity & Inclusion Professional

Development UTA

Website!

We're seeking transfer students who want to boost their resume and career options with Power Skills and Tech Skills. No matter what your major, we can provide the path to a lucrative and fulfilling career. Click here to register!



# ACADEMIC **OPPORTUNITES**



#### **MavMentors Training**

Learn how to join UTA's mentor program, MavMentors, and connect with UTA alumni and industry leaders to help guide your career journ Monday, September 26 at 10:00am to 11:00am Virtual Event

#### SSW GRADUATE CERTIFICATES

Certificates are a great way to gain specialized expertise while earning your degr Talk to your advisor today about adding a certificate to your plan this Fall!

COMMUNITY LEADERSHIP

POLICY LEADERSHIP

# MILITARY, VETERAN, E

# **VOLUNTEER OPPORTUNITES**







Road To Recovery: Trauma Informed Care Applications Open for 2023

The Texas Center for Disability Studies is offering an exciting training opportunity 
– FREE to selected applicants. The Center is recruiting applicants to become 
master trainers of the Road to Recovery: Supporting Children with Intellectual/ Developmental Disabilities Who Have Experienced Trauma.

The virtual training offers IDD professionals, mental health professionals, family members, educators, direct care workers and others valuable insights into how to support children with intellectual and other developmental disabilities in healing from trauma.

Interested in becoming a trainer? Complete the application on disabilitystudies.utexas.edu/R2R

Deadline to submit your application is November 14, 2022. Questions? Contact r2rtcds@gmail.com.





### **REGISTER TODAY**

**NASW Texas Hybrid Conference** 

October 13-15, 2022

Student Volunteers Needed!





Volunteer **TODAY** 

# Hispanic/Latinx Heritage Month!

September 15th-October 15th

Beans & Rice Canned Fruits (i.e Salsa Mole Bases Canned pickled chiles Cooking oils & Spices (i.e., cumin, oregano, chile powder)





# **JOB OPPORTUNITES**

# Click here for more information

# **Trauma Therapist**

#### Overview

Date Posted: 6/23/2022

Job Code: THRTDSP
Position Type: Exempt

City: Fort Worth

State: TX

Country: United States of America

Category: Direct Care - Clinical Therapist/Social Work/Case Worker

Requisition Number: 8977
Position Number: 12493





#### **ABOUT US**

As the public hospital for Dallas, Parkland has been providing exceptional care stretches back for over a century. Today, many of Parkland's specialty areas have garnered national achievements in care, research, and technological innovation.



# CURRENT OPENINGS:

- Social Worker (BSW) bilingual Spanish
- Social Worker (LMSW)
- Social Worker (LMSW) bilingual Spanish
- Mgr, Social work





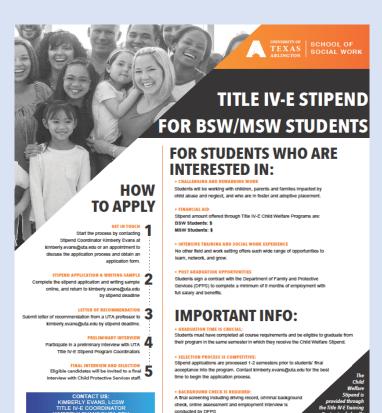


Click here for more information



### RESEARCH

Social Work Course Guides Student Research Opportunity Center



### As a phoenix rises from the ashes...

"If you are military-connected, 18 or older, and have transformed your trauma into a personal growth experience contributing to the growth and/or transformation of others, you may be eligible to participate in a research study."

#### Posttraumatic Growth and Transformation in Military-Connected Populations

Location for follow-up Interviews







APPLICATION DEADLINE

requirements? Please call or email a member of the study team:





### Covid-19 Vaccine



Contact covidvaccine@uta.edu with any questions. If the dates and times of these clinics don't work for you, the COVID-19 vaccine is free and widely available in Arlington and surrounding communities. To find a vaccine or booster near you, enter your zip code into the CDC's COVID-19 vaccine finder.

Click Here for more information.

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Required COVID-19 testing and new protective measures for Spring 2022 (English and Español) (uta.edu)

Classroom density, updated info from university on testing and return to campus



RECRUITING PARTICIPANTS FOR

### TRANS AND NONBINARY EXPERIENCES IN SOCIAL WORK EDUCATION

#### Requirements:

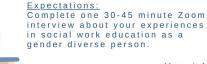
• 18 years old or older

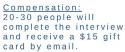
· Identify as gender diverse (such as trans, two-spirit, nonbinary, agender)

· Are either:

- · A) a social work student in the last two years (current, withdrawn, or graduated) OR
- o B) social work faculty (part time or full-time) teaching within the last two years









Contact M. Killian Kinney (they/them) at markkinn@iu.edu or Richard Brandon-Friedman





# **UTA Academic Calendar**

# **Evidence-Based Practice Research Guide**



**Check Canvas** for the MavsUnite Page! To add please e-mail:

**Emily Clark** 

# SAR Center

(Formerly Office of Students with Disabilities)







booking your appointments







**UTA Library Accessibility** 

**On-Demand & Live Fitness Classes** 



#### **Rental Assistance Program**

The Tarrant County Rental Assistance Program assists residents who have been impacted by the COVID-19 pandemic. For more details, email renthelp@tarrantcounty.com or call 817-850-7940.



#### **Emergency Assistance Fund**

UTA students with a temporary financial hardship resulting from a sudden emergency may apply for financial help.

Get Microsoft 365, The Wall Street Journal and Other Apps FREE with your student email!

How to gain access to SSW writing resources: Advising & Student Success Canvas

#### **UTA/Tri-C Food Pantry Distributions**

Currently distributing groceries on Thursdays only, from 9-11:45 a.m. and 2-4:45 p.m. To receive these grocery bags you must send an email to utafoodpantry@gmail.com to request a pickup time. Include student name, last four digits of UTA ID, requested grocery pickup time, choice of vegetarian, chicken, or any meat groceries.

If you have any questions or content suggestion for the newsletter, please contact Olga Carrillo: Olga.carrillo@mavs.uta.edu



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