October 6th is National Cerebral Palsy Day!

On October 6th, we celebrate National Cerebral Palsy Day! On this day, we recognize people with Cerebral Palsy. Over 17 million people have Cerebral Palsy Nationwide. In North America, about 500,000 children have it. This is the most common physical disability within children. Cerebral Palsy is a non-progressive neurological disorder that is the result of lack of oxygen of the brain.

How can we spread Awareness of Cerebral Palsy Disorder? Here are the six key areas to focus on.

Public Awareness     Civil Rights     Quality of Life
Medical/Therapeutic     Educational     Contribution

Get to know our Student Leaders!

My name is Martaya Brown, and I am 30 years old. I am from Pittsburgh, Pennsylvania and I have lived in Arlington, Texas for a little over a year. In 2014, I joined the United States Air Force where I was stationed in Grand Forks, North Dakota. While in the service, I received my master’s degree in Psychology (prior to the service, I obtained my bachelor’s degree in criminology). I am currently participating in a dual degree program at UTA to obtain my MSW and an MBA. My main goal after graduation is to establish my own assistant living “community”. In this community individuals with disabilities have access to resources for proper care and to maintain their independence and dignity. I emphasize community because I do not want it to be or feel like a facility setting. Many assistant facilities do not have the best reputations when it comes to providing care and a better quality of life for people. I currently work at a private assistant living residence with 6 amazing clients. I am very sociable, but also a little shy. I am so excited for this upcoming semester, and I can’t wait to work with you!

Interested in becoming a GSL? Click here!

Graduate Student Leader (GSL) Internship Program – Spring 2023

Are you looking for an internship placement where you can grow professionally, learn leadership skills, receive mentoring, work on important special projects to improve the MSW program, and help fellow MSW students? If so, we may have the opportunity you are looking for. We are actively recruiting for GSL interns for the spring 2023 semester.

Foundation MSW students, students in the CAP specialty, mental health & substance misuse specialty and children & families specialty (split) can choose to intern within the School of Social Work Academic Affairs Department as a GSL. How cool is that?!?

If you are interested in this new initiative, here is what you need to do. Complete the GSL application: CLICK HERE!

Keep in mind that you can still serve as a GSL even if you do not want to use this as your field placement. Whether you are a volunteer GSL, or you use this as a field placement, you will provide much needed support to fellow MSW students. Interns will have additional opportunities to lead special projects and receive mentoring.

Applications open for Spring Field placement on October 3rd. The deadline to submit applications is November 25, 2022.
Diet Culture, Nutrition, Intersections, and Social Work

What is a diet? What are calories? What are considered carbohydrates, fat, cholesterol, and starch food? When we become Social Workers, how can we balance health while helping clients with their problems?

In today’s world, diet culture is all around us. This includes movies, music, advertisements, magazines, culture, and even in the stores. Even celebrities such as Dwayne Johnson are encouraged to endorse supplement companies such as Zoa to promote it as healthy. But it is far from the truth. In fact, Diet is defined as what ever food you eat daily. This also include how much calories you eat, and how much it is burned off by exercise.

There are many people who eat less than they should eat. By eating less food, they can lose weight quickly but lack energy and strength to do anything. There are many times that they overeat and gain more weight due to undereating. Crash diets are not healthy. Without the proper nutrition, we become sick and are unable to help a client.

Therefore, how can we maintain good health while helping clients? First, we must know how much calories that we are able to sustain. Second, is to manage the micronutrients that is consumed daily. Lastly is that if you are active and go to the gym, check how much calories that you’ve burned throughout being active. Two food apps that can help provide your goals are: MyFitnessPal and LoseIt app. Both are free to the public and can help you find your nutritional goals!

Andrwelah Givens
BSW Student | undergraduate
www.socialworkersbreakroom.com
Need to meet with an advisor but there's no upcoming appointment available? Drop-in either in person or virtually on Wednesdays. To schedule your 30-minute drop-in time, click here. Be sure to select in-person or virtual and your advisor. Remember, drop-in sessions are on a first come basis.

Feeling a bit lost? Start with your Graduate Student Leader! Don't know who that is? Email Martaya Brown or Lecia Edwards to get connected!

**FIELD PLACEMENTS**

**General**
- InPlace has a new URL! All students, agencies, and Field Instructors will need to use the new URL. [https://inplace.uta.edu/](https://inplace.uta.edu/)
- The InPlace fee is $67 per year or $130 for a lifetime. Each student will need to plan to pay the InPlace fee on the first day of class for that semester they are starting field.
- InPlace Training and Logbook Training can be found here!
- Field forms are available here!
- Field FAQ
- If you are having technical difficulties with InPlace please email sswfield@uta.edu and include a screenshot of the issue.
- Are you a CAP student ready for your advanced field placement? Check out the Funding section for paid opportunities!

**FIELD POWER HOURS**

This is an opportunity for you to ask questions, similar to Office Hours for faculty!
- Aging & Health (Interim Field Advisor for Mental Health last names A-L)
  - Field Advisor: Natalie Mangham
  - 1st & 3rd Monday of the month, 3-4
  - [Click here to join the meeting](#)
- CAP & Children & Families
  - Field Advisor: Monica Brown
  - 1st & 3rd Tuesday of the month, 3-4
  - [Click here to join the meeting](#)
- BSW/BSSUT (Interim Field Advisor for Mental Health last names M-Z)
  - Field Advisor: Sharon Martin
  - 1st & 3rd Wednesday of the month, 3:30-4
  - [Click here to join the meeting](#)

*Update* Foundation: Andrea Jameson-andrea.jameson@uta.edu

**LICENSING**
- If you're in your final semester and want to get started on applying to ASWB to take the LMSW licensing exam, click here to request the Dean's Letter for Licensure, which UTA will send to ASWB. More info can be found on the ASWB site and our SSW licensure page.
- There's lots of great updated information about licensing in the Student Success and Advising Course on Canvas—Check it out!
- Interested in the LCDC? Scroll to the end of this Licensure webpage and click on the Texas LCDC Licensing 2021 PDF for a chart that shows how different education levels can prepare you for the LCDC.
EVENTS

National Coming Out Day Festival
Join the LGBTQ+ Program and UTA Libraries as we celebrate National Coming Out Day! Learn from Community and Campus partners how they serve the LGBTQ+ Community, listen to live music, enjoy several different activities, and have a great time with us!

Tuesday, October 11 at 11:00am to 2:00pm
Brazos Park
PROFESSIONAL DEVELOPMENT TRAININGS/EVENTS

**Diversity, Equity, and Inclusion Conference**
This year's theme "A Day In Your Shoes" challenges guests to view things from the perspective of a different identity.
Special Keynote Speaker Dr. Leo Taylor from Ohio State University
Lunch provided, **RSVP required.**
Tuesday, October 4 at 10:00am to 3:00pm
Rio Grande Ballroom, University Center

**GLOBAL ENGAGEMENT - INTERCULTURAL COMPETENCY TRAINING**
Virtual Only
**THURSDAY 10/20/2022, 10:00 AM – 11:00 AM**

**Fall 2022 SSW Office of DEI Community of Caring Calendar**
Is there a current event happening that you would like to talk about? Please fill out a form using the link or QR code below and help us find the important topics to discuss. We are open to suggestion!

- **August 25**
  10:00am-11:00am
  Critical Race Theory and Immigrant access to Higher Ed.
- **September 9**
  10:00am-11:00am
  - October 14
  10:00am-11:00am
  November 11
  10:00am-11:00am

To join all events use the link or QR code below.

Visit the Diversity, Equity & Inclusion Professional Development UTA Website!

**Diversity, Equity, and Inclusion Conference**
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Tuesday, October 4 at 10:00am to 3:00pm
Rio Grande Ballroom, University Center

**Stepping Out—Gender, Women & Sexuality Studies Name Change Celebration**
Join the Gender, Women & Sexuality Studies program as we celebrate our name change! Stop by for food, drinks, and swag!
Wednesday, October 12 at 11:30am to 1:30pm
Library Mall

Visit the Diversity, Equity & Inclusion Professional Development UTA Website!
We're seeking transfer students who want to boost their resume and career options with Power Skills and Tech Skills. No matter what your major, we can provide the path to a lucrative and fulfilling career. Click here to register!

MavMentors Training
Learn how to join UTA's mentor program, MavMentors, and connect with UTA alumni and industry leaders to help guide your career journey. Monday, September 26 at 10:00am to 11:00am Virtual Event

Road To Recovery: Trauma Informed Care
Applications Open for 2023
The Texas Center for Disability Studies is offering an exciting training opportunity – FREE to selected applicants. The Center is recruiting applicants to become master trainers of the Road to Recovery: Supporting Children with Intellectual/Developmental Disabilities Who Have Experienced Trauma.

The virtual training offers IDD professionals, mental health professionals, family members, educators, direct care workers and others valuable insights into how to support children with intellectual and other developmental disabilities in healing from trauma.

Interested in becoming a trainer?
Complete the application on disabilitystudies.utexas.edu/R2R
Deadline to submit your application is November 14, 2022. Questions? Contact r2rds@gmail.com.

Hispanic/Latinx Heritage Month!
September 15th-October 15th
Beans & Rice
Canned Fruits (i.e., mango, guava, peaches)
Salsa
Melé Base
Canned pickled chiles
Tortillas (i.e., corn & flour)
Cooking oils & Spices (i.e., cumin, oregano, chile powder)
Tostadas
All donations can be dropped off to the Microsoft Faculty Building or email info@utdallas.edu.
JOB OPPORTUNITIES

Click here for more information

Trauma Therapist

Overview
Date Posted: 6/23/2022
Job Code: THRTDSP
Position Type: Exempt
City: Fort Worth
State: TX
Country: United States of America
Category: Direct Care - Clinical Therapist/Social Work/Case Worker
Requisition Number: 8977
Position Number: 12493

Click here for more information

ABOUT US
As the public hospital for Dallas, Parkland has been providing exceptional care stretches back for over a century. Today, many of Parkland’s specialty areas have garnered national achievements in care, research, and technological innovation.

CURRENT OPENINGS:
- Social Worker (BSW) - bilingual Spanish
- Social Worker (LMSW)
- Social Worker (LMSW) - bilingual Spanish
- Mgr, Social work

CONTACT
Gillian Williams
214-593-8269
gillian.williams@phhs.org
ParklandCareers.com
5200 Harry Hines Blvd., Dallas, TX, 75336

BENEFITS
- Medical, Dental, Vision
- 401K
- Pension
- Employee Assistance Program
- Life Insurance
- Child Care
- And many others

About Healthcare
- Medical
- Dental
- Vision
- Life Insurance
- Flexible Spending Account
- Disability
- Pet Insurance
- Supplemental Insurance
- Dependable Care Flexible Spending Account

Appointment
- Discounts
- Fitness Program
- Weight Loss Support
- Auto & Home Insurance

Financial
- Pension
- 401K up to 6% Match
- Legal Insurance
- Tuition Reimbursement
- Federal Loan Repayment Program
- Milliman Financial Advisor Support for Retirement
- Employee Assistance Program

Benefits
- Employee Health Center
- Pharmacy
- Expectant Mothers deliver for free *
- Child Care

Click here for more information
Covid-19 Vaccine

Contact covidvaccine@uta.edu with any questions. If the dates and times of these clinics don’t work for you, the COVID-19 vaccine is free and widely available in Arlington and surrounding communities. To find a vaccine or booster near you, enter your zip code into the CDC’s COVID-19 vaccine finder.

Click Here for more information.

Required COVID-19 testing and new protective measures for Spring 2022 (English and Español) (uta.edu)
Classroom density, updated info from university on testing and return to campus

Daily Self-Check before Coming to Campus

RECRUITING PARTICIPANTS FOR TRANS AND NONBINARY EXPERIENCES IN SOCIAL WORK EDUCATION

Requirements:
• 18 years old or older
• Identify as gender diverse (such as trans, two-spirit, nonbinary, agender)
• Are either:
  o A) a social work student in the last two years (current, withdrawn, or graduated) OR
  o B) social work faculty (part time or full-time) teaching within the last two years

Expectations:
Complete one 30-45 minute Zoom interview about your experiences in social work education as a gender diverse person.

Compensation:
20-30 people will complete the interview and receive a $15 gift card by email.

Interested?
Contact M. Killian Kinney (they/them) at markkinn@iu.edu or Richard Brandon-Friedman (he/him) at rifriedm@iu.edu

INDIANA UNIVERSITY IRB Protocol #16153
SAR Center
(Formerly Office of Students with Disabilities)

MANAGING STRESS AND ANXIETY DURING COVID-19
UTA COUNSELING AND PSYCHOLOGICAL SERVICES (CAPS)

THERAPEUTIC AT HOME (TAH)
Visit TAOconnect.org

MAYS TALK 24HR CRISIS LINE
Call (817) 272-0255

UTA is a COMMUNITY THAT CARES

Social Work Program
211 S. Cooper Street, Arlington TX 76019

Rental Assistance Program
The Tarrant County Rental Assistance Program assists residents who have been impacted by the COVID-19 pandemic. For more details, email renthelp@tarrantcounty.com or call 817-850-7940.

Emergency Assistance Fund
UTA students with a temporary financial hardship resulting from a sudden emergency may apply for financial help.

Get Microsoft 365, The Wall Street Journal and Other Apps FREE with your student email!

How to gain access to SSW writing resources: Advising & Student Success Canvas

UTA/Tri-C Food Pantry Distributions
Currently distributing groceries on Thursdays only, from 9:30 a.m. to 4:45 p.m. To receive these grocery bags you must send an email to utafoodpantry@gmail.com to request a pickup time. Include student name, last four digits of UTA ID, requested grocery pickup time, choice of vegetarian, chicken, or any meat groceries.

If you have any questions or content suggestion for the newsletter, please contact Olga Carrillo: Olga.carrillo@mavs.uta.edu

“You must not be fearful about what you are doing when it is right”
— Rosa Parks