



SCHOOL OF
SOCIAL WORK

THE WORLD TALKS ABOUT
CHANGE; WE CREATE CHANGE.



MASTER OF SOCIAL WORK



WEEKLY UPDATE
November 1st, 2022

SOCIAL JUSTICE SPOTLIGHT

Charity Goat Yoga as a Stress Reliever?

Christine Highfill (UTA SSW PhD Candidate) & Dr. Donna Schuman (UTA SSW Assistant Professor) had attended a Charity Goat Yoga event on October 15th. The experience is a wonderful stress-relieving one! We want to give a shout out to Teri Berbel, a UTA MSW intern that goes above her regular internship duties and serves as goat yoga extraordinaire at her internship site, The Hope Place.

Are you interested?

Classes are each \$45 dollars and are held on the 3rd Saturday of each month from 9:30 AM to 11:30 AM at The Hope Place, 7601 Gibson Cemetery Rd. Mansfield, TX 76063. The next class is November 19th for those interested.

The proceeds go to fund mental health treatment for veterans and first responders, and their families ([Pine Trees Counseling Center, 501c3.](#))

Have additional questions? Visit their website:
https://www.hopeplacetx.com/reservations/p/goatyoga?utm_medium=email&utm_source=customer_notification

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STUDENT SPOTLIGHT



Get to know our Student Leaders!

Hello Mavs! My name is Hilda Moke and I am an MSW Foundation student at UTA. I graduated with a BA in Political Science in 2005. After joining the workforce, I took a long time to return to student life. In January 2021, I took a leap of faith and started my first semester at UTA. The UTA MSW program has exceeded my expectations and is helping me reach the goals I have set out to accomplish. I hope to pursue Direct Practice in Mental Health and Substance Misuse as a concentration. Upon graduation, I plan to work towards my LCSW. I have a passion for wellbeing and self-care practices that promote body, mind, and soul alignment. In my future work as an LCSW, I would like to integrate mindfulness and eastern modalities to help clients improve their nervous system regulation and overcome trauma. For the past 15 years, I have worked as a federal probation officer. Although I love working for the courts, I look forward to the day I can begin serving people as a licensed clinical social worker. At this moment, I am enjoying working as a GSL and the engagement it brings with both the UTA MSW School and its student body.

Interested in becoming a GSL? [Click here!](#)

YOU MATTER

Affirmation

This column is intended to bring encouragement and talk about topics that include us all. As students, we experience a lot! A lot of us work, have children, families, and all life events to juggle in between schoolwork. If you haven't heard it today or told yourself: you are doing a great job, keep pushing for your goals!

In today's topic we'd like to discuss positive affirmations. Do they really work? Is there a science behind it? Positive affirmations are positive phrases/statements that counter negative thoughts or feelings. After you find a positive statement about yourself, you repeat it as many times as you may need. It sounds awkward if you've never tried it, but once you get started it has the potential to bring your self-esteem up and motivate you. A theory that highlights the science behind positive affirmations is the self-affirmation theory.

This theory has three key ideas: First, through self-affirmation, we keep up a global narrative about ourselves. Secondly, self-affirmation theory argues that maintaining self-identity is not about being perfect but rather we be competent in areas we personally value. Lastly, we maintain self-integrity by acting authentically to the positive affirmations we do say. We don't say "I am a smart student" because we want to receive that phrase, rather we say it because we deserve it for acting in persistent ways to that personal value of ours.

To read more click these links:

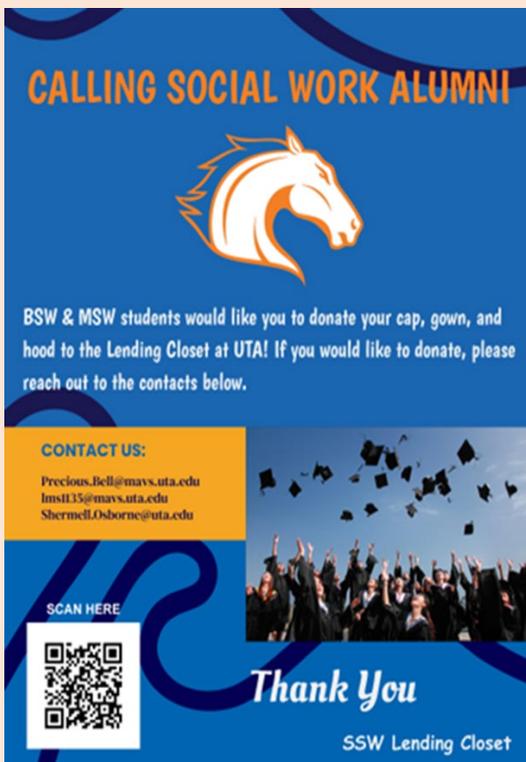
- [Positive Affirmations](#)
- [Self-Affirmation](#)
- [Self Efficacy theory](#)

**Graduating? Check
your Outlook MyMav!**



**GRADUATING THIS
SEMESTER?**
TAKE THE
EXIT SURVEY

The graphic features a blue background with white diamond shapes. At the top, a photo shows two students walking on a campus. At the bottom, a photo shows two female students smiling. The text is centered and uses a mix of white and orange colors.



CALLING SOCIAL WORK ALUMNI



BSW & MSW students would like you to donate your cap, gown, and hood to the Lending Closet at UTA! If you would like to donate, please reach out to the contacts below.

CONTACT US:
Precious.Bell@mavs.uta.edu
lms1135@mavs.uta.edu
Shermell.Osborne@uta.edu



SCAN HERE



Thank You
SSW Lending Closet

The graphic has a blue background with a white horse head logo. It includes a photo of graduates throwing their caps and a QR code. The text is in white and orange.

IMPORTANT DATES

FALL 2022

- **Nov. 23-** No classes scheduled
- **Nov. 24-** Thanksgiving Holiday
- **Nov. 25-** Thanksgiving Holiday – Field Applications Close
- **Dec. 6-** Last day of classes
- **Dec. 7-** Student Study Day (no classes)
- **Dec. 16-** School of Social work Graduation, 6:30 PM

- **Field advisors POWER HOUR UPDATED**
- ***Sharon & Natalie will be splitting MHSU students!**
- **IPE DEADLINE November 11th (Page 8)**
- **Focus Group opportunity on page 9!**

Spring 2023

- The Spring 2023 Field Application is open **October 03, 2022.**
- Application deadline is November 25, 2022
- See the Spring 2023 Field Education Calendar for Block and for Split [here.](#)
InPlace fee is due on the first day of class



ADVISING

Need to meet with an advisor but there's no upcoming appointment available? Drop-in either in person or virtually on Wednesdays. To schedule your 30-minute drop-in time, click [here](#). Be sure to select in-person or virtual and your advisor. Remember, drop-in sessions are on a first come basis.

Feeling a bit lost?
Start with
your
Graduate Student
Leader!

Don't know who that is?

Email [Martaya Brown](#) or [Lecia Edwards](#) to get connected!

LICENSING

- If you're in your final semester and want to get started on applying to ASWB to take the LMSW licensing exam, [click here](#) to request the Dean's Letter for Licensure, which UTA will send to ASWB. More info can be found [on the ASWB site](#) and our [SSW licensure page](#).
- **There's lots of great updated information about licensing in the Student Success and Advising Course on Canvas—Check it out!**
- Interested in the LCDC? Scroll to the end of this [Licensure](#) webpage and click on the Texas LCDC Licensing 2021 PDF for a chart that shows how different education levels can prepare you for the LCDC.



FIELD PLACEMENTS

General

- **InPlace has a new URL! All students, agencies, and Field Instructors will need to use the new URL.** <https://inplace.uta.edu/>
- The InPlace fee is \$67 per year or \$130 for a lifetime. Each student will need to plan to pay the InPlace fee on the first day of class for that semester they are starting field.
- [InPlace Training](#) and [Logbook Training](#) can be found here!
- [Field forms are available here!](#)
- [Field FAQ](#)
- If you are having technical difficulties with InPlace please email sswfield@uta.edu and include a screenshot of the issue.

FIELD POWER HOURS

This is an opportunity for you to ask questions, similar to Office Hours for faculty!

- Aging & Health (Interim Field Advisor for Mental Health last names A-L)
 - Field Advisor: Natalie Mangham
 - 1st & 3rd Tuesday of the month, 2-3 pm
 - [Click here to join the meeting](#)
- CAP & Children & Families
 - Field Advisor: Monica Brown
 - 1st & 3rd Wednesday of the month, 4-5 pm
 - [Click here to join the meeting](#)
- BSW/BSSUT (**Interim Field Advisor for Mental Health last names M-Z**)
 - Field Advisor: Sharon Martin
 - 1st & 3rd Thursday of the month, 3-4 pm
 - [Click here to join the meeting](#)

Foundation

- Field Advisor: Andrea Jameson
andrea.jameson@uta.edu
- 1st and 3rd Thursday of the month, 6-7 pm
- [Click here to join the meeting](#)



GET INVOLVED

UTA School of Social Work JOIN THE SOCIAL WORKERS FOR CHILDREN AND FAMILIES STUDENT ORGANIZATION!

Join a new student organization for students interested in working in the social work field with children and families!

- NETWORK WITH OTHER UTA STUDENTS
- HAVE GUESTS/PROFESSIONALS VISITS WITHIN THE SOCIAL WORK FIELD

For those interested in joining please reach out to Oscar Aguilera via email at oxa8654@mavs.uta.edu or on Microsoft Teams.



STUDENTS FOR GLOBAL CHANGE (SGC)

Interested in making an impact regarding social injustices? Advocate for social issues? Join Students for Global Change (SGC) to start making an impact!

MEETS EVERY 3RD WEDNESDAY PDF EACH MONTH | 5-6 PM | TEAMS VIRTUAL MEETINGS EVERYBODY'S WELCOME!

To participate, please register: <https://forms.gle/8nHefgf53IB1EXqa9>

Follow us @SGCUTA- Students for Global Change

Email us at sgc.uta@gmail.com

INTERESTED IN MACRO SOCIAL WORK?

STUDENT ASSOCIATION FOR MACRO SOCIAL WORK (SAMSW)
OCT 3, 2022 @ 7PM

Fall Meetings: 7-8pm via Teams

October 3 (First Monday)
November 7 (First Monday)
December 5 (First Monday)

Peer Support & Professional Development for CAP Concentration, MSW Leadership Certificate, and BSW students

Click or Scan to Register!

For questions, email monica.canizares@mavs.uta.edu



SSW CAP GRADUATES

SAMSW IS COLLECTING ALUMNI CONTACT INFORMATION FOR A CAP ALUMNI NETWORK



SCAN OR CLICK TO REGISTER!

SOCIAL WORK ADVOCACY DAY (SWAD) 2023

Save the date!

March 3, 2023

Texas State Capitol

@naswtx_advocacy

naswtx.naswtx.org/socialworkers.org



SAVE THE DATE UTA HOMECOMING 2022

SCHOOL OF SOCIAL WORK PRE-GAME PARTY

NOVEMBER 12, 2022
FOOD, GAMES, MUSIC, PRIZES

THE CENTER FOR AFRICAN AMERICAN STUDIES PRESENTS

NOVEMBER POWER HOUR

RACE & ROE:
RIGHTS,
REPRODUCTION,
& THE IMPACT OF
ROE VS WADE ON
BLACK BODIES

Featuring
Dr. Mia Moore-Kirby



WEDNESDAY
NOVEMBER 9TH, 2022
12:00 PM - 1:00 PM
UNIVERSITY CENTER
GUADALUPE ROOM

FOR MORE INFORMATION PLEASE CONTACT
THE CENTER FOR AFRICAN AMERICAN STUDIES
CAAS@UTA.EDU | (817) 272-9642



Macro Social Work Career Panel

The Student Association for Macro Social Work is hosting a virtual panel to introduce varied careers for macro practitioners.

NOVEMBER 1, 2022
6:00-7:30pm via Teams
Meeting ID: 234 063 671 046
Passcode: o8XVbc



Scan to join!



Hope Rodgers
Texas Homeless Network



Jessica Leech
Meadows Mental Health Policy Institute



Briana Gordley
Texas Applesseed



Shannon Hoffman
Hogg Foundation for Mental Health



Alyssa Mostaffa
Communities in Schools North Texas



EVENTS

DOGGY DAZE IS BACK!

DOGGY DAZE IS RETURNING FOR A FUN-FILLED FALL SEMESTER!

Stop by and de-stress with the cutest pups Arlington has to offer!

September 14
October 12
November 9

UTA Libraries

Gerontology Organization Monthly Meeting

- Interested in creating a better world
- Interested in a career working with older adults
- Working in a field placement with older adults
- Want to build your resume with student activities
- Looking to network with your peers.

Consider joining GO

Connect to the TEAMS Meeting

By John GO: www.teamsmeeting.com

Click and search for the Gerontological Organization

Meeting ID: 1122 6-7P

All Disciplines and students WELCOME

QR code: TEAMS Meeting LINK

UTA Drag Show
Join us for the main event for UTA's Pride Month, Tuesday, October 25th, in University Center Rosebud for our EPIC DRAG SHOW! Doors open at 6:30 pm!

Field Placement Opportunity for Catholic Social Work Students

LOOKING FOR STUDENTS WHO ARE:

- ✓ Practicing Catholic
- ✓ Local (the school is in Arlington, close to UTA)
- ✓ Interested in social work in schools or with children and families

Block and Split Placements available depending on start date

If you are interested in a field placement within a Catholic K-8 school, please reach out to Dr. Regina Praetorius.

rtpraetorius@uta.edu

Student and Academic Affairs

MSW Student Guidance Protocol

Do you have questions about the MSW program, registration/course information, your degree plan, field, graduation, or something other about the MSW program? Are you having issues navigating your class information or have instructor questions? Follow the steps below to get the answers you need quickly!



➔ Step 1: Initial point of contact

1. Registration issues, degree plan, graduation information:

- [Academic Advisor](#)

2. Questions about field:

- Reach out to your field liaison
 - Still have questions, then:
- [Field Advisor](#)



3. General questions about MSW program:

- Reach out to a [GSL](#) (Graduate Student Leader)
 - Still have questions or other program issues:
- Reach out to the Office of Graduate Programs:
- [Dr. Joyce White](#)



- [Ginger Jackson](#)



4. Questions about your course assignments, Canvas, syllabus:

- Reach out to your instructor first (see Canvas for details)

➔ Step 2: Second point of contact



Still need answers after initial point of contact or issue not resolved from step 1?

- Academic Advising and Field Education Concerns:
 - [Ms. Patrice Green](#), Manager of Student Success & Advising



- Course or instructor issues:
 - [Dr. Amanda Hassan](#), Assistant Dean of Academic Affairs



- Graduate program issues:
 - [Dr. Diane Mitschke](#), Associate Dean of Student & Academic Affairs



UTA School of Social Work

➔ Step 3: Third point of contact

Still need answers after second point of contact or issue not resolved from steps 1 or 2? Please contact:

[Dr. Diane Mitschke](#), Associate Dean of Student & Academic Affairs



➔ Process all together



JOB OPPORTUNITIES

Trauma Therapist

Overview

Date Posted: 6/23/2022

Job Code: THRTDSP

Position Type: Exempt

City: Fort Worth

State: TX

Country: United States of America

Category: Direct Care - Clinical Therapist/Social Work/Case Worker

Requisition Number: 8977

Position Number: 12493



[Click here for more information](#)



ABOUT US

As the public hospital for Dallas, Parkland has been providing exceptional care stretches back for over a century. Today, many of Parkland's specialty areas have garnered national achievements in care, research, and technological innovation.



CURRENT OPENINGS:

- Social Worker (BSW) - bilingual Spanish
- Social Worker (LMSW)
- Social Worker (LMSW) - bilingual Spanish
- Mgr, Social work



BENEFITS

- Medical, Dental, Vision
- 401 K
- Pension
- Employee Assistance Program
- Life Insurance
- Child Care
- And many others

CONTACT

Gillian Williams
 214-590-8269
 gillian.williams@phhs.org
 ParklandCareers.com
 5200 Harry Hines Blvd., Dallas, TX, 75235

BENEFITS

Healthcare

- Medical
- Dental
- Vision
- Life Insurance
- Flexible Spending Account
- Disability
- Pet Insurance
- Supplemental Insurance
- Dependent Care Flexible Spending Account

Financial

- Pension
- 401K up to 6% Match
- Legal Insurance
- Tuition Reimbursement
- Federal Loan Repayment Program
- Milliman Financial Advisor Support for Retirement
- Employee Assistance Program

Beneplace

- Discounts
- Fitness Program
- Weight Loss Support
- Auto & Home Insurance

Additional Benefits

- Employee Health Center
- Pharmacy
- Expectant Mothers deliver for free *
- Child Care



Care. Compassion. Community.



[Click here for more information](#)



RESEARCH

[Social Work Course Guides](#)

[Student Research Opportunity Center](#)



UNIVERSITY OF TEXAS ARLINGTON | SCHOOL OF SOCIAL WORK

TITLE IV-E STIPEND FOR BSW/MSW STUDENTS

FOR STUDENTS WHO ARE INTERESTED IN:

- CHALLENGING AND REWARDING WORK**
Students will be working with children, parents and families impacted by child abuse and neglect, and who are in foster and adoptive placement.
- FINANCIAL AID**
Stipend amount offered through Title IV-E Child Welfare Programs are:
BSW Students: \$
MSW Students: \$
- INTENSIVE TRAINING AND SOCIAL WORK EXPERIENCE**
No other field and work setting offers such wide range of opportunities to learn, network, and grow.
- POST GRADUATION OPPORTUNITIES**
Students sign a contract with the Department of Family and Protective Services (DFPS) to complete a minimum of 6 months of employment with full salary and benefits.

HOW TO APPLY

- GET IN TOUCH**
Start the process by contacting Stipend Coordinator Kimberly Evans at kimberly.evans@uta.edu or an appointment to discuss the application process and obtain an application form.
- STIPEND APPLICATION & WRITING SAMPLE**
Complete the stipend application and writing sample online, and return to kimberly.evans@uta.edu by stipend deadline.
- LETTER OF RECOMMENDATION**
Submit letter of recommendation from a UTA professor to kimberly.evans@uta.edu by stipend deadline.
- PRELIMINARY INTERVIEW**
Participate in a preliminary interview with UTA Title IV-E Stipend Program Coordinators.
- FINAL INTERVIEW AND SELECTION**
Eligible candidates will be invited to a final interview with Child Protective Services staff.

CONTACT US:
KIMBERLY EVANS, LCSW
TITLE IV-E COORDINATOR
KIMBERLY.EVANS@UTA.EDU

VISIT US ONLINE:
UTA.EDU/SSW

The Child Welfare Stipend is provided through the Title IV-E Training Contract, a federally funded initiative to enhance child welfare practice by infusing the work force with more BSW and MSW educated practitioners



STAY SAFE

Covid-19 Vaccine



Contact covidvaccine@uta.edu with any questions. If the dates and times of these clinics don't work for you, the COVID-19 vaccine is free and widely available in Arlington and surrounding communities. To find a vaccine or booster near you, enter your zip code into the [CDC's COVID-19 vaccine finder](#).

[Click Here for more information.](#)

[Required COVID-19 testing and new protective measures for Spring 2022 \(English and Español\) \(uta.edu\)](#)
Classroom density, updated info from university on testing and return to campus

Daily Self-Check before Coming to Campus



All students must take their temperature daily before going to campus. If you experience any symptoms that are new, worsening, or not normal for you, please remain or return home.

RECRUITING PARTICIPANTS FOR TRANS AND NONBINARY EXPERIENCES IN SOCIAL WORK EDUCATION

Requirements:

- 18 years old or older
- Identify as gender diverse (such as trans, two-spirit, nonbinary, agender)
- Are either:
 - A) a social work student in the last two years (current, withdrawn, or graduated) OR
 - B) social work faculty (part time or full-time) teaching within the last two years

Expectations:

Complete one 30-45 minute Zoom interview about your experiences in social work education as a gender diverse person.

Compensation:

20-30 people will complete the interview and receive a \$15 gift card by email.

More info:



INTERESTED?
Contact M. Killian Kinney (they/them) at markkinn@iu.edu or Richard Brandon-Friedman (he/him) at rifriedm@iu.edu


INDIANA UNIVERSITY
IRB Protocol #16159

GRADUATE STUDENT LEADERS

FOCUS GROUPS

COME MINGLE WITH FELLOW GSLS, PLAY A FUN INFORMATIONAL KAHOOT, & LEARN MORE ABOUT UTA'S SCHOOL OF SOCIAL WORK GRADUATE CERTIFICATE PROGRAM!!

TUES. NOV 8TH THURS. NOV 10TH

START AT 12:00PM

START AT 6:00PM

Any Questions:

Contact
Varunee Lervisit
Martaya Brown
Hilsa Moeke
Olga Carillo



[UTA Academic Calendar](#)

[Evidence-Based Practice Research Guide](#)

MAVS UNITE

Created for you!



Check Canvas for the MavsUnite Page!
To add please e-mail:
[Emily Clark](mailto:Emily.Clark@uta.edu)

[SAR Center](#)

(Formerly Office of Students with Disabilities)

MANAGING STRESS AND ANXIETY DURING COVID-19 UTA COUNSELING AND PSYCHOLOGICAL SERVICES (CAPS)

THERAPIST ASSISTED ONLINE (TAO)

Visit TAOconnect.org



THRIVE APP



Download "Thrive at UT" on App Store or Google Play

MAVS TALK 24HR CRISIS LINE

Call (817)272-8255



Visit uta.edu/caps for more information

UTA is a COMMUNITY THAT CARES



SOCIAL WORK CONNECTIONS LAB



RECEIVE HELP WITH:

- Brainstorming ideas **FREE!**
- APA formatting **FREE!**
- Writing flow & structure **FREE!**
- Meeting requirements **FREE!**
- Build social work skills **FREE!**
- Avoiding plagiarism **FREE!**



Login to your school account and go to s10107730101.com/330003333

Get ahead this semester by booking your appointments now!



DREAMERS WELCOME

In Crisis?
Text HELLO to 741741

CRISIS TEXT LINE | Free, 24/7, Confidential

Please contact us with any additional questions. Visit uta.edu/caps or Scan the QR code

UTA
Academic Success Center
Office of Student Success

Information for Students

Our Services

Peer-Led Team Learning (PLTL)
Ready and group study workshops are offered to support UTA students in their academic success. PLTL sessions are led by trained and certified peer leaders. PLTL helps you gain a better understanding of content, concepts, and how to apply what you learn.

PLTL is a free for students but requires registration required during first week of classes.

PLTL study groups begin the 3rd week of class and attendance is mandatory.

PLTL groups consist of 8-12 students and are held weekly for 1-2 hours.

PLTL sessions are held in various locations across campus.

PLTL sessions are held in various locations across campus.

PLTL sessions are held in various locations across campus.

Tutoring

Appointment Based Tutoring
Students can schedule an appointment based on their needs. Appointments are held in various locations across campus.

Drop-In Tutoring
Students can drop in for tutoring services during their class times.

Writing
Students can receive help with their writing assignments.

Academic Coaching

Academic Coaching helps students identify their strengths and weaknesses, then develop a personalized study plan.

Academic Coaching is a free service provided to improve your study skills, including time management, motivation, writing, and more.

Meet with an academic coach to monitor your academic progress, weaknesses, and overall progress.

Academic Coaching is available by appointment and on a walk-in basis.

THE UNIVERSITY OF TEXAS AT ARLINGTON
COUNSELING & PSYCHOLOGICAL SERVICES

MAVS talk

24 HOUR CRISIS LINE

817-272-TALK (8255)
WWW.UTA.EDU/CAPS
303 RANSOM HALL

UTA Library Accessibility

On-Demand & Live Fitness Classes



Rental Assistance Program

The [Tarrant County Rental Assistance Program](#) assists residents who have been impacted by the COVID-19 pandemic. For more details, email renthelp@tarrantcounty.com or call [817-850-7940](tel:817-850-7940).

The Lifeline is **FREE**, confidential, and always available.

HELP a loved one, a friend, or yourself.

Community crisis centers answer Lifeline calls.

NATIONAL SUICIDE PREVENTION LIFELINE
1-800-273-TALK (8255)
suicidpreventionlifeline.org

Learn the Warning Signs.

© 2018 National Suicide Prevention Lifeline. All rights reserved.

Emergency Assistance Fund
UTA students with a temporary financial hardship resulting from a sudden emergency [may apply for financial help.](#)

Get Microsoft 365, The Wall Street Journal and Other Apps FREE with your student email!

How to gain access to SSW writing resources: [Advising & Student Success Canvas](#)

UTA/Tri-C Food Pantry Distributions
Currently distributing groceries on Thursdays only, from 9-11:45 a.m. and 2-4:45 p.m. To receive these grocery bags you must send an email to utafoodpantry@gmail.com to request a pickup time. Include student name, last four digits of UTA ID, requested grocery pickup time, choice of vegetarian, chicken, or any meat groceries.

If you have any questions or content suggestion for the newsletter, please contact Olga Carrillo : Olga.carrillo@mavs.uta.edu

