WEEKLY UPDATE
June 27, 2022

SOCIAL JUSTICE SPOTLIGHT

National HIV Testing Day!

June 27th is National HIV Testing Day, where it is encouraged for all people to get tested. This year’s theme is “HIV Testing is self-care”. HIV (human immunodeficiency virus) is a virus that attacks the body’s immune system and if left untreated it can lead to AIDS. Getting tested for HIV and knowing your status is the only way to help prevent a person from contracting it or transmitting it. Getting tested at least once per year is recommended by the CDC

Everyone should have the adequate resources to get tested and anyone who tests positive should know the steps living a longer life with HIV and helping reduce the spread to others.

How to observe National HIV Testing Day

• HIV Education, want to learn more? Click here!
• Find a clinic near you for testing
• Share on social media hashtags #HIVTestingDay #StopHIVTogether

Getting tested for HIV is a form of self-care to ultimately a healthier life!

Source: https://www.cdc.gov/hiv/library/awareness/testingday.html
Get to know our Student Leaders!

My name is Katherine Kitchens (she/her). I'm a Dallas native and an advanced MSW student concentrating in Community and Administrative Practice (CAP). I have a BA in Politics, and my professional background is teaching, writing, and editing. I chose to pursue a graduate degree in social work with a macro focus because I want to contribute toward addressing structural issues that impact the individuals who direct practice social workers help. I like to think of it as going upstream to inform policy by identifying ways to embrace diversity and make this world more equitable and inclusive.

I began my MSW journey during the height of the pandemic. Even amidst lockdowns that necessitated virtual learning, I’ve found an incredibly supportive and empowering community in the School of Social Work. These past two years have been a time of growth and opportunity. I’m one of the founding members and the outgoing President of the Student Association for Macro Social Work (SAMSW) and have volunteered as a Graduate Student Leader for five semesters. I've worked as a Graduate Research Assistant since January 2021, where I've had the opportunity to work on several studies on topics that include access to Medicaid waivers for children with severe emotional disturbance, place-based indicators of health disparities, the impact of COVID-19 on workforce programs serving disconnected youth and young adults, political engagement among social work students, and various program evaluations.

This summer, I'm integrating what I learned as a research assistant and will defend my thesis—a quantitative study examining the relationship between residential segregation and stress-related diseases. In my field placements, I’ve created information courses in Canvas for my peers (Student Success and MSW Map for the Journey). I’ve also had the opportunity to work as a legislative intern in Texas House District 105. This summer, I’m working on my advanced field placement as the principal investigator of a mixed-methods research study on the impact of chronic stress on the health of resettled refugees from Burma. This research involves time spent weekly at a free community clinic in Dallas that serves this amazing community of resilient and inspiring people. After completing my MSW in August 2022, I’ll continue to nurture my love of research in UTA’s doctoral program, focusing on health disparities. I look forward to spending a few more years in the School of Social Work community. My advice to those who are getting started in the MSW program is to get involved. Engage the community by finding opportunities to connect with peers, staff, and faculty, and enjoy every moment of it!

Interested in becoming a GSL? Click here!

Are you Experiencing Burn-Out?

Our bodies are our biggest alarms letting us know our health. We often neglect ourselves and don’t put aside any time for self-care. We are taught to advocate for others but one of the biggest lessons to learn is to practice advocating for ourselves as well.

It’s hard to stop when we feel like the world is making drastic moves that we’re inclined to stay up to date with but taking a few minutes a day to talk to ourselves can be helpful!

Possible symptoms and signs include:
- Being easily triggered
- Feeling overwhelmed
- Losing interest in daily activities
- Constant headaches or stomach issues due to stress

Ways to help prevent burnt out
- Write down your stressors & set healthy boundaries yourself
- Practice positive self-affirmations
- Unwind from daily stressors (even if it’s for an hour). This could include turning off or adjusting your notifications, taking a walk, meditating, journaling

Services & Resources are available at UTA & they include CAPS (COUNSELING AND PSYCHOLOGICAL SERVICES), local, self-help resources are available HERE!

Source: http://www.socialworkblog.org/practice-and-professional-development/2020/03/burnout-is-real/
IMPORTANT DATES

**COURSE SPOTLIGHT**

**Environmental Justice & Green Social Work**

Fall 2022

**Topics include:**
- Environmental Racism
- Ecological issues for children, older adults, women, and low-income populations
- Climate forced Migration
- Natural Disaster Response
- Health & The Environment
- Ecotherapy for Mental Health
- Environmental Policy
- Micro and Macro Level Advocacy Strategies

All readings are free! No textbook to purchase!

Course: SOCW 3310 (Undergraduate) / SOCW 5310 (Masters)
Modality: Online- Asynchronous (with recorded lectures and optional live sessions)
Instructor: Karen Magruder, LCSW-S
Assistant Professor of Practice
karen.magruder@uta.edu

**SUMMER 2022**

- **July 1** -- Deadline to apply for Summer 2022 graduation. [Click here](#) for more information!
- **July 4** – Independence Day Holliday
- **July 21** - Last Day to Drop Classes
- **August 10** – Last Day of Classes
- **August 13** – Commencement Ceremonies

**CEU OPPORTUNITIES**

Free CEU’s from Valdosta State University

For All Licensed Clinical Social Workers

Do you want to learn more about dementia, caregiving, and cultural considerations while working with diverse communities? [Click](#) for more information.

**FALL 2022**

**SOCW 5356 COGNITIVE BEHAVIORAL INTERVENTIONS**

Learn practical tools for engagement, assessment and intervention using this popular, evidence-based approach!

Format: Online Asynchronous
Instructor: Karen Magruder, LCSW-S

Questions? Email karen.magruder@uta.edu

Prerequisite: SOCW 5311

No textbook to purchase!

**SOCW 5392 ONLINE-ASYNCHRONOUS SOCIAL WORK AND LAW SPECIAL TOPICS COURSE**

Designed to provide essential forensic knowledge and skills to advance social worker influence within legal environments.

Students will learn how to:
- Discover when problems are legal and require legal action
- Respond to Subpoena
- Analyze Case Law
- Participate in Judicial Proceedings
- Perform as a witness in court
- And more

Instructor
Dr. Sherece Shavel, Assistant Professor of Practice

Email for more information
sherece.shavel@uta.edu
ADVISING

Need to meet with an advisor but there's no upcoming appointment available? Drop-in either in person or virtually on Wednesdays. To schedule your 30-minute drop-in time, click here. Be sure to select in-person or virtual and your advisor. Remember, drop-in sessions are on a first come basis.

FIELD PLACEMENTS

InPlace has a new URL! All students, agencies, and Field Instructors will need to use the new URL: https://inplace.uta.edu/. The InPlace fee is $67 per year or $130 for a lifetime. Each student will need to plan to pay the InPlace fee on the first day of class for that semester they are starting field.

InPlace Training and Logbook Training can be found here! Field forms are available here!

Field FAQ

If you are having technical difficulties with InPlace please email sswfield@uta.edu and include a screenshot of the issue.

Are you a CAP student ready for your advanced field placement? Check out the Funding section for paid opportunities!

Summer 2022

The Summer 2022 Field Application is now closed.

See the Summer 2022 Field Education Calendar for Block here and for Split here.

InPlace fee is due on the first day of class

Fall 2022

The Fall 2022 Field Application is now open.

Application Deadline is June 24, 2022.

See the Summer 2022 Field Education Calendar for Block and for Split here.

InPlace fee is due on the first day of class

FIELD POWER HOURS

This is an opportunity for you to ask questions, similar to Office Hours for faculty!

- Foundation MSW
  - Field Advisor: Natalie Mangham
  - 1st & 3rd Monday of the month, 3-4
  - Click here to join the meeting

- CAP & Children & Families
  - Field Advisor: Monica Brown
  - 1st & 3rd Tuesday of the month, 3-4
  - Click here to join the meeting

- Mental Health
  - Field Advisor: Hector Ramos
  - 1st & 3rd Wednesday of the month, 3-4
  - Click here to join the meeting

- Aging & Health
  - Field Advisor: Sharon Martin
  - 1st & 3rd Thursday of the month, 3:30-4
  - Click here to join the meeting

LICENSING

- If you're in your final semester and want to get started on applying to ASWB to take the LMSW licensing exam, click here to request the Dean's Letter for Licensure, which UTA will send to ASWB. More info can be found on the ASWB site and our SSW licensure page.
- There's lots of great updated information about licensing in the Student Success and Advising Course on Canvas—Check it out!
- Interested in the LCDC? Scroll to the end of this Licensure webpage and click on the Texas LCDC Licensing 2021 PDF for a chart that shows how different education levels can prepare you for the LCDC.

Feeling a bit lost? Start with your Graduate Student Leader!

Don't know who that is?

Email Stacie Hill to get connected!

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Feeling a bit lost? Start with your Graduate Student Leader!

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At this time, the Virtual Support Groups are not available for MSW students, but we do ask for support and to please refer anyone that could use these services. Email SSWVirtualClinic@uta.edu for information.

Show your pride! A virtual workshop that focuses on topics such as self-advocacy, radical self-acceptance & allyship. Register to attend at 2 p.m. Wednesday, June 22.
MavAlly 1.0 is the start of our LGBTQ+ Program’s MavAlly series that helps faculty, staff, and students on their journey from Ally to Accomplice. A virtual event on July 6th at 10 AM to 12 PM.

Click here to register or email Joshua.mackrill@uta.edu with any questions about the trainings!

CALL FOR EXHIBITORS

Exhibits for the Social Work and Law National Symposium are still being accepted. Exhibitors are encouraged to submit proposals for virtual booth space and to contact Josh Mackrill (jmackrill@uta.edu) for more information.

CALL FOR PROPOSALS

The 1st Annual Social Work and Law National Symposium invites all interested scholars and students to present their work in the field of forensic social work and the capacity of forensic social work practitioners. This is a chance to showcase your research, teaching, or community engagement work.

Deadline for receipt of proposals: June 15, 2022

For more information, please contact Amy Atkisson at aatkisson@uta.edu.

Forthcoming Opportunities

1. **IPE Distinction Certificate**
   - Interprofessional education (IPE) is “when students from two or more professions learn about, from and with each other” (AABEPSU, 2000).
   - Have you participated in IPE activities while attending UTA?
   - Want to be recognized for your hard work?
   - Apply for an IPE Distinction Certificate!
   - **Requirements:**
     - Must have completed at least two IPE activities while attending UTA
     - Must be able to discuss the IPE activities in which you participated
   - Submit a copy of your resume that includes the IPE activities
   - Submit an example cover letter explaining how IPE has helped you to prepare for a job
   - To fill out an application, click here!
   - **Applications are due:** July 15, 2022
   - Questions? Contact: Professor Tracy Gwigg

2. **Fourth of July Food Drive**
   - All donations will assist with feeding students & staff for the ribbon-cutting ceremony on Wednesday, July 6th
   - **Items Especially Needed:**
     - Paper Towels
     - Toilet Paper
     - Seasonings
     - Peanut Butter
     - Jelly
     - Spaghetti Sauce
     - Noodles
     - Shampoo & Conditioner
     - Body Wash
   - Make donations to the Maverick Pantry to fight food insecurity on campus by Saturday, July 2. To coordinate an office pick up, email eaf@uta.edu.
Required COVID-19 testing and new protective measures for Spring 2022 (English and Español) (uta.edu)
Classroom density, updated info from university on testing and return to campus

Contact covidvaccine@uta.edu with any questions. If the dates and times of these clinics don’t work for you, the COVID-19 vaccine is free and widely available in Arlington and surrounding communities. To find a vaccine or booster near you, enter your zip code into the CDC’s COVID-19 vaccine finder.

Click Here for more information.

Covid-19 Vaccine

As a phoenix rises from the ashes...
"If you are a current Children + Families student (and not currently enrolled in SOC 365), researchers at the University of Texas at Arlington want to learn about your perceptions of interprofessional education and child maltreatment. Complete our brief survey online (approximately 15 minutes long) and enter a drawing for one of 50 $50 gift cards.

Questions? Contact Dr. Catherine Jabres - catherine.jabres@uta.edu

Current Children + Families Student?
You have a chance to participate in a study.

If you are a current Children + Families student (and not currently enrolled in SOC 365), researchers at the University of Texas at Arlington want to learn about your perceptions of interprofessional education and child maltreatment. Complete our brief survey online (approximately 15 minutes long) and enter a drawing for one of 50 $50 gift cards.

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Postmodern Growth and Transformation in Military Connected Families

The purpose of this research study is to further understand the lived experiences of military-connected families. Military-connected families are defined as military-connected parents, military-connected caregivers, or a combination of both. In order to better understand the lived experience of military-connected families, researchers have developed a new model to understand the trajectories of growth and transformation of military-connected families. This study is designed to explore the experiences of military-connected families in order to better understand how these families navigate challenges and opportunities in their lives.

Time Commitment Required:
- 1 hour to complete the study
- Participation for families is required to complete the survey
- Survey completion is voluntary

For more information, please contact Dr. Catherine Jabres, Dr. Jabres, or Dr. Sarah Farnham, Dr. Farnham.

University of Texas at Arlington

POSTMODERN GROWTH AND TRANSFORMATION IN MILITARY CONNECTED FAMILIES

Are you interested in participating in a research study designed to explore the experiences of military-connected families? If so, please read the information below.

Please contact Dr. Catherine Jabres, Dr. Farnham, or Dr. Sarah Farnham, Dr. Farnham, to learn more about the study and how you can participate.

Researcher Contact Information:
Dr. Catherine Jabres
Dr. Sarah Farnham

Researcher Contact Information:
Dr. Catherine Jabres
Dr. Sarah Farnham

Research Study on the Impact of COVID-19 on Latina Dreamers

- Are you a female DACA participant (Dreamer)?
- Are you currently enrolled in a university or community college in Texas?
- Are you interested in participating in this study?

If you answered "yes" to any of these questions, you are eligible to participate in this study. The study is an educational research study that explores the impact of COVID-19 on Latina Dreamers. The study is open to all Latina Dreamers who are currently enrolled in a university or community college in Texas. This study is being conducted by researchers at the University of Texas at Arlington.

If you are interested in participating in the study, please contact Dr. Catherine Jabres at catherine.jabres@uta.edu to learn more about the study and how you can participate.

Researcher Contact Information:
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Researcher Contact Information:
Dr. Catherine Jabres
**Managing Stress and Anxiety During COVID-19**

**UTA Counseling and Psychological Services (CAPS)**

**Therapist Assisted Online (TAO)**
Visit TAConnect.org

**Mavs Talk: 24 HR Crisis Line**
Call (817)272-0255

**Thrive App**
Download "Thrive at UT" on App Store or Google Play

Visit uta.edu/caps for more information

**RESOURCES**

- **UTA Academic Calendar**
- **Evidence-Based Practice Research Guide**
- **Mavs Unite**
- **SAR Center** (Formerly Office of Students with Disabilities)
- **Connections Tutoring Lab**
- **DREAMERS WELCOME**
- **In Crisis? Text HELLO to 741741**
- **UTA Library Accessibility**
- **On-Demand & Live Fitness Classes**
- **Rental Assistance Program**
  - The Tarrant County Rental Assistance Program assists residents who have been impacted by the COVID-19 pandemic. For more details, email renthelp@tarrantcounty.com or call 817-850-7940.
- **Emergency Assistance Fund**
  - UTA students with a temporary financial hardship resulting from a sudden emergency may apply for financial help.
- **Get Microsoft 365, The Wall Street Journal and Other Apps FREE with your student email!**
- **How to gain access to SSW writing resources:** Advising & Student Success Canvas
- **UTA/Tri-C Food Pantry Distributions**
  - Currently distributing groceries on Thursdays only, from 9-11:45 a.m. and 2-4:45 p.m. To receive these grocery bags you must send an email to utafoodpantry@gmail.com to request a pickup time. Include student name, last four digits of UTA ID, requested grocery pickup time, choice of vegetarian, chicken, or any meat groceries.

**If you have any questions or content suggestion for the newsletter, please contact Tuesday Darling: tbd2290@mavs.uta.edu**

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You must not be fearful about what you are doing when it is right

— Rosa Parks