



SCHOOL OF SOCIAL WORK

MSW PROGRAM WEEKLY UPDATE

February 19, 2020

African American Pioneer of the Week



George Edmond Haynes was a lifelong civil rights advocate and had a diverse educational background in social work. In fact, Haynes was the first African American to graduate from the New York School of Philanthropy (now the Columbia University School of Social Work).

Haynes went on to become co-founder and first executive director of the National Urban League. He then served as a special assistant to the secretary of labor (under the title of director of Negro economics), making him one of the two highest-ranking Black federal employees.

Faculty of the Week



Karen Magruder, LCSW is an Assistant Professor in Practice. Her practice experience includes mental health counseling, long-term care with older adults, program management and international public health. She has taught nine different courses at UTA, and recently created the new Green Social Work elective. Professor Magruder is also highly involved in developing the GSL Program.

Weekly Events

- 2/18/2020
11 am **Spirit Week Tabling**- University Center Mall
1 pm **Career Spot Drop-Ins**- Lockheed Martin Career Development Center
Prepare for the Fair- Lockheed Martin Career Development Center
- 2/20/2020
1 pm **Career Spot Drop-Ins**- Lockheed Martin Career Development Center
Tri-C/UTA Food Pantry Distribution- Tri C Campus Ministries

Music

Music is universal and its power to transform is too! Music has been scientifically found to increase happiness, energy, alertness, even memory and cognitive performance - like studying, taking tests, and writing papers. Music improves your body's physical ability to move and exercise. Music benefits the cardiovascular system, including reductions in heart rate and blood pressure. Music reduces stress and pain in the body and lowers inflammation. Music gets us in touch with our emotions, elevates our moods, and can aid relaxation and rest, even improve sleep.

Leo Tolstoy said, "Under the influence of music it seems to me that I feel what I do not really feel, that I understand what I do not understand, that I can do what I cannot do." Music and its benefits are as diverse as we and our cultures are, and all you have to do is to interact with it. Make music, listen to music, dance to music, be moved by music, and be transformed!

Reference:
Music and health. (2011, July). In Harvard Health Publishing. Retrieved from <https://www.health.harvard.edu/staying-healthy/music-and-health>



UPCOMING DATES TO REMEMBER

Spring Graduation Application Deadline – March 2nd

Summer Graduation Application Deadline – July 1st

Spring Break – March 9-15th

Last Day to Drop a class (1st 8-week session) – March 3rd

Last Day to Drop a class (16 week session) – April 3rd

First Day of Class (2nd 8-week session) – March 24th

Last Day to Drop a class (2nd 8-week session) – May 5th

Center for African American Studies
8th Annual CAAS Conference
Black Politics in the 21st Century
With Keynote Speakers

Rev. Peter Johnson
Breakfast and Morning Keynote 9:30am-10:50am
Gentrification Panel 11:00am-11:40am
Blacks and Law Enforcement Panel 11:40-12:20pm
Lunch and Afternoon Keynote 12:30pm-1:50pm

State Senator Royce West
Represents Dallas' 23rd District
Fights for inclusiveness for women and all racial and ethnic minorities
NAACP-Life Member

Blacks and Law Enforcement Panel
Chief James Hawthorne, Chief Lauretta Hill, Dr. Austin Allen, Dr. Diane Allen, Alonzo Harris

Gentrification Panel

Location: University Center (Rio Grande)
Date: February 20th, 2020
Time: 9:30AM-2:00PM
E.H Hereford University Center, 300 W First St, Arlington, TX 76019
Refreshments will be served

What's the Buzz?

Internship Workshop & Job Fair

Wed. February 19
1:00 p.m. - 4:30 p.m.

University Center

Red River/Concho Rooms
1:00 p.m. - 2:00 p.m. : Internship Workshop
Learn more about internships and what you can learn from one.

Rio Grande Ballroom
2:00 p.m. - 4:30 p.m. : Internship Fair
Meet with employers who want to hire YOU!

Icons for: Equity, Purpose, Experience, Embark, Impact, Hireman, Handshake

PREPARE FOR THE FAIR

18 FEB 1-4 PM

LOCKHEED MARTIN CAREER DEVELOPMENT CENTER ATRIUM

RESUME HELP, EMPLOYER CONVERSATION TIPS, ATTITUDE ASSISTANCE, FREE FOOD AND MORE!

SOCIAL WORK COUNCIL

INTERESTED IN SOCIAL WORK COUNCIL?
Want to Discuss Advocacy Day?
Come to our next Meeting!

FEBRUARY 19TH
1PM
SWCB 107

We will be discussing Advocacy Day and what you need to know if you want to participate, which you should!

SOCIAL WORK COUNCIL
ADVOCACY DAY

MARCH 6
REGISTRATION IS OPEN UNTIL FEBRUARY 21ST

EMAIL: UTASOCIALWORKCOUNCIL@GMAIL.COM
FOR THE REGISTRATION FORM OR FOR MORE INFORMATION

If you would like to preorder a t-shirt please send us an email to utasocialworkcouncil@gmail.com or contact us on the Teams chat, with your name, size, and quantity of shirts that you would like to purchase. The shirts will cost \$25 each, with the exception of sizes 2XL and 3XL. Cash or checks made out to Social Work Council will be accepted. (Sizes: S, M, L, XL, 2XL (\$27), and 3XL (\$29))



Friday February 21st
Lunch will be provided

GENDER BASED VIOLENCE RESEARCH COLLABORATIVE SYMPOSIUM

SSW Complex B-107
12:30 PM - 3 PM

Research Presentations by SSW & TCU Faculty, Students & Grads

Looking for an opportunity to make a difference in the lives of refugee families?
Can you give 3 hours of your time on a single Friday afternoon in February or March?
If so, you can help a refugee family save hundreds of dollars on their taxes this year by assisting with the filing process.

We are looking for volunteers who are available to assist refugee families submit their tax returns for the 2019 Tax Year. It's easy, fun, and no previous experience filing taxes is needed. All training will be provided by Dr. Diane Mitschke at the Agape Clinic in East Dallas.

Tax Clinic Dates:
2/23-1:30-4:30 pm
3/6-1:30-4:30 pm
3/13-1:30-4:30 pm

Please contact Dr. Mitschke by email (dianemitschke@uta.edu) if you are interested in learning or helping out!

UTA School of Social Work & the African American Social Work Student Alliance Present

FILM SCREENING & PANEL DISCUSSION

ILLUSIONS

THE HISTORICAL AND CONTEMPORARY SIGNIFICANCE OF BLACK CODES

Screening of the 1982 film "Illusions," the story of an African American Hollywood film executive who "passes" as white in the 1940s. Following the film, SSW faculty will host a panel moderated by Dr. Jandel Crutchfield.

WED., FEB 26
5 P.M. - 7 P.M.

SSW COMPLEX
A-109

Follow us on social media!

