# A WEEKLY SSW STUDENT NEWSLETTER Spring Semester January 13



Happy New Year and welcome to your Spring 2025 semester future social workers! We hope that your holiday included time for you and that you have returned this semester renewed and refreshed. As we look forward to this spring we ask you to continue to prioritize your needs in the pursuit of your academic studies.

Consider taking a few extra moments to get to know your professors a little better along with your fellow classmates. And don't be afraid to ask for help when you need it. UTA has many resources available to you if you're willing to speak up.

In the coming weeks, your student leader will be reaching out to you via email or Teams. This is a great opportunity to connect with someone that can help you with questions and opportunities throughout the semester.

Wishing you all the best for Spring 2025!

# SOCIAL JUSTICE SPOTLIGHT



Honoring Dr. Martin Luther King Jr.

As we approach the Martin Luther King Jr. Day holiday on January 20, it's a powerful moment to reflect on Dr. King's enduring legacy in the fight for civil rights and social justice. This day not only commemorates his contributions but also

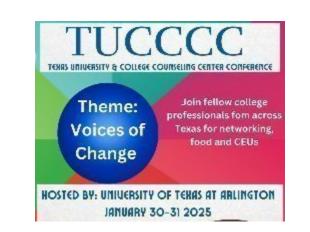
serves as a reminder of the ongoing struggle for racial equality and justice in our communities.

Many organizations and schools will host events and activities to honor Dr. King's vision of a just society. These events often include community service projects, discussions on social justice issues, and educational programs that encourage individuals to take action against inequality. Engaging in these activities is a meaningful way to honor Dr. King's legacy while actively contributing to positive change.

To learn more about local events and how you can participate, visit mlkday.gov.

Jasmine Dean Undergraduate Student Leader Intern

# **OPPORTUNITIES & EVENTS**



## Texas University & College Counseling Center Conference 2025

January 30th - 31st: 8:30 am - 5 pm

The University of Texas at Arlington Counseling and Psychological Services will be hosting the Texas University & College Counseling Center Conference (TUCCCC) in collaboration with the UTA School of Social Work. The conference will take place in the Bluebonnet Ballroom within the UTA University Center.

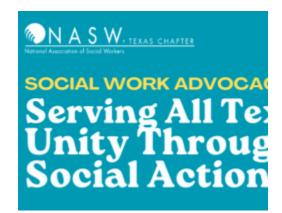


#### Find your path

February 5th: 6:30 pm

Explore the different paths UTA has to offer to Social Work students pursuing their Master's in Social Work. MSW students will have the opportunity to pick their specialty. More information coming soon!

MSW Specialty Areas



### Social Work Advocacy Day 2025 - Serving all Texans: Unity through Action

Friday March 7 at Texas State Capitol in Austin

NASW-TX is thrilled to announce the return of Social Work Advocacy Day (SWAD) 2025. Join us for a day of empowerment, education, and advocacy to make a meaningful impact together.

More information	
ENDAYA	TANK
AND	NGEL REE
SELLE HOOKS Instant ANITA	
INDA MARTFELL LAVERNE COX FRANKERS	PHILLIS WHEATLEY
BEYONGE	ATRISSE CULLO DE WALD ANGE

#### New course for Spring 2025: Black Feminism GWSS 4392 - 002 Topics in Gender, Women, & Sexuality Studies

Tues/Thurs 3:30PM - 4:50PM

Course explores the contributions of Black feminist thought to women and gender studies from the 19th century to modern day.

## The American Heart Association (AHA) has recently launched Telehealth Certificate Courses designed to enhance healthcare curriculums.

These courses provide a unique advantage for students pursuing careers in nursing, as physician assistants, in medicine, and in mental health. Other courses available through AHA: CORE Concepts in Telehealth (Clinical, Operational, Regulatory, Ethics), Teleprimary Care, Telebehavioral Health, Basics of Telestroke.

For more information

# **ORGANIZATION SPOTLIGHT**



## Students for Global Change

Interested in working with/aiding international populations?

Have a passion for helping refugees and volunteering?

Want to get involved in the UTA and DFW communities?

Looking for a place to have an open discussion and advocate for those affected by our current political climate?

Join Students for Global Change

# **YOU MATTER**

Recharging for a New Semester 🛛

As you return for the spring semester, remember that your well-being matters. This transition can bring excitement and challenges, so approach it with kindness and self-compassion.

Semester Reset Strategy: Take time to create a personal "restart" ritual that helps you transition smoothly back to academic life. Reflect on what worked well last semester and consider gentle adjustments for growth.

- Some simple ways to support yourself during this transition:

- Create a flexible schedule that includes study time and self-care

- Connect with supportive friends or campus resources

- Practice kind self-talk and acknowledge your strengths

- Be patient with yourself as you readjust to campus life

You've made it through a challenging semester, or you have just started a new beginning, and that's something to celebrate. Your resilience matters, and so do you! This is a fresh start, filled with potential and possibility.

## **ADVISING UPDATES**

UTA School of Social Work Advising FAQs can be found here.

## **IMPORTANT DATES**

- Jan 13: First day of classes
- Jan 13 Jan. 17: Late Registration
- Jan 20: Martin Luther King Jr. Holiday
- Jan 29: Census Date
- March 10 March 14: Spring Break
- Apr 4: Last day to drop classes; submit requests in MyMav prior to 4 pm
- April 7: Registration opens for Summer 2025 & Fall 2025
- April 29: Last day of classes
- May 1 May 7: Final exams
- May 7: Last day of term

## STUDENT SUCCESS RESOURCE



**Student Access & Resource Center** 

The SAR Center provides services, in the form of academic accommodations, to students with all types of disabilities. Our accessibility specialists provide aid and guidance to students in personal, academic, and career matters. We also have an Alternative Testing area where we provide testing accommodations as well as offer a range of assistive technology for students. In addition to providing services to students, we strive also to be a resource to faculty and staff.

More Information

## SCHOOL OF SOCIAL WORK RESOURCES

STUDENT SUCCESS

ACADEMIC ADVISING	
FIELD PLACEMENT	
LICENSURE	

# UTA RESOURCES

**DEAN'S LETTER FOR LICENSURE** 

- UTA Academic Calendar
- <u>Webinar Library</u>
- UTA Counseling & Psychology Services (CAPS)
- SAR Center
- Suicide Prevention Lifeline
- Free Windows Apps with Student ID
- Emergency Assistance Fund
- Free & Confidential HIV Testing
- UTA/Tri-C Food Pantry Distribution

## Follow UTA School of Social Work on Social Media:



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