A WEEKLY SSW STUDENT NEWSLETTER Spring Semester | Jan 20, 2025



Happy New Year and welcome to your Spring 2025 semester future social workers! We hope that your holiday included time for you and that you have returned this semester renewed and refreshed. As we look forward to this spring we ask you to continue to prioritize your needs in the pursuit of your academic studies.

Consider taking a few extra moments to get to know your professors a little better along with your fellow classmates. And don't be afraid to ask for help when you need it. UTA has many resources available to you if you're willing to speak up.

In the coming weeks, your student leader will be reaching out to you via email or Teams. This is a great opportunity to connect with someone that can help you with questions and opportunities throughout the semester.

Wishing you all the best for Spring 2025!

SOCIAL JUSTICE SPOTLIGHT



Honoring Dr. Martin Luther King Jr.

Peaceful protest plays a vital role in the fight for equal rights, as it allows marginalized groups to voice their demands for justice without resorting to violence. By maintaining nonviolent methods, these movements draw attention to the cause in a

way that fosters public sympathy and support, while also pressuring governments and institutions to enact change. Historically, peaceful protests have been powerful tools for social transformation, highlighting the moral urgency of equal rights and inspiring collective action toward a more just society. Martin Luther King Jr. was a great advocate for peace, which is why we celebrate his legacy today.

Join the MLK day festivities Here:

Events Schedule - City of Arlington

2025 Arlington Dr. Martin Luther King, Jr. "Advancing the Dream" Four-Day Celebration Advancing the Dream: Choosing Connection over Division www.arlingtontx.gov

Isa Reyes Undergraduate Student Leader Intern

OPPORTUNITIES & EVENTS



Texas University & College Counseling Center Conference 2025

January 30th - 31st: 8:30 am - 5 pm

The University of Texas at Arlington Counseling and Psychological Services will be hosting the Texas University & College Counseling Center Conference (TUCCCC) in collaboration with the UTA School of Social Work. The conference will take place in the Bluebonnet Ballroom within the UTA University Center.





Find your path

February 5th: 6:30 pm

Explore the different paths UTA has to offer to Social Work students pursuing their Master's in Social Work. MSW students will have the opportunity to pick their specialty. More information coming soon!



Social Work Advocacy Day 2025 - Serving all Texans: Unity through Action

Friday March 7 at Texas State Capitol in Austin

NASW-TX is thrilled to announce the return of Social Work Advocacy Day (SWAD) 2025. Join us for a day of empowerment, education, and advocacy to make a meaningful impact together.

More information

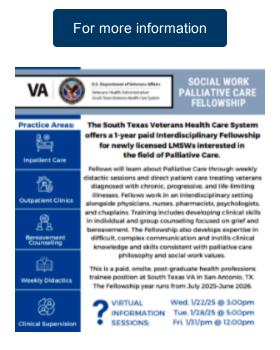
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New course for Spring 2025: Black Feminism GWSS 4392 - 002 Topics in Gender, Women, & Sexuality Studies

Course explores the contributions of Black feminist thought to women and gender studies from the 19th century to modern day.

The American Heart Association (AHA) has recently launched Telehealth Certificate Courses designed to enhance healthcare curriculums.

These courses provide a unique advantage for students pursuing careers in nursing, as physician assistants, in medicine, and in mental health. Other courses available through AHA: CORE Concepts in Telehealth (Clinical, Operational, Regulatory, Ethics), Teleprimary Care, Telebehavioral Health, Basics of Telestroke.



Social Work Palliative Care Fellowship

FOR MORE INFORMATION, VIRTUAL LINKS & APPLICATIONS, PLEASE CONTACT: Catherine Driggers, LCSW-S catherine.driggers@va.gov (210) 385-0817 Social Work Palliative Fellowship Coordinator 7400 Merton Minter Blvd, San Antonio, TX 78229

APPLICATIONS OPEN ON 2/1/25 & CLOSE ON 2/21/25

ORGANIZATION SPOTLIGHT



Students for Global Change

Interested in working with/aiding international populations?

Have a passion for helping refugees and volunteering?

Want to get involved in the UTA and DFW communities?

Looking for a place to have an open discussion and advocate for those affected by our current political climate?

Join Students for Global Change

YOU MATTER

Finding Your Rhythm []

Welcome to the second week of the semester, amazing students! By now, you're likely settling into your classes and routines, but it's normal to still feel a bit overwhelmed. Remember, finding your rhythm takes time, and it's okay to ease into it at your own pace.

Mid-January Self-Care Tip: Start small by focusing on one thing you can do this week to make your days smoother. Maybe it's organizing your planner, prepping meals for the week, or setting aside 15 minutes each day for something you enjoy, like journaling, stretching, or listening to music. Small habits can create a big sense of balance over time.

As social work students, we most likely know what burnout means, so—it's important to refill your own cup too. Be kind to yourself as you navigate this new semester. You've got this!

ADVISING UPDATES

UTA School of Social Work Advising FAQs can be found here.

IMPORTANT DATES

- Jan 13: First day of classes
- Jan 13 Jan. 17: Late Registration
- Jan 20: Martin Luther King Jr. Holiday
- Jan 29: Census Date
- March 10 March 14: Spring Break
- Apr 4: Last day to drop classes; submit requests in MyMav prior to 4 pm
- April 7: Registration opens for Summer 2025 & Fall 2025
- April 29: Last day of classes
- May 1 May 7: Final exams
- May 7: Last day of term

STUDENT SUCCESS RESOURCE



Student Access & Resource Center

The SAR Center provides services, in the form of academic accommodations, to students with all types of disabilities. Our accessibility specialists provide aid and guidance to students in personal, academic, and career matters. We also have an Alternative Testing area where we provide testing accommodations as well as offer a range of assistive technology for students. In addition to providing services to students, we strive also to be a resource to faculty and staff.

More Information

SCHOOL OF SOCIAL WORK RESOURCES

STUDENT SUCCESS

ACADEMIC ADVISING

FIELD PLACEMENT

LICENSURE

DEAN'S LETTER FOR LICENSURE

UTA RESOURCES

- UTA Academic Calendar
- <u>Webinar Library</u>
- <u>UTA Counseling & Psychology Services (CAPS)</u>
- SAR Center
- Suicide Prevention Lifeline
- Free Windows Apps with Student ID
- Emergency Assistance Fund
- Free & Confidential HIV Testing
- UTA/Tri-C Food Pantry Distribution

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