

# Win a NASW Membership



The SSW needs your help to improve our USL/GSL program! Complete our <u>survey</u> by **Friday**, **March 21st** and you can enter to win a NASW student membership, entrance fees to the October Virtual NASW Conference, movie passes, an Alexa enabled smart watch, or an Amazon Echo Pop!



Scholarships are Open!

Deadline to apply for Social Work Scholarships for Fall 2025 is April 4, 2025.

Visit The School of Social Work website to learn about the scholarships available.

### ORGANIZATION SPOTLIGHT

"Student Coalition Against Intimate Partner Violence (IPV)

The Student Coalition Against Intimate Partner Violence (IPV) at UTA is dedicated to creating a campus community that is informed and supportive in addressing intimate partner violence. This student organization works tirelessly to raise awareness, provide educational resources, and advocate for policies that promote safety and well-being.

If you are interested in joining or learning more about the Student Coalition Against IPV, you can reach out to the following contacts:

Faculty Advisor: Karla Arenas-Itotia (karla.arenas@uta.edu)

President: Erica Martinez-Savilla (exm1684@mavs.uta.edu)

Let's come together to support this important initiative and foster a safer, more compassionate community!"

### **OPPORTUNITIES & EVENTS**



□ EDGE Career Graduation Stole – Earn Yours Today!

Students celebrate your commitment to career advancement with the **EDGE Career Graduation Stole**! Eligible graduate students can earn their stole by completing six career engagement activities, including career coaching, LinkedIn Learning courses, and career events.

- ☐ Who's Eligible? Graduate students graduating in Spring, Summer, or Fall 2025
- ☐ How to Earn It? Attend career events, complete coaching sessions, and finish two LinkedIn Learning courses
- ☐ Upcoming Career Events Count!

Register Here



#### 2nd International Social Work Students Virtual Conference

Welcome keynote speaker, Dr. Golam M. Mathbor. His research interests are vast, with a focus on community participation, coastal community development, disaster relief and management, international social development, and international social work.

March 24th, 2025 from 8 am - 11 am

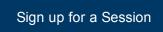


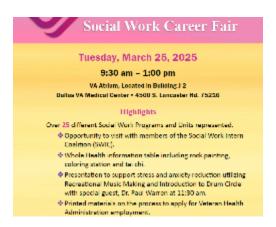
#### Alert! New Groups Starting!

### UTA School of Social Work Virtual Clinic: Grief, Loss, & Trauma Sessions

The Virtual Clinic is back! Sessions are every Tuesday, Wednesday, and Thursday at 12 pm and 6pm. Deepen your awareness of trauma's effects and learn practical tools and mindfulness strategies to cultivate resilience after challenging experiences.

#### Sessions begin March 25





### Social Work Career Fair

The NASW and VA are hosting the Social Work Career Fair! Join them for speaker presentations, activities, and the chance to connect with other Social Workers.



#### **Graduate Career Fair**

Looking for ways to help your students transition into their careers? Encourage them to attend the **Graduate Career Fair** on **Wednesday**, **March 26**, **from 4PM – 7PM at UTA Fort Worth**. This is an incredible opportunity to connect with employers, explore job openings, and gain industry insights!

- ☐ Where? The Gallery at UTA Fort Worth | 1401 Jones St Ste 203
- □ When? Wednesday, March 26 | 4PM 7PM

Sign up Here



### Houston Social Workers' Gala

Come and network with colleagues and friends at the Houston's Social Worker Gala and Award Ceremony.

March 27th, 2025 at 6 pm 5475 W. Sam Houston Pkwy N Houston, Texas Sterling Banquet Hall A

More Information



Do you have a passion for providing support to others and making a positive impact in their lives? Are you a leader or would you like leadership experience? We are looking for individuals who are dedicated, empathic, and ready to help those in need. Whether it's educating the community about mental health and substance misuse or serving the community your efforts will directly contribute to the well-being of others. Join Mavs for Mental Health Awareness (MMHA) and be part of a supportive environment where your contributions truly matter. As a member of MMHA, you'll be part of a network of like-minded individuals working together to make a difference. Become a member today and be part of something bigger!



# About the Study

Our research study is designed to equip non-specialist undergraduate students with the essential skills and competencies necessary to deliver a brief evidence-based behavioral activation treatment for depression/anxiety and understand the effects of the social determinants of health on mental health.

### Why Participate?

By joining this course and study, you'll gain valuable insights into mental health treatment, and become eligible to receive a Certified Community Health Worker (CHW) certification. This certification opens doors to impactful career opportunities in healthcare and community services. After successful completion of the course, you will be eligible to receive a stipend and an opportunity for a paid internship in the

#### Eligibility

Be an Enrolled Undergraduate Student at UTA with Unmet Internship Hours Be Able to Give Consent

#### How to Get Involved

Ready to make a difference in mental health ar embark on a journey towards CHW certification?

#### HAVE OUESTIONS? CONTACT

pxg1719@mavs.uta.edu

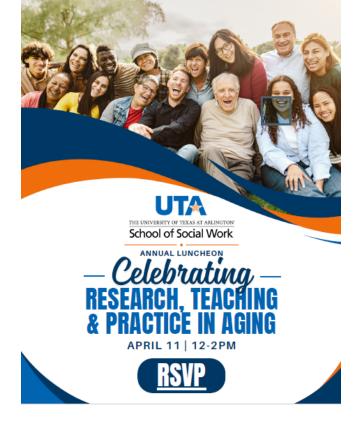
martha.buendiacastro@mavs.uta.edu

#### **COMPLETE THIS** INTEREST FORM



We are seeking undergraduate students to participate in a special topics course, Mental Health Focused CHW Certification, for a study designed to train non-specialist undergraduate students in acquiring skills and competencies for delivering a brief evidence-based behavioral activation treatment for depression and anxiety in community-based settings. As part of the course, you will be provided access to the Harvard Medical School online platform and be required to complete the online training platform. The course will last one semester and participants who successfully complete the course will be eligible for compensation. Participants will be expected to apply for a two semester (split) internship at Baylor Scott & White in the subsequent semester. If you are interested, please complete the interest form linked

https://utaedu.questionpro.com/t/AaJGzZ5Ojl



Are you considering a specialty in aging? you are invited to a Luncheon & Networking with Aging-Related Agencies and Social Work Alumni, Students, and Faculty.

Find out more about the Aging Specialty Here.

Don't miss out on this opportunity.

RSVP Today!

https://forms.office.com/pages/responsepage.aspx?id=Q1vcXL7XqkyBc3KeOwpi2TT-RWBQh1VAgJ2T8fvKv8RUQINHRUVLS00wMTVWWDY0SUZNUDdKMkJMOS4u&route=shorturl

# You Matter

"An empty lantern provides no light. Self-care is the fuel that allows it to shine vibrantly, lighting the way for others." - NAMI

Have you heard of **NAMI Central Texas**?

National Alliance on Mental Illness (NAMI) is the nation's largest grassroots mental health organization. NAMI is dedicated to building better lives for millions of Americans affected by mental illness.

NAMI Central Texas advocates at the national, state, and county levels for nondiscriminatory access to housing, healthcare, education, and employment for people with mental illness.

NAMI offers the following "Fuel for Self-Care"

Nourish - eat a snack and drink water.

Cleanse - take a shower or bath.

Rest - take a nap or go to bed early.

Tackle - Accomplish one easy task like emptying the trash or washing dishes.

Soothe - Color, meditate, or listen to your favorite music.

Thank - Write down things you are grateful for.

Disconnect - Take a one-hour technology break.

Ask - When you're struggling on your own, don't be afraid to ask for help.

Hoping it may have been helpful for you to learn about this important organization and their ideas on self-care. Have a good week ahead.

### SOCIAL JUSTICE SPOTLIGHT



#### Yuriko Domoto Tsukada

Yuriko was a pioneer in the field of social work. Her work in the 1970s led to the establishment of the first Emergency Room Rape Crisis program and her later work shaped social work and how it supports victims of sexual assault. Although she is well known for her trauma care programs, her advocacy also extended to the issue of Japanese internment during World War II. A force to be reckoned with, her testimony in congress resulted in Ronald Reagan's formal apology and allowed victims to receive reparations.

The legacy of Tsukada's work shed light on the never ending battle to support victims of abuse and sexual assault. Her two primary causes, victims rights and Japanese internment, remind us that an individual can fight for more than just one cause and that there's always room to discuss intersectionality within the social work field.

## **ADVISING UPDATES**

UTA School of Social Work Advising FAQs can be found here.

We have some changes in our Academic Advising & Practicum Offices, and we want to share those changes with you. For contact information to each person, please click here for advisors and practicum specialist.

[Former Specialties]	Practicum Specialists	[New] Letters	Advisor
BSW/BSSUT	Dimekia Hicks	no change	Kyleigh Easter; Daisy Jones; Desiree Warren
Foundation	Vanessa Caraveo	A-D	George Jauss
Children & Families	Monica Brown	E-K	Meverlyn Maisonave
Aging, CAP, Health	Cindy Bassey	L-P	Cleondria Marable
MH	Sharon Martin	Q-Z	Tara Harris

We also have a Same Day advisor who can assist BSW, BSSUT, and MSW students and his information is below:

Same Day Advisors: Matthew Williams & Keiana Crain

If you need immediate assistance, please contact the Student Affairs Administrative Assistant, Emily Rappaport (emily.rappaport@uta.edu).

### **IMPORTANT DATES**

- March 10 March 14: Spring Break
- March 14: Summer Practicum Applications close
- April 4: Last day to drop classes; submit requests in MyMav prior to 4 pm
- April 11: Social Work Advocacy Day
- April 7: Registration opens for Summer 2025 & Fall 2025
- April 29: Last day of classes
- May 1 May 7: Final exams
- May 7: Last day of term
- May 9: Commencement Ceremonies

### STUDENT SUCCESS



### **UTA Library Resources**

Did you know UTA has librarians who specialize in different academic subjects? The library has so many services to offer! Such as:

- Research Help
- Study Spaces
- Borrow Technology
- Creative Spaces and Services

More Information

# **SCHOOL OF SOCIAL WORK RESOURCES**

STUDENT SUCCESS

**ACADEMIC ADVISING** 

PRACTICUM PLACEMENT

**LICENSURE** 

DEAN'S LETTER FOR LICENSURE

# **UTA RESOURCES**

- UTA Academic Calendar
- Webinar Library
- UTA Counseling & Psychology Services (CAPS)
- SAR Center
- Suicide Prevention Lifeline
- Free Windows Apps with Student ID
- Emergency Assistance Fund
- Free & Confidential HIV Testing
- UTA/Tri-C Food Pantry Distribution

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