

# LGB+ Health & Wellness

## National & Community Resources

### Medical Services

Resource Center	myresourcecenter.org
Planned Parenthood	817-472-8926
Prism Health	phntx.org
AIDS Outreach Center	aoc.org
AIDS Healthcare Foundation	AidsHealth.org
HELP	helpfw.org

### Law Enforcement

Dallas LGBTQ+ Liaison	214-671-4050
FW LGBT Liaison	682-309-5520

### Legal Assistance

Lambda Legal	212-809-8585
NCLR Legal Hotline	1-800-528-6257

### Counseling & Mental Health Services

UTA CAPS	817-272-3671
*UTA Mavs Talk	817-272-8255
*24 Hour Hotline	
UTA CAPS- Psychiatry	817-272-2771
*Trevor Project Lifeline	1-866-488-7386
*24 Hour Hotline	
Adapt Mobile Crisis Team	866-260-8000
Resource Center	myresourcecenter.org

### Support Groups & Resources

UTA LGBTQ+ Program	817-272-3947
FUSE Resource Center	214-540-4435
PFLAG Fort Worth	817-382-7353
PFLAG Dallas	972-849-0383
LGBTQ Saves	lgbtqsaves.org
Resource Center	myresourcecenter.org
OUTreach Denton	outreachdenton.org
UBE Black Gay Support	ubedallas.org
LGBT National Youth Talkline	800-246-7743
<i>**For ages 25 and younger.</i>	

### Basic Necessities

UTA Tri-C Food Pantry	817-274-0383
**Mission Arlington	817-277-6020
<i>**They will ask for your consent to pray for you before you select belongings. You have the right to politely decline.</i>	

### Religious Organizations

Cathedral of Hope	214-351-1901
First Unitarian Church	214-528-3990
Trinity MCC	817-265-5454
The Welcome Table	817-451-3752
Celebration Community Church	817-335-3222
Fellowship of Love	flochchurch.org

### Homeless Shelter/Housing

Promise House	214-941-8578
Dallas Hope Charities	dallashopecharities.org

### Domestic Violence

National DV Hotline	1-800-799-7233
The Family Place	214-941-1991
<i>**24 hour crisis hotline, emergency shelter, counseling, legal services.</i>	
The Network/La Red Hotline	1-617-742-4911
<i>**For confidential support, information, and referrals to lesbian, bisexual, and transgender supportive resources</i>	

# Transgender Health & Wellness

## National & Community Resources

### Medical Services

AOC Trans Wellness Program 469-310-4500  
 Resource Center myresourcecenter.org  
 Planned Parenthood 817-472-8926  
 Prism Health phntx.org  
 AIDS Healthcare Foundation AidsHealth.org  
 HELP helpfw.org

### Counseling & Mental Health Services

UTA CAPS 817-272-3671  
 \*UTA Mavs Talk 817-272-8255  
 \*24 Hour Hotline  
 UTA CAPS- Psychiatry 817-272-2771  
 \*Trevor Project Lifeline 1-866-488-7386  
 \*24 Hour Hotline  
 Trans Hotline 877-565-8860  
 Resource Center myresourcecenter.org

### Basic Necessities

UTA Tri-C Food Pantry 817-274-0383  
 \*\*Mission Arlington 817-277-6020  
 \*\*They will ask for your consent to pray for you before you select belongings. You have the right to politely decline.

### Homeless Shelter/Housing

Promise House 214-941-8578  
 Dallas Hope Charities dallashopecharities.org

### Domestic Violence

National DV Hotline 1-800-799-7233  
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### Law Enforcement

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 FW LGBT Liaison 682-309-5520

### Legal Assistance

Lambda Legal 212-809-8585  
 NCLR Legal Hotline 1-800-528-6257

### Support Groups & Resources

UTA LGBTQ+ Program 817-272-3947  
 Dallas Trans-Cendence 469-607-9348  
 Fort Worth Trans-Cendence 682-305-7686  
 PFLAG Fort Worth 817-382-7353  
 PFLAG Dallas 972-849-0383  
 LGBTQ Saves lgbtqsaves.org  
 FW Transgender FortWorth-Transgender.org  
 Dallas TransPride Initiative tpide.org  
 LGBT National Youth Talkline 800-246-7743  
 \*\*For ages 25 and younger.

### Religious Organizations

Cathedral of Hope 214-351-1901  
 First Unitarian Church 214-528-3990  
 Trinity MCC 817-265-5454  
 The Welcome Table 817-451-3752  
 Celebration Community Church 817-335-3222  
 Fellowship of Love folochurch.org