LGB+ Health & Wellness
National & Community Resources

**Medical Services**

Resource Center  myresourcecenter.org
Planned Parenthood  817-472-8926
Prism Health  phntx.org
AIDS Outreach Center  aoc.org
AIDS Healthcare Foundation  AidsHealth.org
HELP  helpfw.org

**Law Enforcement**

Dallas LGBTQ+ Liaison  214-671-4050
FW LGBT Liaison  682-309-5520

**Legal Assistance**

Lambda Legal  212-809-8585
NCLR Legal Hotline  1-800-528-6257

**Counseling & Mental Health Services**

UTA CAPS  817-272-3671
*UTA Mavs Talk  817-272-8255
*24 Hour Hotline
UTA CAPS- Psychiatry  817-272-2771
*Trevor Project Lifeline  1-866-488-7386
*24 Hour Hotline
Adapt Mobile Crisis Team  866-260-8000
Resource Center  myresourcecenter.org

**Support Groups & Resources**

UTA LGBTQ+ Program  817-272-3947
FUSE Resource Center  214-540-4435
PFLAG Fort Worth  817-382-7353
PFLAG Dallas  972-849-0383
LGBTQ Saves  lgbtqsaves.org
Resource Center  myresourcecenter.org
OUTreach Denton  outreachdenton.org
UBE Black Gay Support  ubedallas.org
LGBT National Youth Talkline  800-246-7743
**For ages 25 and younger.

**Basic Necessities**

UTA Tri-C Food Pantry  817-274-0383
**Mission Arlington  817-277-6020
**They will ask for your consent to pray for you before you select belongings. You have the right to politely decline.

**Homeless Shelter/Housing**

Promise House  214-941-8578
Dallas Hope Charities  dallashopecharities.org

**Domestic Violence**

National DV Hotline  1-800-799-7233
The Family Place  214-941-1991
**24 hour crisis hotline, emergency shelter, counseling, legal services.
The Network/La Red Hotline  1-617-742-4911
**For confidential support, information, and referrals to lesbian, bisexual, and transgender supportive resources

**Religious Organizations**

Cathedral of Hope  214-351-1901
First Unitarian Church  214-528-3990
Trinity MCC  817-265-5454
The Welcome Table  817-451-3752
Celebration Community Church  817-335-3222
Fellowship of Love  folochurch.org
**Medical Services**
- AOC Trans Wellness Program: 469-310-4500
- Planned Parenthood: 817-472-8926
- Prism Health: phntx.org
- AIDS Healthcare Foundation: AidsHealth.org
- HELP: helpfw.org

**Counseling & Mental Health Services**
- UTA CAPS: 817-272-3671
- *UTA Mavs Talk: 817-272-8255
- *24 Hour Hotline: 817-272-2771
- *Trevor Project Lifeline: 1-866-488-7386
- *24 Hour Hotline: 877-565-8860

**Basic Necessities**
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- **Mission Arlington: 817-277-6020**
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- Dallas Hope Charities: dallashopecharities.org

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- NCLR Legal Hotline: 1-800-528-6257

**Support Groups & Resources**
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- Dallas Trans-Cendence: 469-607-9348
- Fort Worth Trans-Cendence: 682-305-7686
- PFLAG Fort Worth: 817-382-7353
- PFLAG Dallas: 972-849-0383
- LGBTQ Saves: lgbtqsaves.org
- FW Transgender: FortWorth-Transgender.org
- Dallas TransPride Initiative: tpride.org
- LGBT National Youth Talkline: 800-246-7743
  **For ages 25 and younger.**

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- First Unitarian Church: 214-528-3990
- Trinity MCC: 817-265-5454
- The Welcome Table: 817-451-3752
- Celebration Community Church: 817-335-3222
- Fellowship of Love: folochurch.org